

The Effects of Teenage Pregnancy on Schooling and Labor Force Participation: Evidence from Urban South Africa

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Abstract

Policy makers often express concerns over the lasting implications of teenage pregnancy, due to the observation that young mothers have worse health, less schooling, and poorer job market performance in adulthood. However, because there is selection into early motherhood, the causal impact of teenage pregnancy on human capital investments is difficult to estimate. Additionally, the majority of the literature has focused on high-income settings. I examine the impact of teenage pregnancy in Cape Town, South Africa, on educational outcomes and future labor-force participation using two main identification strategies. I use an instrumental variable strategy that relies on the number of fertile teenage years as an instrument for teenage pregnancy and exploit differences among a subsample of sisters in which one sister reported a teenage pregnancy and at least one did not. I find an increase of approximately 50 percentage points in the likelihood of failing a grade and an increase of 27% (10 percentage points) in the probability of dropping out of school. As for overall school attainment, teenagers who report a pregnancy are, on average, less educated by 1.8 fewer years. Finally, two specific South African characteristics mitigate the negative effects of teenage pregnancy. My findings suggest that strong familial networks, measured by the presence of the mother of the teenage mother, and attendance at a school with higher rates of grade repetition are associated with an attenuation effect of 0.5 and 0.4 years, respectively.

Keywords: Teenage pregnancy; Health; Education; Labor Force Participation.

JEL Classification: O1, I2, J1

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1 Introduction

Although women around the world are increasingly older when they begin having children, it is estimated that the absolute global number of teenage pregnancies will nonetheless continue to increase until at least 2030 (Monteiro et al., 2019).¹ Policy makers, thus, have expressed concerns about the lasting implications of teenage pregnancy on human capital accumulation. The causal effects of teenage pregnancy on short- and long-term outcomes, however, are difficult to estimate. The main challenge is the potential for endogeneity around selection into early motherhood. Poorer human capital outcomes could be due to the causal impact of teenage pregnancy or because mothers who have teenage births are negatively selected into it, such that they would have had poorer outcomes regardless of their age at pregnancy. To overcome this concern, researchers who study teenage pregnancy in the United States and other high-income countries have taken several empirical approaches: propensity score matching (e.g., Levine and Painter, 2003 and Lee, 2010), within family differences (e.g., Herrera, Sahn, and Villa, 2019), and instrumental variables (Ashcraft, Fernández-Val, and Lang, 2013). However, the number of papers that utilize these methods to estimate the impact of teenage pregnancy in low- and middle-income countries is smaller.² Importantly, the impact of teenage pregnancy in low- and middle-income settings might be different due to context-specific characteristics.

In this paper, I examine the causal effects of teenage pregnancy on the educational attainment and labor-force participation of young urban women in Cape Town, South Africa. To identify these effects, I consider two main identification strategies: an instrumental variable

¹The average global teenage birth rate (aged 15 to 19 years) decreased from 65 per 1000 girls in the mid-1990s to 49 in 2011 (WHO, 2018 and Sedgh, Finer, Bankole, Eilers, and Singh, 2015). Yet, because the teenage population is growing, the absolute number will grow.

²Exceptions include Branson and Byker (2018), Ranchhod, Lam, Leibbrandt, and Marteleto (2011), Ardington, Menendez, and Mutevedzi (2014), Urdinola and Ospino, 2015, Azevedo, Lopez-Calva, and Perova (2012), Narita and Diaz (2016) and Herrera et al. (2019).

identification and a sibling differences estimation. The data for this paper comes from the Cape Area Panel Study (CAPS; Lam, Seekings, and Sparks, 2006).

The CAPS data set is a longitudinal study of a randomly selected sample of young adults living in the Cape Town Metropolitan Area, the second-largest city in South Africa, in 2002. This rich longitudinal survey conducted 5 rounds of data collection between 2002 and 2009. The sampled individuals, aged 14 to 22 in 2002, were surveyed on demographic characteristics, sexual behavior, schooling, and employment. Additionally, the first wave also included a set of retrospective questions on the same topics from the year in which they were born. This survey feature allows me to construct a panel in which the unit of observation is a women-year and an aggregate collapsed panel data structure for the static analysis.

The two methodologies utilized in this paper tackle very different sources of bias. I first instrument teenage pregnancy using the self-reported fertility status, measured by the time after the age at menarche (first menstruation). The approach is a variation of the strategy proposed by Ribar (1994) and Klepinger, Lundberg, Plotnick, et al. (1997) to estimate the effects of teenage childbearing in the United States, and later used by Field and Ambrus (2008) to estimate the effects of early marriage in Bangladesh.³ The intuition behind the identification is that the variation in the timing of first menstruation between the ages of 10 and 17 generates quasi-random differences in the minimum age at which girls have the physical capability of getting pregnant. Importantly, the variation is independent of schooling investment, which allows for causal effect estimation. I find that each additional year that menarche is delayed decreases the likelihood that a teenager will get pregnant between 2.4

³Following Field and Ambrus (2008), there has been a small but growing literature studying the effects of teenage marriage in developing countries. Using the same identification strategy, Sekhri and Debnath (2014) and Chari, Heath, Maertens, and Fatima (2017) examine the consequences of female early marriage in India, a country where there is a high-prevalence of teenage pregnancy. Asadullah and Wahhaj (2016) consider differences in age of menarche between sisters in order to analyze the effects of early marriage on gender attitudes in Bangladesh. For Africa, Sunder (2018) and Hicks and Hicks (2015) have also utilized the same approach to examine teenage pregnancy in Uganda and Western Kenya, respectively.

and 3.2 percentage points.

Nevertheless, an important concern in the instrumental variable identification is to what extent the age at menarche is independent of the confounders that affect educational, labor and fertility outcomes.⁴ If so, the exclusion restriction would be violated. To examine this possibility, I test the exogeneity of the instrument in the context of South Africa and consider the possible social consequences of the onset of menarche on educational outcomes.

The former is undertaken by examining how early nutrition and genetics, environmental factors, and unforeseen prepubescent shocks are associated with the possibility of reaching an earlier menarche. Additionally, to account for these possibilities throughout my analysis, I include controls for adult height and sampling-cluster fixed effects. Second, I study the social consequences of reaching menarche by utilizing event study analysis for school dropout rates. The particular concern is that the transition to sexual adulthood may lead to behaviors that will lead to, among others, dropping out of school.

The second methodological strategy I utilize relies on with-in family differences between sisters using sibling fixed effects in a subsample of the CAPS dataset. In this strategy, I compare a sister who reported a teenage pregnancy to at least one who did not. In this sample, sisters are defined as sharing at least one parent and report living in the same households. They are a reasonable counterfactual group because they are more likely to share background and socioeconomic characteristics. If the variation in pregnancies is conditionally independent of unobserved familial differences, the estimation of the effects of teenage pregnancy will be unbiased.

⁴Khanna (2019) considers the effects of early menarche on schooling in India. Using a difference-in-difference approach, which takes advantage of the differences in the age at menarche within cohorts, her findings suggest that reaching the first menstruation before the age of 12 is associated with a 13.4-percentage-point decrease in school enrollment rate. The paper highlights the importance of examining the exclusion restriction when using the age of menarche as an instrument for gender issues since it points out that it may directly affect schooling.

Consistent with the notion that teenage pregnancy has a negative effect on education, women who report a pregnancy in their teens are more likely to lag behind their peers in their education and have lower school attainment. The analysis of the school progression instrumental variable approach yields a 55-percentage-point increase in the likelihood of failure, a lag of 0.3 years and an increase of 27% in the risk of dropping out. The overall results suggest that women who report a pregnancy during their schooling years are, on average, 1.8 years less educated.

Similarly, in the sibling comparisons estimation strategy, I find that women who report a pregnancy in their teens are 12.8% more likely to fail a grade and are 0.5 years behind their peers. The risk of dropping out increases by 49.4 percentage points. The school attainment effect is smaller in the sibling approach. Sisters who report a pregnancy are 0.774 years less educated, 44% (15.9 percentage points) more likely to sit for the matriculation exam, and 5 percentage points less likely to enroll in training or formal institution after the end of school.

The second group of outcomes studied in this paper describes the labor-force participation following the probable end of school. I study whether reporting an early pregnancy has an impact on the labor-force participation at the ages of 19, 20, 21, and 22. Across both strategies, I find positive, though not statistically significant, effects. This result is indicative of substitution between postsecondary education and participation in the labor force.

In this paper, the evidence on educational outcomes indicates a strong negative effect on the educational attainment outcomes. However, the opportunity cost of teenage pregnancy might be different in South Africa than in other high-income countries due to characteristics that are specific to setting. In particular, at the time of the study, the country had extremely high youth unemployment rates (Nattrass & Walker, 2005), strong familial networks (Duflo, 2003 and Magruder, 2010); and extremely high rates of grade repetition (Anderson, Case, &

Lam, 2001).⁵ Thus, using school and family composition data, I analyze whether there are attenuation effects of the second and third points in the instrumental variable identification strategy using a control function approach with interactions between teenage pregnancy and the attenuation variable of interest.

In order to test the whether stronger familial ties attenuate the finding that teenage pregnancy negatively impacts educational attainment, I first analyze whether the opportunity cost of early motherhood might be changed when the mother of the teenage mother is alive during her teenage years. A bigger network will change the cost of childcare and may change the relative cost of being enrolled in school. The findings in this paper provide suggestive evidence that having a mother mitigates the effect of teenage pregnancy by 0.5 years.

