# The Effect of Aging Out of WIC on Food Insecurity Seung Jin Cho Department of Economics, Iowa State University

# Background

- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
  - Nutrition assistance, education, and health screenings pregnant, postpartum, and breastfeeding women, infants, and children up through age four
  - The income limit is 185 percent of the Federal Poverty Level (FPL).
- National School Lunch Program (NSLP)
  - Children enrolled in a public school, non-profit private school, or a residential child care institution are eligible for free or subsidized school meals.
  - Income at or below 130 percent of the FPL: Free school meals
  - Income between 130 to 185 percent of the FPL: Reduced-price school meals
- Kindergarten Entrance Age Rule
  - Most states have statutes to require children to turn five in the year they enter kindergarten.
  - Snyder et al. (2019) show that about 70 percent of five-year-old children in the U.S. enrolled in kindergarten or beyond.

#### Motivation

- Some children who are aging out of WIC will not be able to enroll in kindergarten and thus are not eligible for the NSLP.
- The Wise Investment in our Children Act
  - Introduced in House attempted to eliminate this gap in 2015
  - Extend eligibility for WIC until a child enters kindergarten or reaches his or her sixth birthday
  - Did not make it out of committee

#### **Data: Current Population Survey**

- School enrollment supplement (October)
- School enrollment and educational attainment
- Food security supplement (December)
  - Annual family income in categories
  - Receive WIC benefits during the past 30 days
  - Child and household food security status, 30-day recall

#### Sample

- Children from households with income below 185 percent of the **FPL**
- Group W
- Four-year-old children
- Group I
  - Five-year-old children who do not enroll in full-day kindergarten or beyond

	Group W		Group I	
Receive WIC, NSLP	No, No	Yes, No	No, No	
Child food insecurity rate	8.16	12.52	9.82	
Household food insecurity rate	14.66	22.69	17.12	
Observations	2,202	1,060	1,307	

Note: Yes and No indicate the participation in each program.

## **Empirical Model**

- The partial identification method addresses the dual id challenges of endogenous self-selection of households and systematic underreporting of program participation.
- Let  $D^*$  denote treatment assignment;  $D^* = 1$  indicates that children receive WIC and  $D^* = 0$  indicates that they do not.
- Coefficient of Interest  $\beta = P[Y(D^* = 1) = 1 | Group I] - P[Y(D^* = 0) = 1 | Group I]$ where  $Y(D^*)$  denotes the potential outcomes from treatment The potential outcome is 1 if the children are food secure the children are food insecure.
- Since all the children from Group I do not receive WIC benefits, the counterfactual terms P[Y(1) = 1 | Group I] cannot be identified. To address the problem, I assume that the average food security status in Group I and Group W is the same if they receive WIC benefits.
- Under this assumption, the coefficient of interest can be written as  $\beta = P[Y(1) = 1 | Group W] - P[Y(0) = 1 | Group I].$ • Three monotonicity assumptions are imposed to tighten bounds.
  - 1. Monotone Treatment Selection (MTS) assumption  $P[Y(i) = 1 | Group W, D^* = 0] \ge P[Y(i) = 1 | Group W, D^* = 1]$ for i = 0, 1
  - 2. Monotone Treatment Response (MTR) assumption  $P[Y(1) = 1 | D^* = j] \ge P[Y(0) = 1 | D^* = j] \text{ for } j = 0, 1$
  - 3. Monotone Instrumental Variable (MIV) assumption Let v be household's income relative to the FPL.  $u_1 \le u \le u_2 \rightarrow P[Y(1) = 1 | \text{Group W}, v = u_1] \le u_1$  $P[Y(1) = 1 | Group W, v = u] \le P[Y(1) = 1 | Group W, v = u_2]$
- Two assumptions regarding underreporting of program participation are imposed to tighten bounds.
  - 1. No false positives assumption Reported WIC participation status is only trusted for the respondents who claim to receive WIC benefits.
  - 2. Error independence assumption False reports arise independently of food security status.

### **Results: WIC Misclassificatio**

	2006	2008	2010	2012	2014	2016
Self-reported WIC coverage rate	32.7	33.4	34.5	35.5	25.9	26.5
Administrative WIC coverage rate	35.2	35.7	37.8	39.1	29.9	30.5
WIC misclassification	2.5	2.3	3.3	3.6	4.0	4.0







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- Two different reports published by the United States Department of Agriculture are utilized to estimate the degree of WIC misclassification.
- From 2006 to 2016, the degree of WIC misclassification ranges from 2.3 to 4.0 percentage points.

#### **Results: Joint MIV-MTS Assumption**

- The following empirical results summarize the most preferred model, joint MIV-MTS assumption with the no false positives and the error independence model.
- P[Y(0) = 0|Group I] indicates the estimated food insecurity rates of five-year-old children who do not enroll in full-day kindergarten or beyond. The rates are the weighted average of P[Y(0) = 0] across all the cells utilized in the joint MIV-MTS assumption.

Misclassific	ation Aging Out Effect P[Y	X(0) = 0   Grownian (0) = 0			
Child food security, Income below the 185 percent of					
0	[0.013, 0.051]	0.074			
0.02	[0.012, 0.049]	0.074			
0.04	[0.011, 0.045]	0.074			
Child food security, Income below the 130 percent of					
0	[0.017, 0.059]	0.086			
0.02	[0.016, 0.057]	0.086			
0.04	[0.015, 0.054]	0.086			

- Aging out of WIC increases child food insecurity by at least 1.1 percentage points among households with income below 185 percent of the FPL.
- It implies that 14.9 percent (0.011/0.074) of child food insecurity would be reduced if WIC extended its cutoff age until children enroll in kindergarten.
- It cannot conscientiously indicate that the effect of aging out of WIC on child food security status varies with income level.

Misclassification Aging Out Effect P[Y(0) = 0 | Group I] Improvement Household food security, Income below the 185 percent of the FPL  $\geq 11.0\%$ 

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0	[0.015, 0.084]	0.136
0.02	[0.014, 0.080]	0.136
0.04	[0.013, 0.075]	0.136
Household food s	ecurity, Income below	w the 130 perce
0	[0.038, 0.106]	0.146
0.02	[0.036, 0.101]	0.146
0.04	[0.035, 0.095]	0.146

• When implemented, the WIC Act will reduce the prevalence of household food insecurity by at least 24.0 percent (0.035/0.146) and 9.6 percent (0.013/0.136) for households with income below 130 and 185 percent of the FPL.

• The effect of aging out of WIC on household food security status has significantly different from two income criteria.

oup I] Improvement of the FPL  $\geq 17.6\%$  $\geq 16.2\%$ 

 $\geq 14.9\%$ of the FPL  $\geq 19.8\%$  $\geq 18.6\%$  $\geq 17.4\%$ 

 $\geq 10.3\%$ 

 $\geq 9.6\%$ cent of the FPL  $\geq 26.0\%$ 

 $\geq$  24.7%  $\geq$  24.0%