# Son Preference, Maternal Health, and Women's Survival

#### Neha Agarwal

(University of Otago)

#### Annamaria Milazzo

(Independent Researcher)

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## Maternal mortality in the developing world

- 10.7 million women died between 1990 and 2015 due to maternal causes
- Most maternal deaths in South Asia and sub-Saharan Africa
- The lifetime risk of maternal death in the developing world is about 32 times higher than the developed region
- Direct causes: severe bleeding, infections, high blood pressure, complications from delivery, and unsafe abortions
- Indirect causes: anemia, HIV, cardiovascular diseases, cancer, diabetes, chronic respiratory diseases
- For every maternal death, 20 other women suffer pregnancy-related illness, infection, injury, other physical and psychological long-term consequences

## The role of son preference: Milazzo (2018) for India



- Medical research:
  - High fertility  $\rightarrow$  Increased lifetime risk of death due to pregnancy
  - Short spacing  $\rightarrow$  increased risk of maternal mortality and morbidity
- These fertility behaviors are common among women who only have daughters and want to conceive a son ("son- preferring fertility behavior")

## Goal of this paper

- If the harmful fertility behaviors that follow the birth of a daughter are indeed partly responsible for the high mortality of Indian women, the decline in survival of women with first-born girls into older ages should not be present in countries with:
  - No (or limited) son preference or
  - Limited risk of maternal mortality
- Son preference → maternal morbidity and mortality *for 74 countries*
- Study the effect of a first-born girl on anemia for a large set of countries
- Shed light on:
  - The determinants of female mortality during the reproductive ages
  - The effects of son preference beyond early ages and before birth

#### Data

#### Demographic and Health Surveys (DHS)

- 219 DHS for 74 countries between 1990-2015
- Working sample: 15-49-year-old women who ever gave birth, excluding twins at first-birth

#### Cross-country data sources:

- World Development Indicators (WDI): maternal mortality and other markers of health, genderrelated attitudes, labor force participation, school enrollment
- Alesina et al (2013): Historical variables related to patterns of inheritance and agriculture
- World Value Survey (WVS): Attitudes regarding female employment and leadership

## Measure of high son preference

- Consider the coefficients on "first-born girl" in separate regressions for each country-year where the dependent variables ( $Y_i^s$ ) are:
  - Number of children even born
  - Desire to have more children
  - Currently using contraception
  - Ever had a terminated pregnancy
  - Birth spacing (i.e., number of months between 1<sup>st</sup> and 2<sup>nd</sup> child)

 $Y_i^s = \alpha^s + \beta^s FirstBornGirl_i^s + \varepsilon_i^s \quad \forall \text{ survey s}$ 

• A survey (s) is classified as "high son preference" if at least three of the five coefficients indicate son preference and are statistically significant

### Measure of high maternal mortality

• =1 if lifetime risk of maternal death is greater than or equal to the *median* of lifetime risk of maternal death for all developing countries covered in the WDI database

## Four groups by the degree of son preference and maternal mortality risk

1) High SonPref & High Mortality Risk	2) Low SonPref & Low Mortality Risk
33% of the sample (predominantly S. Asia)	17% of the sample
	(mostly Latin America, Philippines, South Africa, others)
3) Low SonPref & High Mortality Risk	4) High SonPref & Low Mortality Risk
47.5% of the sample (predominately SSA)	2.6% of the sample
	(Egypt, Jordan, Kyrgyz Republic, Turkey)

## Share of women with a first-born girl, by degree of son preference and risk of maternal death



## Anemia patterns by time since delivery



 $\rightarrow$  NO differential incidence of anemia in the other 3 country-year groups

#### Imbalance in sex ratio

- Summarize the decreasing share of women with first-born girls at the country-year-level
- Generate an indicator called "*imbalance*", which is =1 if the coefficient on age in:

First born  $Girl_{ia}^s = \alpha_a^s + \beta_a^s age_i + \mu_i^s \quad \forall survey s$ 

is negative and significant (for any of the age group 15-49, 20-49, 25-49, or 30-49), and the share of women with first-girls in the 30-49 age group is below the biological range i.e. 0.485, else 0

### Economic correlates of imbalance

Dependent var.= Ir	nbalance=1	if negative	e slope			
Panel A:	Economic V	ariables				
% urban	-0.386***					
	(0.137)					
Women's mean edu in years		-0.021**				
		(0.009)				
Ratio of female and male primary enrolment			-0.592***			
			(0.211)			
Ratio of female and male secondary enrolment				-0.300**		
				(0.149)		
Ratio of female and male labor force participation					-0.186	
					(0.129)	
Share of female ownership of firms						-0.003
						(0.002)
Observations	219	218	179	127	219	203
R-squared	0.032	0.029	0.039	0.038	0.016	0.024

Note: imbalance=1 if the share of women with first born girl is decreasing with age. All regressions control for average share of women with first born girl in age 15-19 years old. Clustered standard errors at country level in parentheses.\*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

### Health correlates of imbalance

Dependent var.= I	mbalance=	1 if negativ	ve slope		
Panel B: Hea	alth Variable	es			
% high skilled birth	-0.132***				
	(0.043)				
Ratio of female and male mortality		0.227			
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Ratio of female and male life expectancy			-1.678*		
			(0.894)		
% anemic				0.827**	
				(0.344)	
% severe or moderate anemic		1.718**			
					(0.829)
Observations	164	219	219	93	93
R-squared	0.027	0.009	0.025	0.103	0.086