Next, although female educational attainment was extremely high in South Africa, the country was also notable for its high rates of grade repetition. The class composition of grades is such that the spread in ages within grades is wider than in high-income countries (Anderson et al., 2001; Lam, Marteleto, and Ranchhod, 2013). Also, many teenagers have been found to come back to school after birth (Marteleto, Lam, & Ranchhod, 2008). In these types of classrooms, the social stigma of teenage pregnancy might decrease and encourage students to stay in school. I find that the interaction between teenage pregnancy and attending a school with an above-average grade failure rate leads to a positive mitigation effect of 0.41 additional years of education.

Methodologically, this paper speaks to the literature of the effects of early pregnancy on short and medium term human capital investments in the United States, and more generally on high-income countries.⁶ Two papers, Klepinger et al., 1997 and Ribar, 1994, have used

⁵As for the labor force, women were found to be less likely to be in the labor force and more likely to be unemployed at the turn of the century.

⁶In Table B3 in the appendix, I present a comprehensive review of the literature in high-income countries. See Ribar, 1999; Hotz, McElroy, and Sanders, 2005; Ashcraft and Lang, 2006a; Diaz and Fiel, 2016 and Heiland, Korenman, and Smith, 2019 for reviews of the literature.

the age at menarche as an instrument for teenage pregnancy.⁷ In the United States, papers that use the strategy has rendered a lower impact on the educational attainment than those found in this paper. Furthermore, the second approach I undertake in this paper, the with-in family differences strategy, has also been explored by the literature in high-income countries. The main papers that use this strategy typically yield educational effects that are between 0 and 1 fewer years of education (Geronimus and Korenman, 1993; Ribar, 1999; Duncan, Lee, Rosales-Rueda, and Kalil, 2018 and Heiland et al., 2019). The magnitude of the effects is consistent with the magnitude found in this paper.⁸

This paper also adds to the smaller thread of literature that studies the impact of early pregnancy on education in low- and middle-income countries. Studies of Latin America have found that teenage mothers are less educated (Azevedo et al., 2012; Narita and Diaz, 2016; and Berthelon and Kruger, 2017). For Sub-Saharan Africa, Madhavan and Thomas (2005) and Marteleto et al. (2008) among others have documented an association between teenage pregnancy and lower educational attainment. Two papers, Almanza and Sahn (2018) and Branson and Byker (2018), consider birth expansion policies in Madagascar and South Africa, respectively. Their findings provide evidence that the delaying fertility increased human capital investments significantly. My identification strategy differs from these papers because I rely on individual teenagers making decisions about their own sexual behavior.⁹

Furthermore, my paper is closer to two papers that study the effects of teenage pregnancy in South Africa. Ranchhod et al. (2011) analyzed teenage pregnancy using a propensity-score matching strategy in the CAPS dataset. The evidence in this paper suggests a moderate

⁷Additional instruments have utilized miscarriages (Hotz et al., 2005; Ashcraft and Lang, 2006a; Fletcher and Wolfe, 2009; and Ashcraft et al., 2013), and abortion laws (Bitler & Zavodny, 2001).

⁸A third commonly used strategy was the propensity-score matching identification. Generally, these papers find modest negative effects on educational attainment and life satisfaction (Levine and Painter, 2003; Lee, 2010; and Zito, 2018).

⁹Table B2 in the appendix includes a comprehensive review of the literature on low- and middle-income countries.

impact of early pregnancy on high school completion and school attainment. Also, Ardington et al. (2014) considers a similar research question in a rural area with a sister-differences approach. In this paper, I find that teenagers who report a pregnancy are more likely to drop out before the birth and, compared to their peers, do not lag behind in schooling.

Returning to the to the labor-force participation estimation, my findings are inconsistent with the evidence found for Latin America. Urdinola and Ospino (2015) find that teenage mothers have increased willingness to accept a lower paying job in Colombia while Arceo-Gómez and Campos-Vázquez (2014) find an increase in unemployment of 13 percentage points in Mexico. Others find positive effects in Brazil (Narita & Diaz, 2016) and Mexico (Azevedo et al., 2012). In Chile, Berthelon and Kruger (2017) finds a null impact on employment that is similar to my findings. For Sub-Saharan Africa, the effects of early pregnancy were studied by Branson and Byker (2018). Although they do not find intensive margin estimates that are consistent with the estimates presented in this paper, the paper does find an increase in the monthly earning.

This paper contributes to the literature in several ways. First, I add to the thread of literature that examines the effects of teenage pregnancy in low- and middle-income countries using two novel approaches. Second, the rich data set allows me to study labor participation and training decisions after high school. The number of studies who consider the question for Sub Saharan Africa is low, and are more generally focused in high-income countries. Finally, an additional empirical contribution of this paper is that I take advantage of South Africa's unique characteristics to provide suggestive evidence of the factors that may help attenuate the negative effects of teenage pregnancy.

Understanding whether and how much of an impact teenage pregnancy has on educational attainment and early-life labor-force participation has important policy implications. Lower investments in the short run may affect women's long-run health and earnings as well as the

well-being of their children. At the same time, the findings that stronger kinship networks and a reduction of the social stigma attached to early pregnancy attenuate the effects of teenage pregnancy on education might inform policy makers who are concerned about human capital investments. The spillover effects of policies that target teenage pregnancy will also affect health by targeting unprotected sex in an environment with a high risk of HIV infection.¹⁰ Furthermore, in the context of South Africa, where there is a motherhood penalty at the lower ends of the distribution (Magadla, Leibbrandt, & Mlatsheni, 2019), understanding the effects of early motherhood provides insight into the challenges faced by these teenagers. My findings also suggests that policies assisting women with children to insert themselves into the labor force should begin as early as in their teens.

The rest of the paper is structured as follows. In section 2, I provide background information on South Africa and in section 3 I provide a detailed description of the chosen data set, the data structure, and summary statistics. In section 4 I discuss the non-evidence-based approaches used to consider teenage pregnancy and I outline empirical strategies. In section 5, I present the results of both sections. In Section 6, I examine the attenuating effect estimation. The final section concludes with a discussion.

2 Background and Setting

In this section, I examine the context in which I study the causal effects of teenage pregnancy. Understanding the patterns of South Africa's yields insights because of the country's unique patterns in education, sexual behaviors, and labor along with wide inequality among teens.

¹⁰Another hazard faced by young people at the time of the study that is likely to affect sexual behavior was the HIV/AIDS epidemic.

2.1 Sexual Debut, Early Childbearing and Marriage

The relationship between teenage pregnancy and female outcomes has been at the center of the public concerns in many developing countries. The debate is usually focused on the perceived perverse incentives created by social benefits programs (Moultrie & Dorrington, 2004).¹¹ Nevertheless, researchers have examined the determinants and consequences of teenage sexual initiation, and childbearing in developing countries (Lloyd and Mensch, 2008, and Marteleto et al., 2008) and have found that early sexual debut has several important implications for the likelihood of teenage pregnancy and other transitions to adulthood. An earlier age at the time of first sexual intercourse increases the likelihood of getting and transmitting sexually transmitted diseases (STDs) and HIV, as well as of reporting a pregnancy (Marteleto et al., 2008). In Sub-Saharan Africa, reporting of early entry into premarital sex by girls has been linked to the likelihood that they will drop out of school (Biddlecom, Gregory, Lloyd, and Mensch, 2008).

In most low-income countries, women's first sexual intercourse occurs largely within marriage. This is the case, for example, in many North Africa and some Asian countries (Singh, Wulf, Samara, & Cuca, 2000). However, the difference between the age at which women enter into sexual relationships and their age at marriage is expanding as more girls are reporting extramarital sexual activities in their teenagers.

Personal characteristics and prior school experience have been linked to earlier the sexual and reproductive behavior (Marteleto et al., 2008). A report by the World Health Organization (WHO) cites many barriers that stand in the way of teenagers practicing safe sex in low-income countries (WHO, 2018). First, access to contraception is sometimes restricted by

¹¹In the particular case of South Africa, President Jacob Zuma's 2008 election campaign included a proposal that teenage mothers be separated from their babies and forced to get an education (Ardington et al., 2014).

strict provision policies (Branson and Byker, 2018) or by health worker bias. Other barriers to consistent and correct use of contraception may also be linked to pressure to have children or the stigma surrounding non-marital sexual activity and lack of knowledge regarding correct use.

Concerns over teenage pregnancy relate to its impacts on the health, well-being, and life course trajectories of the mothers and their infants. From a health perspective, teenage pregnancy has been linked to poor perinatal outcomes, low birth weight, and preterm birth. Policy makers have also noted that teenage mothers are often poorer, less educated, and less likely to be employed (WHO, 2018). Despite these concerns, teenage pregnancy and childbirth are in some settings planned events. Girls who get married early are often less able to effectively negotiate their sex practices (which facilitates sexually transmitted infections) and face pressure to have children (WHO, 2018).

Unicef (2014) cites the example of Nepal, where women who married before the age of 15 are 33 percentage points more likely to have three or more children by the age of 24 as compared to the 1% of women who marry as adults. Alternatively, planned extramarital pregnancies have been linked to improvements in the social status of teenagers in the lower socioeconomic strata in Brazil (Heilborn and Cabral, 2011 and Faisal-Cury et al., 2017).

2.2 The South African Context

2.2.1 Sexual Debut and Early Childbearing

Teenagers in South Africa are unique among developing nations in terms of their initiation into sexual behavior in that women become sexually active by age 18.¹² The fact elicits

¹²The median age at first sexual intercourse in the Department of Health/South Africa and Macro International, 2002 was 17.8 years for women aged 20 to 24 years.

two distinctive conclusions regarding teen girls in South Africa. First, in this context young women usually become sexually active while they are still in school. Second, in contrast to many developing countries, sexual initiation occurs predominantly outside of marriage. The median age at marriage among women aged 25 to 49 was 24.2 years (DHS, 2002).

Overall fertility levels in South Africa are low compared to other African countries (WHO, 2014). Teenage fertility rates, however, relatively high through the late 1990s and early 2000.¹³ The proportion of women aged 19 who had reported a pregnancy in the 1998 and 2003 South African DHS was 35.1% (as seen in Figure 1) and 27.1%, respectively (2007).¹⁴

As for the negative consequences of teenage pregnancy, another distinctive fact is that many South African mothers return to complete their schooling after giving birth. This is due to the support received from their families and fathers, who often recognize their children (Kaufman, De Wet, and Stadler, 2001 and Madhavan and Thomas, 2005).

In my study's particular setting, the Cape Area, teenage pregnancy was estimated to be approximately 22% in 2002. The average is similar to the national level, which is 25%. Compared to young adults in other regions, however, those who live in the Cape Area are 24 percentage points less likely to report a teenage birth than those in rural areas.

2.2.2 Schooling

General education in South Africa is divided into three periods: primary, middle school and secondary school. Schooling is compulsory until grade 9, and spans 12 grades in total.

¹³Contrary to many other sub-Saharan countries, contraceptive usage in South Africa was high during the apartheid regime due to the government's plan to control the non-white population (Cooper et al., 2004). Public clinics, hospitals and mobile services largely provided contraceptives for free. However, not everybody benefited from this access to family planning, as evidenced by the surge in unintended pregnancy rates among adolescents. The findings point to social barriers to access to family planning for teenagers.

¹⁴Abortion was legalized in the country in 1996. However, even when public and private facilities increased progressively, teenagers have not reported using pregnancy termination services (Panday, Makiwane, Ranchod, & Letsoala, 2009).

Literacy and numeracy are taught in primary school, which lasts six years. Then, middle school is three years long, at the end of which students get a basic education-and-training certificate. Secondary school spans grades 10 to 12.¹⁵ In order to continue on to higher education, students have to sit for a matriculation exam.

School enrollment rates are high in South Africa as primary school attainment is nearly universal and secondary school enrollment remains high through the teenage years (Anderson et al., 2001; Lam et al., 2013). There are striking gaps in knowledge gains across students, however, which is shown by poor national standardized test performance compared to other countries (Van der Berg, Louw, et al., 2007). In South Africa, the school system in the early 2000s still reflected the persistent income inequalities that characterized the country during the apartheid regime.¹⁶

Lam, Ardington, and Leibbrandt (2011) study differences in grade repetition in the CAPS data set for the period following the education reform that happened in 1994. Out of all of the students enrolled in grades 8 or 9 in 2002, 82% of white students successfully advanced three grades by 2005, whereas only 34% of coloured students and 27% of black students attained the same level of advancement.¹⁷ Two thirds of the students, however, chose to continue their schooling despite this fact. Thus, coloured teenagers continue to be enrolled in secondary school after the age of 20 (Anderson et al., 2001; Marteleto et al., 2008). Lam *et al.*'s 2011 findings suggest that grade advancement is determined by a random component,

¹⁵The emphasis is placed on academics and vocational training.

¹⁶Prior to 1994, the school system was segregated by racial groups, with differing levels of resources and curriculum design (Fiske & Ladd, 2004). White, black, and coloured students attended very different schools under apartheid. For the most part, black students attended the poorer schools and had the most restrictions on work and migration. Whereas white students had the most advantages in terms of the expenditure, free residential mobility, and access to social services. Coloured students' schools had higher expenditures than black schools and had fewer restrictions on mobility so their status was somewhere in between these two groups. After 1994, the government equalized the funding but the racial differences in grade progression and overall attainment persisted in the period of the current study.

¹⁷In South Africa, the term "coloured" refers to people of mixed ethnic ancestry, including Khoisan, Bantu, Afrikaner, Whites, Austronesian, East Asian, and South Asian. I keep the term here in its South African spelling.

which is consistent with the considerable number of students who fail grades. Additionally, students who shared the same classroom had wide range of ages.

There are large differences in educational attainment. White students are more likely to finish schooling earlier and to find employment sooner than young black and colored adults. The students who decide to drop out generally make the decision between the ages of 14 and 22 (Anderson et al., 2001).

2.2.3 Labor Market Characteristics and Youth Unemployment

Youth unemployment was structural in South Africa at the time of the study. According to the September 2003 Labour Force Survey, the unemployment rates range between 28% and 42% depending on whether discouraged job seekers are included or only active ones are (Nattrass & Walker, 2005). The rate was concentrated among the young and among blacks, followed by the coloured population (Magruder, 2010).

There are two outstanding facts about South Africa's labor market. First, formal sector wages were high at turn of the century, compared to similar countries.¹⁸ As a consequence of the high pay-off of formal sector jobs, seekers had longer search spells, and the cost of unemployment shrank (Magruder, 2010). In fact, youth unemployment was higher in regions with higher union wages compared to non-union wages (Schultz & Mwabu, 1998).

Second, the informal sector is small compared to other countries with similar development levels.¹⁹ In rural areas, agriculture is mostly undertaken in large farms that were established

¹⁸Historically, the trend began under the apartheid regime, when the system was designed to increase white people's wages in capital-intensive production industries and continued for several years (Nattrass and Walker, 2005 and Banerjee, Galiani, Levinsohn, McLaren, and Woolard, 2008). Unionization structure generated high minimum wages in all firms in many industries and later spread to all industries not covered by union arbitration.

¹⁹The relatively small size of the informal sector has been attributed to the existence of barriers of entry to the formal sector or to the possibility that waiting for a formal sector job was better than having an informal position. Since wages were high among those who had jobs and there were governmental pension programs, most households were able to subsist. In this setting, youth unemployment was an expected outcome.

before apartheid, such that there is no subsistence agriculture in rural settings. In more urban settings, the informal sector is relatively small compared to similar countries. Informality was outlawed previously but grew during the first years of the 2000s as the number of individuals who reported being self-employed or domestic workers increased from 19% in 1993 to 24% in 2004 (Magruder, 2010).

As for the gender composition of unemployment, Banerjee et al. (2008) find that women are less likely to participate in the labor market and more likely than men to be unemployed. Female labor supply increased drastically in the early 2000s but the demand did not accompany the influx as employment in south Africa's bigger industries, agriculture and mining employment steadily fell.

3 Data

3.1 Cape Area Panel Study

To study the effects of teenage pregnancy on education, and labor supply, I use the Cape Area Panel Study (Lam et al., 2006). This is a longitudinal study, which follows young men and women who lived in the Cape Town Metropolitan Area in 2002.²⁰

Individuals were sampled using a stratified two-stage sample of households, from sample clusters first and then through households within these clusters (Lam et al., 2006). Clusters were selected according to the breakdown of ethnic groups available in 1996 census, where white and black clusters were oversampled to achieve a representative sample (Lam et al.,

²⁰Cape Town is the second largest city in the country after Johannesburg, with 2,785,032 inhabitants, and it is the provincial capital of the Western Cape. It is located in the southwestern corner of South Africa. The population in Cape Town is 35% black, 44% coloured, 19% white, and less than 2% Asian (Statistics South Africa, 2007). The composition is different from the national population, which is 79% black, 9% coloured, 10% white, and 3% Asian.

2006). The design for the wave included young-adult and household questionnaires. It also administered a literacy and numeracy evaluation of the young adults in the sample.

Five waves were conducted to create the CAPS data set: first in 2002, then in 2003–2004, in 2005, in 2006 and in 2009. The first wave, which was administered in August–December of 2002, surveyed 2,612 young women aged 14 to 22 in 2002 in 2,045 households. This paper draws heavily from the young-adult questionnaire in wave 1. The background individual information variables were created using the questions regarding the race, religion, place of birth, language utilized in the interview, and education of the parents from the young-adult questionnaire. Number of full siblings, household size and wealth and dwelling information were also created using questions from the household questionnaire.

The pregnancy and fertility information is also captured in wave 1, which contained questions on the complete pregnancy and birth histories, prenatal care, and partners' information and was later updated in the subsequent surveys. The self-reported information on pregnancy provides the basis for the early pregnancy history of the older cohorts, who are older than 18. Among the younger cohorts, 3.83% reported a pregnancy by 2002, so most of the inputs for the pregnancy variables are drawn from later waves. Next, the age at menarche was first asked in 2002. Almost all sampled women, 96.8%, provided the age in this wave.

Wave 2 was conducted between July 2003 and December 2004 in two separate survey rounds: wave 2A in 2003 and wave 2B, in 2004. The total number of sampled women that were reached in the study was 2,140 (748 in 2003 and 1,410 in 2004). The main goal of wave 2 was to update the data collected in wave 1. There were some differences between waves A and B, as the 2003 survey added a module on HIV/AIDS stigma and the 2004 interview included modules on employment and school choice. Even though the pregnancy and birth history were not directly included in wave 2, the surveys inquire about reasons for not attending school. I am thus able to determine whether women reported pregnancy

during those years.