Note: imbalance=1 if the share of women with first born girl is decreasing with age. All regressions control for average share of women with first born girl in age 15-19 years old. Clustered standard errors at country level in parentheses.\*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

### Cultural correlates of imbalance

Dependent var.=	Imbalance	=1 if negativ	ve slope			
Panel	C: Cultural	variables				
% want more boys than girls	0.976**					
	(0.387)					
Mean age at first marriage		-0.036**				
		(0.015)				
Mean age at first birth			-0.013			
			(0.018)			
Beating is justified				0.003**		
				(0.002)		
Men have more right to job when jobs scarce					0.141	
					(0.148)	
Men make better political leader						0.003
						(0.084)
Observations	189	219	219	92	57	54
R-squared	0.052	0.026	0.003	0.045	0.015	0.005

Note: imbalance=1 if the share of women with first born girl is decreasing with age. All regressions control for average share of women with first born girl in age 15-19 years old. Clustered standard errors at country level in parentheses.\*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

## Historical correlates of imbalance

Dependent var.= Imb	alance=1 if r	negative slo	ре		
Panel D: Hi	storical Varia	ables			
Aboriginal plow use	0.128*				
	(0.075)				
Matrilocality		-0.192**			
		(0.080)			
Patrilocality			0.116*		
			(0.068)		
Share of ancestors with extended family				0.156*	
				(0.081)	
Share of ancestors with nuclear family					-0.105
					(0.074)
Observations	218	218	218	218	218
R-squared	0.026	0.008	0.015	0.022	0.011

Note: imbalance=1 if the share of women with first born girl is decreasing with age. All regressions control for average share of women with first born girl in age 15-19 years old. Clustered standard errors at country level in parentheses.\*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

#### Joint role of son preference and risk of maternal mortality

 $Imbalance_{s} = \alpha + \delta(High SP * High MM)_{s} + \beta_{1}High SP_{s} + \beta_{2}High MM_{s} + \pi SR15/19_{s} + \varepsilon_{s}$ 

- $-High SP_s$ : =1 if country-year shows high son preference
- *High MM<sub>s</sub>*: =1 if country-year shows high risk of maternal mortality
- -SR15/19: share of women with a first-born girl in the age group 15-19 years

#### Joint role of son preference and risk of maternal mortality

	(1)	(2)	(3)	(4)	(5)
Dep. var.= Im	balance=1 if	negative	slope		
High Son Preference	0.241*		-0.105**	-0.147**	-0.136
	(0.130)		(0.046)	(0.072)	(0.091)
High Risk of Maternal Mortality		0.074	0.017	-0.007	0.033
		(0.055)	(0.056)	(0.071)	(0.064)
High Son Pref*High M.Mortality			0.511***	0.494**	0.553**
			(0.162)	(0.195)	(0.210)
Region Fixed Effect	Ν	Ν	Ν	Y	Ν
Survey Year Fixed Effect	Ν	Ν	Ν	Ν	Y
Observations	219	219	219	219	219
R-squared	0.048	0.009	0.104	0.131	0.186

Note: All regressions control for average share of women aged 15-19 with a first-born girl. Robust standard errors clustered at the country level in parentheses.\*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

#### Effect of a first-born girl on anemia

Anemic<sub>is</sub> =  $\alpha + \beta First \ born \ girl_{is} + X_{is} + \tau + \varepsilon_{is}$ 

- $-X_{is}$ : age in years, urban, height, indicator for completing at least 1 year of education
- $-\tau$ : Survey-year dummies
- Randomness of the sex of the first-born child (Das Gupta 1987; Bhat and Zavier 2007; Dahl and Moretti 2008; Bhalotra and Cochrane, 2010; Jha et al. 2011; Rosenblum 2013; Heath and Tan 2016; Anukriti et al. 2016; Milazzo 2018)

## Effect of a first-born girl on anemia

Country-year group: High SonPref & High Mortality Risk							
Dep. Var.:	=1 if anemic						
	(1)	(2)	(3)	(4)			
Years since delivery:	all	<5	<10	<15			
First-born daughter	0.010***	0.007	0.012***	0.014***			
	(0.002)	(0.005)	(0.003)	(0.003)			
Respondent's height in cm	-0.003***	-0.003***	-0.003***	-0.003***			
	(0.000)	(0.000)	(0.000)	(0.000)			
Observations	629215	126216	246986	363417			
R-sq	0.013	0.022	0.018	0.017			
Y-Mean	0.533	0.560	0.546	0.536			

Note: Other controls include dummy for urban, age at first birth, age, indicator variable if women has positive years of education, and survey year dummy. Robust standard error in parenthesis. \*\*\* p<0.01, \*\* p<0.05, \* p<0.1.

 $\rightarrow$  An effect on anemia is ONLY found in places with both high son preference <u>AND</u> high mortality risk

## Conclusions

- Results suggest that having a first-born girl worsens the incidence of anemia in places where:
  - Son preference and
  - Risk of Maternal Mortality
  - Are both high
- This corroborates suggestive evidence of higher mortality of women with a first-born girl in these contexts
- The interaction between cultural norms and general health conditions matters
- Measure of imbalance in sex ratio for women with first-born girls at the country-year level correlates with socio-economic indicators of adverse outcomes for (and attitudes towards) women

# Thank you!