Wave 3 was conducted between April and December 2005 to 1,911 young women now aged 17 to 25. The questions for young adults focused on schooling, employment, fertility, and personal health. Additional variables described residential and schooling history, intergenerational transfers, time allocation, and sexual partners. Particularly useful for this study was the update on age at menarche for those who did not answer the question in the first wave. The question extends the age at menarche to 103 additional women.

Wave 4 was conducted in 2006 and accounted for 1,877 sampled women, now ages 18 to 26. There were three targeted populations: the young adults, their biological children, and older original residents (age 50 or over). It mainly consisted of follow-up information on the school, work, and childbearing histories of CAPS young adults. An important feature of wave 4 is that it includes a set of health outcomes for young adults and their parents. The fact that the module was included in wave 4 limits the sample size. Attrition was greater among the older, wealthier, and more educated young adults in the panel.

Finally, wave 5 was administered in 2009 to 1,799 women, aged 21 to 29. It included a young-adult questionnaire, a young-adult telephonic questionnaire, and a young-adult proxy questionnaire. Field work was carried out in 2009 and respondents who were not successfully located in the field were contacted via telephone to update their basic information. The fifth wave of the CAPS data set updated educational outcomes and provided restrictive information for the fertility variables.

3.2 Variable Construction

This paper takes advantage of the data available in the various waves and retrospective information questions asked in the first CAPS wave to conduct the analysis. Using the

available information described in Table B1, the analysis is undertaken in samples with one of these two formats: (I) a panel data set in which each observation represents one individual-year observation and (II) a collapsed panel in which the information is aggregated at the sampled-woman level. I use both the panel and the collapsed-panel samples to conduct the instrumental variable analysis and the sibling differences approaches. In the next sections, I explain how I construct the key variables required for both approaches.

3.2.1 Teenage Pregnancy and Age at Menarche

I begin by providing a description of how the likelihood of a pregnancy and the fertility variables are created for the panel and the collapsed panel samples. First, teenage pregnancy is measured differently at the aggregated level and at the year level. In the panel sample, I define the variable “Pregnant_{isjt}” as an indicator for whether sampled woman *i* who lives in sampling cluster *s* of cohort *j* reported a pregnancy in year *t*. It describes reports from 1990 until 2009. An important exception is the year 2008, when it is not possible to narrow pregnancies using the fifth wave of the CAPS data.

In the collapsed panel, I define “Pregnant_{isj} <18” as an indicator variable for whether the sampled woman *i* who lives in sample *s* of cohort *j* reported a pregnancy before the age of 18. Figure 2 describes the percentage of women who report a pregnancy between the ages of 14 and 26. As seen in the figure, the percentage of women who report a pregnancy increases significantly until the age of 18 and then flattens out. The percentage of sample women who experienced a teenage pregnancy in my sample is 20%.

Because women become fertile after they reach menarche, the menarcheal age is an important threshold for my study. As described in Table B1, the question regarding the age at menarche was asked in wave 1, and later re-asked in wave 3 for those who reported have

not reaching it at the time of the first interview.²¹

Following the medical and age at marriage literature, I limit the sample to girls who have reached the onset of menarche between the ages of 10 and 17. The cutoff points were chosen to minimize censoring of women who may have health issues that affect menarche but retain the largest possible number of women. The percentage of sampled women who fell outside the chosen threshold in the CAPS data set is 3.56%.

Figure 3 shows the distribution of the age at menarche for the analytical sample of women. The average at marriage among all of the women studied in this paper is 13.445 years of age. Among the sample of sisters, the age at menarche is lower 13.392 years of age.

Empirically, the fertility variables are created differently in the panel and the static samples. In the panel, fertility is captured by “Fertile,” which is a variable that is equal to one for the years in which the sampled woman is at least her age at menarche, and zero otherwise. Alternatively, in the collapsed panel, I create a continuous measure of how many years a sampled woman had been fertile until the age of 17. Mechanically, this is equal to 17 minus the age at menarche.²² I now turn to describe how I create the outcome variables.

3.2.2 Education Outcomes

One of the most immediate consequences of teenage pregnancy is its effect on schooling. The schooling outcomes are created using a combination of the self-reported wave 1 retrospective information and all of the waves for which the sampled women were interviewed.

The CAPS data set includes a set of questions on whether individuals were enrolled in any schooling institution and whether they dropped out before completing a grade, failed,

²¹The script for the question reads as follows: “As girls begin to mature into women, certain changes occur in their bodies, such as the start of menstrual periods. At what age did you have your first menstrual period or have you not had one yet? (Please look at the calendar, if that will help you remember.)”

²²I also provide different thresholds in the Validity section.

or passed each year. Thus, by combining grade data with year data, I study two important sets of outcomes: (I) the sampled women’s progression through their stages of schooling and, (II) the sampled women’s overall educational attainment.

I begin by analyzing schooling progression in the panel structure. Conditionally on being enrolled in a particular year, I consider the likelihood of failing the grade. The variable “Failure_{it}”, for individual i observed in year t , is an indicator variable that is equal to one if a sampled woman reported having failed a grade or having dropped out midyear, and zero otherwise. Second, grade for age captures the lag in education. I follow (Glynn et al., 2018) by setting a measure of how much behind in school and censoring the lags up to two grades behind. I only consider grade failure and grade-for-age measures until grade 12 in order to consider the impact of pregnancy during years of schooling. The third variable considered is a dropout measure created using enrollment levels and the passing grade questions. For sampled woman i , “Drop Out_{it}” is then defined as one for those who report not being enrolled in schooling in year t , and zero if they were.

In the static analysis, conducted in the collapsed panel, I study educational attainment using three outcome variables: completed years of education, whether they ever took the matriculation examination, and whether they continued their education after high school. First, “Years of education_i” is a continuous variable measuring years of education completed during the last observed period. Next, “Took Matric_i” (or NSC exam) is an indicator variable of whether the individual sat for the NSC at some point. Finally, “Post secondary Education_i” is equal to one if the individual kept studying after high school, and zero otherwise.

3.2.3 Labor Force Participation Outcomes

In order to study what happens to these women after the age of 18, I study the effects of teenage pregnancy on their labor-force participation after the age at which they should have

finished high school. Specifically, I consider the labor-force participation for ages 19, 20, 21, and 22.²³

3.3 Samples

In this paper, the analytical sample is comprised of the full sample of 1,741 women. The analysis is conducted on two sample formats: a panel and a static samples. The former is constructed using a combination of the retrospective self-reported information available in the first wave, and updated using the questions asked in the following waves. The resulting data follows the sampled women from birth to 2009 such that the unit of observation is at the woman-year level. Since the goal of the paper is to study the effects of teenage pregnancy, the analysis is conducted between the ages of 10 and 20. Next, for the static analysis, I collapse the information into a “collapsed panel” where each observation is one sampled woman.

Selection of the women for the present study is based on three main criteria: age at menarche, health module availability, and sampling location. Specifically, I limit my study to women who have undergone menarche between the ages of 10 and 17, have health information, and live in clusters where there is at least one other person in the cluster.

First, medical researchers have established that menarche is delayed when girls report its onset two standard deviations (years) after girls of similar background (Hillard, 2013). Among the women in the full sample, the average age at menarche for those who report the onset was 13.433 (1.667 SD). I thus analyze women who have undergone menarche until the age of 17. The percentage of women reporting reaching menarche after that age, however,

²³Also, in the appendix Table A13, I examine the extensive and intensive margins of women in the sample for the year 2006. The information available in wave 4 allows me to study both margins because the round includes questions about the number of hours the respondent devotes to working and the number of hours she dedicates to studying. If she reported that she attends school, I sum the number of hours. In this table, I also examine the willingness of the sampled women to accept positions as domestic workers and security guards that pay R900 and R1300, respectively.

is small: only 1.32%.it is chosen as the lower bound for the age at menarche in this study. The sampled women interviewed in the first wave who report reaching menarche before this age is small (0.85%).²⁴

Two additional requirements relate to health and sampling clusters. The health module was only asked in wave 4, to a total of 1,790 out of the 1,851 women who were surveyed in 2006 with in the chosen menarcheal age range. Finally, the sampling location limitation requires women living in the same sampling cluster with at least one other woman in it. The last criteria censors an additional 1.8% of the women sampled in wave 1.

The second sample of women is comprised of women who share a parent, report living in the same household, and have differing teenage pregnancy reports. Given the criteria, the sample of siblings is small, 418 women, and they come from bigger households than the composition in the full sample.

3.4 Summary Statistics

In Table 2, I provide summary statistics for the sampled woman in the full sample and in the women-with-sisters sub-sample. The average age in 2002 of the all of the women studied in this paper is 17.723. The sisters in the comparison data set are slightly younger, their average age is 17.902. As for racial composition, 46.1% of the individuals are coloured and 48.6% are black; whereas in the sibling sample, the percentages are 40.9 and 56.7, respectively. The education of the mothers of the women is lower in the sister sample, as they are on average, 0.3 years more educated than in the sister sample (8.271 vs. 8.773 years). In contrast, as can be seen in Table 2, because the sample of siblings belong to households where there are at least two young adults in 2002, the average household size is greater by 0.54 individuals (5.808 versus 6.348). Similarly, the number of full siblings is 2.312 in the full sample, but it

²⁴The percentage of women who fell outside the bound amounts to 2.17%.

is 2.685 in the sibling sample.

4 Empirical Methodology

Researchers have used several approaches to deal with the issue of selection into motherhood when estimating the casual effect of teenage pregnancy on educational attainment. The main goal of choosing a strategy is to minimize bias. In this section, I discuss the two methodologies utilized in this paper, and the potential threats to the validity of the identification strategies.

4.1 Correlation between Teenage Pregnancy and the Outcomes

The main relationship in this study, the structural relationship between teenage pregnancy and the chosen outcomes, is the presented in Equation 1:

$$Outcome_{it} = \beta_1 + \beta_2 Pregnant_{it} + \varepsilon_{it} \quad (1)$$

In this equation 1, $Outcome_{it}$ is the outcome of woman i observed in year t . The other variable, $Pregnant_{it}$ is an indicator variable that denotes whether woman i was pregnant in year t . In this equation, β_2 describes the relationship between the educational outputs and teenage pregnancy. I also control for a vector of age fixed effects to reflect the fact there are different probabilities of pregnancy occurring at different ages. ε_{it} is the error term.

Nevertheless, teenage pregnancy might be endogenous if teenage mothers come from backgrounds that are different from non-mother teenagers. In this case, Equation 1 might not account for the fact that there might be observed and unobserved confounding factors that affect teenage pregnancy and the chosen schooling, labor supply, and fertility outcomes. To illustrate this point, in Table A2 I provide the differences in a set of demographic characteristics between the women who report a teenage pregnancy and those who do not.

As shown in Table A2, women in the sample who report a teenage pregnancy are not significantly different in age in 2002 from non-teenage mothers. They are different in terms of race composition, however, as teenage mothers are 12 percentage points more likely to be black ($p < 0.01$) and 5.5 percentage points less likely to be coloured, although the difference in the latter coefficient is not significant. Teenage mothers are significantly shorter: 156.808 cm as opposed to 158.271 cm. Mothers of teenage mothers are 0.9 ($p < 0.01$) years less educated than those of non-teenage mothers. The average number of years is equal to 8.447 (3.191 sd) among non-teenage mothers vs. 7.559 (2.785 sd) for mothers of teenage mothers. Teenage mothers live in households that are 0.57 greater in size ($p < 0.01$) than teenagers who are not mothers and come from poor backgrounds, as evidenced by the difference in the natural log of the household income, which is equal to -0.307 ($p < 0.01$). Finally, the normalized grade of the Young Adult Evaluation is 0.25 points lower for teenage mothers ($p < 0.01$).

Additionally, the lower panel of Table A2 presents the age at first sex and the age of the first partner. Sampled women who report a teenage pregnancy report that their first partners are 0.581 years younger than the partners of teens who are mothers (19.923 vs 19.352, $p < 0.01$). Teenage mothers report that the age they first became active was 1.880 years earlier.

As a consequence of the differences established in Table 1, the coefficient of interest, β_2 , in Equation 1 will be biased. Hence, the estimation of the causal effects of teenage pregnancy requires the use of strategies that reduce the selection bias. I thus turn to an explanation of the instrumental-variable and sibling-differences approaches taken to address endogeneity.

4.2 Instrumental Variable Approach

I first examine the instrumental variable econometric specification, which exploits exogenous variations in teenage pregnancy to identify the causal effect. The identification is made

possible by considering factors that affect the likelihood of teenage pregnancy but are not directly linked to educational outcomes.²⁵

In the presence of heterogeneous treatment effects, the instrumental variable estimation coefficients identify the local average treatment effect (LATE), capturing the average effect for those induced to report a pregnancy in their teens by reaching menarche earlier. That is, the instrument captures the effects of teenage pregnancy through the compliers.²⁶

4.2.1 Panel Dataset

I estimate the following two-stage instrumental variable model:

$$\text{First Stage: } \text{Pregnant}_{icst} = \sigma_1 + \sigma_2 \text{Post Menarche}_{icst} + \beta_3 X_{icst} + \varsigma_t + \lambda_i + \epsilon_{icst} \quad (2)$$

$$\text{Second Stage: } \text{Outcome}_{icst} = \beta_1 + \beta_2 \widehat{\text{Pregnant}}_{icst} + \beta_3 X_{icst} + \varsigma_t + \lambda_i + \varepsilon_{icst} \quad (3)$$

In the first-stage equation, Pregnant_{icst} is an indicator variable that denotes whether the sampled woman i of cohort c from the sampling cluster s reported a pregnancy in year t . $\text{Post Menarche}_{icst}$ indicates whether individual i was fertile in that year. In this equation, ϑ_t , and λ_c denote time and individual fixed effects, respectively. The X_{icst} is a set of time varying controls such as the age in year t . Finally, ϵ_{itc} is the error term.

In the second-stage equation, Outcome_{itxc} is the educational, labor-supply, or fertility outcome estimated for the sampled woman i of cohort c from the sampling cluster s , who

²⁵The previous literature has used a variety of instruments to identify the causal effect, including miscarriages, the age at menarche, and abortion or family-planning policy changes (Ribar, 1999; Bitler and Zavodny, 2001; Ashcraft and Lang, 2006b; Fletcher and Wolfe, 2009; Azevedo et al., 2012, Ardington et al., 2014 and Almanza and Sahn, 2018).

²⁶The instrumental variable methodology has some important caveats. It is often difficult to find a strong instrument and that the resulting estimate can be imprecise. Duncan et al. (2018), for example, chose a sibling-and-cousin fixed-effects methodology for the impact of maternal age on child development in the United States. Using the same data, this paper also finds that the age at menarche is a weak instrument for maternal age at first birth. Additionally, the authors suggest that miscarriages (Hotz et al., 2005) and state abortion laws (Bitler and Zavodny, 2001) are stronger predictors of teenage pregnancy, but resulted in standard errors that were too large and unable to detect significant effects.

reported a pregnancy in year t . The coefficient of interest, β_2 , describes the relationship between the chosen outputs and teenage pregnancy. The controls and fixed effects are the same as in the first-stage equation. The error term is represented by ε_{icst} .

Hazard Estimation

To estimate the likelihood of dropping out, I utilize the same instrumental variable identification strategy in a hazard model which can be described in the following equation:

$$Drop\ Out_{icst} = \beta_1 Pregnant_{icst} + \beta_3 X_{icst} + \varsigma_t + \lambda_i + \epsilon_{icst} \quad (4)$$

In Equation 4, $Dropout_{icst}$ is coded as an indicator variable for whether individual i dropped out in that period. The reminder variables in Equation 4 are defined in the same way as in Equation 3. Also in this equation, h_o represents the baseline risk, defined as defined as $h_o(t) = pt^{p-1}$. The Weibull model estimates an expected survival time. Because I am interested in teenage pregnancy, I limit the data to women between the age of 10 and 20. Hence, women who drop out before the age of 10 are left censored and women who drop out at the age of 20 are right censored.

To address endogeneity in the context of the hazard function, I take a control-function approach in which the first stage is estimated linearly (Wooldridge, 2015). The variance-covariance matrix is also corrected to accurately estimate the standard errors. The first stage allows me to generate a predicted likelihood of teen pregnancy that is used to tease out the confounding factors of teenage pregnancy.

4.2.2 Collapsed Panel

In the Collapsed Panel sample, the two-stage instrumental variable is estimated as follows:

$$\text{First Stage: } Pregnant \leq 18_{ics} = \sigma_1 + \sigma_2 Fertile\ Years_{itc} + \sigma_3 X_i + \vartheta_s + \lambda_c + \epsilon_{ics} \quad (5)$$

$$\text{Second Stage: } Outcome_{ics} = \varphi_1 + \beta_2 \overbrace{Pregnant \leq 18_{ics}} + \beta_3 X_i + \vartheta_s + \lambda_c + v_{ics} \quad (6)$$

In Equation 5, $Fertile\ Years_{ics}$ is defined as a continuous measure of the number of fertile years between the age of menarche and the age of 17 for a sampled woman i of cohort c who lives in the sampling locations.²⁷ $Pregnant \leq 18_{ics}$ is equal to one if the same individual reported a pregnancy before the age of 18 and zero otherwise.

Additionally, X_i is the set of individual controls including height, literacy status of the mother of the teenage mother, language spoken at home, race, whether the woman was born outside the Western Cape, her self-reported religion, the normalized literacy exams, number of full siblings and household, and asset characteristics index.

Additionally, ϑ_s is the set of individual controls including height, literacy status of the mother of teenage mother, language spoken at home, race, whether the woman was born outside the Western Cape, her self-reported religion, the normalized literacy exams, number of full siblings and household, and asset characteristics index. The ϑ_s and λ_c are sampling location and cohort fixed effects. Finally, ϵ_{itc} is the error term.

In Equation 6, $Outcome_{ics}$ is the educational or labor outcome estimated. The coefficient of interest, β_2 , describes the relationship between the chosen outputs and teenage pregnancy. The controls and fixed effects are the same as in the first stage equation. The error term is represented by ε_{ics} .

The inclusion of the sampling location fixed effects (λ_c) accounts for the adverse events that may have occurred at the year of birth of the sampled women that will also be linked to both the age at menarche and the outcomes of interest. They are included in order to account for any geographical condition that may affect the age at menarche. Finally, I control for the women's adult height, which has been found to be linked to childhood nutrition as a proxy for childhood nutritional shocks.

²⁷Mathematically, I define this continuous variable as 17 minus the age at which she had her first menstruation.

The key identifying assumption in this methodology is that, within a given cohort year, location, the demographic and socioeconomic status controls, and the age at menarche are orthogonal to potential confounders. The impact of teenage pregnancy on the probability of lagging behind in schooling is identified from within-location and within-year-of-birth variation in the age at menarche.

I also generate an alternative specification for the instrumental variables. In order to allow for nonlinearities in the effect of menarche on teenage pregnancy, I change the instrument and specify it as an indicator for an early menarcheal age. The threshold for a late menarche is defined as girls who have reached menarche after the age of 15, which is a slightly more conservative definition than the one used by the medical literature (Lawn, Lawlor, and Fraser, 2017; Lawn et al., 2017; Kim and Je, 2019 and Lancaster and Hamburg, 1986). Around 25% of the women report late menarche in my sample.

4.2.3 First-stage Estimation

For the instrumental variable to be relevant, the approach requires a strong positive correlation between the fertility and the pregnancy variables to reflect the fact that an additional fertile year during teenage years increases the likelihood of a pregnancy.²⁸ In this section I therefore present the first-stage coefficients and a graphical representation of the relationship between the fertility and pregnancy indicator variables in the panel, the number of fertile teenage years, and the indicator for teenage pregnancy, in the collapsed panel.

In the first place, Table 2 includes the first-stage coefficients for the Instrumental Variable approach (σ_2 in Equation 2 and Equation 5). The panel data coefficients are shown first, in columns (1) and (2). In the first specification, I do not include sampling location, year fixed

²⁸In other words, the specification requires $Corr(Pregnant_{icst} ; Fertile_{icst}) \neq 0$ in Equation 2 and $Corr(Pregnant \leq 18_{ics} ; Fertile\ Years_i) \neq 0$ in Equation 5.

effects, or controls. The coefficient of interest, σ_2 , is equal to 0.023 (0.002 SE, $pp < 0.01$). With the inclusion of the fixed effects and controls, σ_2 takes the value of 0.024 (0.002 SE, $pp < 0.01$). The first-stage F-Statistics for these specifications are 200.6 and 171.6 respectively.

Second, in the next set of columns, (3)–(6), I present two specifications for the collapsed panel. Columns (3) and (4) describe Equation 5 when the instrument is the number of fertile teenage years. With out the controls, or fixed effects, σ_2 takes the value of 0.012 (0.006 SE, $p < 0.1$) but the instrument is weak, as the F-statistic is equal to 3.771. However, with the inclusion of both controls and sampling locations fixed effects, the coefficient is 0.032 (0.008 SE, $p < 0.01$). In other words, an additional fertile year during the teenage period increases the probability of reporting a pregnancy before the age of by 3.15 percentage points. The F-statistics in this specification is 17.61, which is above the critical threshold of 10.

An alternative specification for φ_2 in the collapsed panel is presented in columns (5) and (6), where teenage pregnancy is instrumented using an indicator variable for the onset of menarche before the age of 14. Consistent with the instrument estimated in column (3), the instrument is weak without the sampling fixed effects and controls. As shown in column (4), φ_2 is equal to 0.045 (0.018 SE, $p < 0.01$) and the F-statistic is 5.956. Nevertheless, once the fixed effects and the controls are included, reaching menarche before the age of 14 is associated with an increase in the likelihood of adolescent pregnancy of 8.1 percentage points (0.022 SE, $P < 0.01$) and the F-statistic is 13.43.²⁹

A graphical representation of the first stage equation is presented in Figure 5. The top panel describes correlation between the indicator variables of teenage pregnancy and fertility in the panel sample for girls aged 10-20. The bottom panel describes the relationship between the fertile years in the collapsed sample. As shown in Figure 5, the relationships in both samples are positive.

²⁹The standard errors in Columns (5) and (6) are greater in size than in the specification where the instrument is continuous.

In Tables A6 and A7 in the appendix, I present two variations of the identification strategy for the collapsed panel instrumental variable approach. First, in Table A6 I analyze whether changing the thresholds for teenage pregnancy between the ages of 16 and 21. Younger ages are associated with greater coefficients and stronger F-statistics. In Table A7, I present three variations in the construction of the instrument. Instead of utilizing 17 minus the age at puberty, I change the upper bound to 18, 19 and 20. The coefficients are similar in size and F-statistic is greater than 10.

The results across all specifications describe a positive relationship between the number of fertile teenage years and teenage pregnancy. Each additional fertile year during a woman's teenage years increases the likelihood that a sampled woman will report a teenage pregnancy. Table 4 clearly describe the positive sign described by the coefficients of interest in both samples.³⁰ In the next section, I turn to issues associated with the validity of the instrument.

4.2.4 Validity Issues

4.2.4.1 Validity of the Instrument

Since the identification strategy relies heavily on the correlation between age at menarche and likelihood of teenage pregnancy, I examine the instrument's validity. Importantly, for the instrument to successfully tease out endogeneity, the exclusion restriction requires that the relationship between teenage fertility and adult outcomes is fully mediated by changes in the likelihood of teen pregnancy.³¹ There are, however, two important concerns regarding the exclusion restriction of the age at menarche as an instrument for the likelihood of teen

³⁰The pattern is consistent with previous findings (for example, Ribar, 1994 and Klepinger et al., 1997).

³¹It is worth mentioning the monotonicity condition. Given the set-up of the study, girls who experience a late menarche, even when using the chosen conservative definition, are very unlikely to experience a pregnancy during their schooling years. The decrease is largely due to the biological impossibility of having a child without undergoing menarche. It is thus possible that the setting rules out the existence of potential defiers. The monotonicity property of the age at menarche as an instrument for teenage pregnancy is therefore satisfied, if we account for the health shocks.

pregnancy. The first relates to the exogeneity of the instrument, and the second concerns the social consequences of the onset of menarche.

Exogeneity of the Menarcheal Age

The medical debate over whether the age at menarche is an exogenous event is voluminous. There is a large body of evidence suggesting that long-run health is determined by shocks that happen in the prenatal and perinatal period (Almond, Chay, and Lee, 2005; Alderman, Hoddinott, and Kinsey, 2006 and Almond and Mazumder, 2011) and in early life (Akresh, Bhalotra, Leone, and Osili, 2012; Mahmud, Shah, and Becker, 2012 and Almond, 2006). The debate also has implications for whether early childhood nutrition determines the age at menarche. There is a strand of the literature that argues that a random genetic component explains the age at first menstruation (Mpora et al., 2014; Jahanfar, Lye, and Krishnarajah, 2013, Sørensen et al., 2013, Adair, 2001), which would suggest that the menarcheal age is quasi-random. In contrast, a group of authors have found that early childhood nutrition and socioeconomic status are linked to the timing of puberty among girls (Karapanou and Papadimitriou, 2010; Dahiya and Rathi, 2010; and Rah et al., 2009). In this case, childhood nutrition may affect long-run well-being through human capital development or through its impact of the timing of menarche.³²

To address the debate over the exogeneity of the age at menarche, I proceed to examine the question in two ways. My first approach is to examine an indicator of adult health that has been linked to prepubescent health status and nutrition: adult height (Martorell and Habicht, 1986; Fogel, 1993; Silventoinen, 2003). Since in 2006 the younger cohort sampled in the CAPS Data set was 18 years of age, this height variable is the best available proxy of

³²More recently, Khanna (2019)'s main corollary is that the age at menarche is a poor instrument for the age at marriage in India because it does not satisfy the exclusion restriction. Using data from the Young Lives panel, reaching menarche early (defined as before the age of twelve) decreases school enrollment by 13%. It has been argued that nutrition is linked to the timing of menarche among girls.

degree of stunting caused by poor nutrition or health issues in childhood. Figure 6 displays the relationship between age at menarche and adult height. As shown, the relationship is weakly positive but not statistically significant. Furthermore, following Field and Ambrus (2008), Sekhri and Debnath (2014) and Chari et al. (2017), I include the height of the sampled teenage women among the vectors of controls to account for any remaining within-sampling location variation in environmental conditions.

A further test of the exogeneity can be found in Table A3. In this table, I present some descriptive characteristics for girls who have reached menarche by the age of 14, and those who report reaching it later. As seen, most of the demographic characteristics remain balanced across groups. The race composition and the education of the mothers, however, are different among those who reached menarche in different age groups.³³

My second approach to the endogeneity question is to examine another threat to the exogeneity of the instrument, the fact that environmental factors, such as toxins that are specific to a location, may cause delays in menarche.³⁴ The CAPS data is mostly homogeneous: 80% of the population report having lived most of their lives in a formal or informal urban setting. Nevertheless, I control for sampling location fixed effects in the static model and test whether the sampling clusters faced different environmental factors. I also compare the poverty level per sampling location and the height in Figure 7. This relationship is not statistically significant.

Third, since menarche is an event that may have occurred a few years earlier, an additional feasible concern would be the possibility of recall bias. The age at menarche is established using a self-reported account of the year in which the sampled women reached menarche. In cases of misremembrance, the first-stage coefficients would not correctly estimate the

³³In Table A9 in the appendix, I present the estimates for the largest race group in my sample: black women. This group is driving the results.

³⁴This concern is particularly important because girls raised in urban environments have been found to display earlier menarcheal ages than those who grew up in rural environments.

likelihood of teenage pregnancy. Although unlikely, given the nature of the event in a girl's life, I examine this possibility in Figure 8 where there is a graphical representation of the distribution of the responses to menarcheal age in waves 1 and 3. As seen in the figure, there are no differences in the distribution. ³⁵

A final concern relates to how unexpected negative economic shocks can affect the age at menarche. Negative shocks that cause unexpected stress at young ages may induce menarche at an earlier age Karapanou and Papadimitriou (2010). I therefore examine whether the inclusion of stressors such as health emergencies and the death of one of the parents may tackle the source of bias. Wave 1 of the CAPS survey contains a list of questions regarding traumatic circumstances that may affect a sampled woman during her childhood; it also contains information on whether the death of one or both of the parents has occurred. ³⁶

Exclusion Restriction

The the onset of menarche could lead girls or their families to engage in actions that might affect the girls' schooling progression. If so, the exclusion restriction would be violated. The concern is particularly important in many low-income countries because the lack of knowledge of menstruation within families results in the exclusion of menstruating women and girls from daily routines or public spaces. If so, these girls face additional challenges associated with menstrual management and/or public shaming.

In order to test for the potential consequences of the onset of menarche, I undertake an event study analysis, as shown in Figure 9. The event is defined as the year in which the

³⁵To further test the possibility of recall bias, I compare the average menarcheal age for the women in my study sample (13.392 years old) with other similar countries in Africa. Sunder (2018) and (Prentice, Fulford, Jarjou, Goldberg, & Prentice, 2010) find that the average age at menarche for Ugandan and Gambian girls was 14.4 and 14.90 years, respectively. In Nigeria, (Adebara & Munir'deen, 2012) estimated that girls reached menarche at the age of 13.21 and in Mozambique Padez (2003), the average amounted to 13.2. The estimates are similar to the average in the current study sample, which further lessens the concerns of inaccurate reporting of the age at menarche in the CAPS data set.

³⁶As shown in Table A5, controlling for parental deaths and an index of childhood stressors yields results that are not different across the women in the sample.

sampled women reached menarche. The selected variables are the pregnancy, dropping out of school, the interaction between dropping out and pregnancy, and the interaction between dropping out and not being pregnant. The estimation includes five lags and five leads and controls for age, time, and year fixed effects.

By definition, teenage pregnancy is virtually zero before reaching menarche and there is an upward trend the year after its onset. The event study for dropout rates show that dropouts did not increase significantly until two years after the onset of menarche. At the same time, dropout does not react in the four periods prior to the onset of menarche. In the left bottom panel, the analysis of the interaction of teenage pregnancy and dropout indicates a similar pattern. Finally, the pattern of the interaction of dropping out and being pregnant increases after the onset of menarche, but the coefficients are not statistically different from zero for the first four lags.

4.2.4.2 Attrition

Collapsed Panel Dataset

As shown in Table A1, attrition rates are important in the CAPS dataset. In addition, the sample selection requires specific age at menarche groups, more than one sampled woman per sampling cluster, and the availability of adult height. It is thus important to consider whether the teenage pregnancy or menarcheal age are different between my sample and the individuals not considered in the paper. In order to test the possibility, I present, in Table A4, the coefficients of regression, where the left-hand side variable is an indicator variable equal to one if the woman was not included in the full sample and zero otherwise, and the right hand side is comprised of either indicator variable for the age at menarche or the indicator variable for pregnancy before the age of 18.³⁷

³⁷Migration between provinces was important in South Africa. The main stream of migrants moved

In columns (1) and (2), the main regressor is the age at menarche. In column (1) the estimation does not include controls and in column (2) the estimation includes indicator variables for race, cohort, religion, household size, the literacy level of the mother of the teenage mother, the teenage mother's place of birth, and the household size. Column (2) also includes sampling cluster fixed effects. The sample includes all women who have reported an age at menarche. Columns (1) and (2) provide evidence that attrition is not statistically associated with the age at menarche. Both coefficients are negative, close to zero and not statistically significant.

In columns (3) through (6), the regression includes an indicator variable for pregnancy before the age of 18. As with the age at menarche, I analyze the relationship between attrition and teenage pregnancy with and without controls and sampling cluster fixed effects. The sample in columns (3) and (4) is composed of all of the women surveyed in the first wave, whereas the regressions presented in columns (5) and (6) limit the sample to those who were already 18 years of age in the first wave (i.e., their teenage pregnancy status was already defined in 2002).

The teenage pregnancy coefficient in column (3) is equal to -0.088 (statistically significant at the one-percent level). However, when controls and fixed effects are added, the association between teenage pregnancy and attrition diminishes to 0.044 and is no longer statistically significant. Similarly, when the sample is restricted to women who were older than 18 in 2002,

between the Eastern Cape and municipalities in the Western Cape driven by labor demand. During the period of interest, urbanization rates were high and migration was mostly urban-to-urban, but homelands were also affected (Posel, 2004). Historically, migration was highly regulated by the government. In this context, mostly male migrants moved for labor reasons and migration was circular or temporary. Once the policies were lifted, although the expectation was that it would become permanent, temporary migration remained high.

Migrants from the East Cape to the West Cape were more likely to be male, young (25 to 29 years), and unmarried. They were generally from low income households unemployed or not economically active. The inflow of migrants to the cities brought additional housing, health, education and sanitation challenges to the local authorities. Jacobs and Du Plessis, 2016 estimated that, once these migrants arrived in Cape Town, 31.3% lived in informal dwellings in backyards or informal settlements.

the coefficients are smaller but are only significant when additional variables are included.

Even though there is no statistically significant relationship between teenage pregnancy and attrition with the inclusion of controls, I will include sampling-cluster fixed effects, as specified in the empirical approach section. I also present, in Table A12 in the appendix, an alternative specification that includes inverse probability weights. Additionally, given the concerns over the relationship between pregnancy and attrition, the current paper should be considered as the upper bound of the effects of teenage pregnancy on schooling and labor-force participation in South Africa.

Another important consideration in this study is the overall demographic characteristics of individuals who drop from the sample. The attrition rates differ significantly by race. The black population attrition rate is 20%. Marteleto et al. (2008) explain that this attrition level is due to return migration to the rural Eastern Cape province. The colored population attrition level is 10%. Finally, attrition is higher among older cohort groups, which is indicative of a positive association between age and attrition in the CAPS data.

Panel Dataset

As specified in the data section, the panel data set is constructed using the women included in the static analysis. However, because of the data structure and the rate of attrition, the panel is not balanced. The sample is missing 12.86% of the observations it would have included.

First, as seen in Table B1 in the appendix, the final wave of the CAPS data set does not ask any information regarding pregnancy in the year 2008, so I exclude that year from the sample. The fact affects the youngest cohort only. Additionally, the data on attrition is the largest in the last round of the data, so the schooling data for 2007 is limited. Only 77.8% of the sampled women provide data for that year. A further point that limits the balance of

the table is the lack of availability of information for a small number of years and sampled women. For example, the missing schooling data affects 1.11% of the year-women sample in 1999, 2% in 2000, and 0.4% in 2003.

4.3 Sibling differences Approach

The second empirical approach utilized in this study to reduce selection bias by comparing outcomes among family members. The key assumption is that there are factors that are shared by members of the same family but are unobservable to the researcher. The inclusion of sibling fixed effects thus allows me to control for common socioeconomic factors (such as genetics, school quality, and economic resources). I then test whether women who share the same background but have different pregnancy outcomes perform differently in their educational paths. If this variation is conditionally independent of unmeasured within-household differences, this would also affect the outcomes, and thus the estimate is unbiased.

4.3.1 Panel Data Estimation

Equation 7 describes the econometric specification for the panel dataset:

$$Outcome_{icht} = \varphi + \varphi_2 Pregnant_{icht} + \varphi_3 X_i + \psi_h + \varsigma_c + \varepsilon_t + v_{itjh} \quad (7)$$

In equation 7, $Outcome_{icht}$ represents the outcome of the sampled woman i of cohort c , who lives in household h and is observed in year t . Also, $Pregnant_{icht}$ indicates whether that same woman got pregnant in year t . X_i is a set of individual-level adult health controls including individual i 's height and normalized grade on the literacy exam.

Additionally, ψ_h is the sibling fixed effect, ς_j is the birth year fixed effect and ε_t are time fixed effects. Finally, v_i is the error term. In Equation 7, φ_2 represents the coefficient of

interest, which captures the effect of individual i reporting a pregnancy in year t .

4.3.2 Collapsed Panel Data Estimation

I turn next to the Collapsed Panel estimation in Equation 8:

$$Outcome_{ich} = \varphi_1 + \varphi_2 Pregnant \leq 18_{ijh} + \varphi_3 X_i + \psi_h + \varsigma_c + v_{ijh} \quad (8)$$

Where $Outcome_{ich}$ represents the outcome of interest of individual i , of cohort c and who belongs to household h . Also, $Pregnant \leq 18_{ijh}$ is an indicator variable for whether the same individual reported a pregnancy before the age of 18. X_i is a set of individual level adult health controls including the individual i 's height. Also, in Equation 8, ψ_h is the sibling fixed effect and ς_j is the birth year fixed effect. Finally, v_{ijh} is the error term. In this equation, φ_2 is the coefficient of interest and measures the effect of an early pregnancy for woman i .

Siblings may have been exposed to different geographical and environment characteristics. I thus control for the potential effects of the environment by including fixed effects for the respondent's region of birth and sampling clusters.

4.3.3 Validity Issues

4.3.3.1 Correlation between Sisters

A key undertaking in this methodological approach is that it controls for unobserved factors using sibling fixed effects. In sibling differences strategy the variation that identifies the effects of teenage pregnancy is derived from families in which at least one sister reported a teenage pregnancy and at least one did not. The variation should be independent (conditionally) of unmeasured sibling differences in order for the estimates to be unbiased.

An important concern, thus, is that sisters who grew up together but at different points

in time may have been exposed to different shocks that affect nutrition and stress levels differently. In such cases, I would expect significant gaps in sisters' menarcheal ages. To test whether sisters are similar, I look at intra-cluster correlation within the sister sample. The correlation coefficient for sisters in the sibling sample is 0.742 (0.035 se) which suggests that sisters have very similar menarcheal age. To investigate the possibility, I present the variation in the age at menarche by the respondent's birth order in the sample in Figure 10.

Instrumental Variable Approach in the Sibling Sample

The manner in which the sibling identification strategy deals with family is to control with fixed effects. Hence, what this strategy does not do is to control for individual characteristics, that is, characteristics not shared by sisters. However, since sisters resemble each other in their age at menarche, the variation is small. This fact, combined with the relatively small size of the 39-sister sample, renders instrumenting teenage pregnancy using the age at menarche among sisters not possible. The first stage is weak.

4.3.3.2 Sample composition

As seen in Table A2, the sample of siblings is composed by women with different characteristics. By construction, the women in the sister sample come from bigger households and have more full siblings. The two samples are also different in a number of key characteristics. In particular, women in the sisters sample are statistically significantly more likely to be coloured and less likely to be black, have less educated mothers, and more likely to not have been born in the Western Cape.

Given the differences in the composition of the sister sample, the estimation of the effects of teenage pregnancy will yield different results from those found by the instrumental variable approach. First, the sample of sisters is selected to include women from poorer and less

educated households. Hence, the selection may explain smaller effects.

Second, it is also worth noting that most of the non-teenage mothers in the sample were sharing a household at the time of the pregnancy or birth. Educational attainment might thus be hindered by the presence of the young child in the home. In this case, the analysis of the impact of pregnancy would find smaller effects than the one found on the full sample.

5 Educational Results

5.1 Instrumental Variable Approach

5.1.1 Schooling Progression

Table 3 reports the effects of teenage pregnancy on schooling progression. The top panel displays instrumental variable estimates for the effect of early pregnancy on the likelihood of failing a grade, the age-for-grade measure and the dropout risk; the bottom panel shows the reduced-form estimation.³⁸

In the first place, a reported teenage pregnancy increases the probability of grade failure by 55.7 (0.028 se) percentage points and of lagging behind their non-pregnant teens by 0.284 years (0.010 se). Both coefficients are statistically significant at the one-percent level. The dropout risk is equal to a 0.097% additional likelihood of grade failure.³⁹

The reduced-form estimation of the association between teenage fertility and the grade failure is equal to 55.7 (0.028 se). The age-for-grade measure is estimated to be 0.315 (0.009

³⁸In Table A8 in the appendix, I extend the sample until the age of 24.

³⁹Table A6 in the appendix contains the OLS results for the same variables. A teenage pregnancy, in this specification, is associated with an additional probability of grade failure by 25 percentage points. Next, the age for grade is 0.09. Both coefficients are significant at the one-percent level. Although small, the coefficient represents a 10% lag in the schooling progression of teenage mothers.

se). Finally, the dropout risk coefficient is equal to 0.423 (0.201 se). All coefficients are statistically significant at the one-percent level.

5.1.2 Schooling Attainment

In Table 3, I present the effects of reporting a pregnancy before the age of 18 on the school attainment of the sampled women using a static instrumental variables identification strategy. Teenage pregnancy decreases the number of years of completed schooling by 1.8 years ($p < 0.05$) in the instrumental-variable specifications. Teenage mothers are not less likely to sit for the matriculation exam but are not reporting that they continue to post-secondary school education, as the coefficients are 0.040 and -0.259, respectively. None of these coefficients is statistically significant.⁴⁰

The bottom panel of Table 3 presents the reduced form estimation coefficients. The estimates are equal to 0.057, 0.001, and -0.008 for the years of completed years of education, taking the matric exam, and the post secondary education variables respectively. However, only the first coefficient is statistically significant.

Across the paper, I have presented the estimates of women who report a pregnancy before the age of 18. However, the CAPS data set allows me to identify which pregnancy resulted in a birth. Hence, in Appendix Table A11 I present the estimation of the effects of teenage birth on the schooling attainment of the sampled women. The results are consistent with those found in Table 3.

⁴⁰Table A5 in the appendix contains the OLS results for the educational attainment variables. Teenage pregnancy decreases the number of years of completed schooling by 1.05, likelihood of sitting for the matriculation exam decreases the number by 0.233 percentage points, and postsecondary education decreases it by 4.3 points.

5.2 Sibling Comparison

5.2.1 Schooling Progression

The effects of self-reported teenage pregnancy between sisters are described in Table 4. The report of a teenage pregnancy increases the probability of grade failure by 12.8 percentage points in the OLS estimation and 13.2 percentage points in the siblings approach. Both coefficients are significant at the one-percent level ($p < 0.01$). Teenage pregnancy also increases the age-for-grade measure by approximately half a year in both specifications: 0.501 and 0.521 ($p < 0.01$), in the OLS and sister comparisons approaches, respectively. Next, among sisters in the panel, teenage pregnancy increases the likelihood of dropping out by 0.583 percentage points ($p < 0.01$). The effects decreases to 0.494 ($p < 0.01$) in the sisters approach.

5.2.2 Schooling Attainment

As shown in Table 4, teenage pregnancy decreases completed schooling by 0.78 years in the OLS model and 0.79 years in the instrumental-variable specification. Both coefficients are significant at the one-percent level. Additionally, teenage mothers are not less likely to sit for the matriculation exam but do not report that they continue to post secondary school education, as the coefficients are 0.211 and -0.100, respectively.

6 Labor Force Participation

I now present the effects of teenage pregnancy on the labor force participation of the full and the sister samples. The coefficients presented in Table 5 represent the extensive margin in the labor market at ages 19, 20, 21 and 22.⁴¹

⁴¹Table A13 in the appendix, shows the results for the intensive margins

First, columns (1) through (4) in Table 5 display the instrumental variable results as well as the reduced form in panels A and B, respectively. The instrumental variable coefficients, presented in panel B, are 0.192 at the age of 19, 0.338 at the age of 20, 0.229 at the age 21 and, finally, -0.114 at the age of 22. Nevertheless, none of the instrumental variable coefficients are statistically significant. Next, the reduced-form estimation coefficients are displayed in panel B. The coefficients found in columns (1) through (4) are small and not statistically significant.⁴²

The reduced-form coefficients (the relationship between teenage fertility and the outcomes of interest) is presented in panel B of Table 5. As shown, the coefficients are close to zero, have wide standard errors, and are not statistically significant. Similarly, the sibling comparisons estimation coefficients are presented in panel C. At the age of 19, teenage mothers are 3.4 percentage points more likely to be active. The likelihood of being active, compared to sisters who are not teen mothers, for 20, 21, and 22 year-olds is, on average, 0.6, 1, and 0.8 additional percentage points, respectively. None of the instrumental variable coefficients are statistically significant.⁴³

7 Mitigating factors

As previously discussed, the consequences of teenage pregnancy in South Africa might be different from other higher-income countries. The main reasons for the differential include higher youth unemployment rates, the existence of strong familial networks, and high levels

⁴²In Table A5 in the appendix, I present the coefficients for the OLS estimation. The estimates are positive: 0.115, 0.059, 0.048, and 0.078 for the ages of 19, 20, 21, and 22, respectively. Three coefficients are statistically significant, but the one for the age of 21 is not.

⁴³In Table A13 in the appendix, I present a measure of employment in 2006, for all women, as well as two measures of the intensive margin for that year: the hours worked and their earnings. The final columns include indicator variables for whether the sampled women would accept a domestic worker position or a security guard position. The findings do not suggest any statistically significant effects of teenage pregnancy on any of the outcomes.

of grade repetition. The uncertainty created by the lack of prospects in the labor market may distort the relative human capital costs of teenage motherhood. Similarly, the strength of familial networks can lead to changes in the cost of child care, while the increased grade repetition may lead to a reduction in the stigma of teenage pregnancy in schools. The first item affects every sampled woman in my sample equally, but the CAPS data set contains demographic information that allows me to consider the last two possibilities. I test for the possibility of a change in the individual opportunity cost in the static model.

I select the static model for the mitigation analysis because the information is collapsed at the woman level and it is mostly common to siblings. Econometrically, in order to undertake the analysis with the interactions, I take a two-step control function estimation approach in which the endogeneity is corrected by modelling the endogeneity in the error term (Wooldridge, 2015). I correct the variance-covariance matrix using bootstrapping techniques because the second-stage regression includes the first-stage generated regressors.

7.1 Familial Networks

The familial networks possibility is tested with an interaction of an indicator variable for whether the grandmother was alive during the sampled women's teen years with the pregnancy variable. The results for educational attainment are presented in Table 6. The effect of teenage pregnancy on the total completed years of education is estimated to be 2.138 fewer years (0.692 se, $p < 0.01$). The coefficient for the grandmother is 0.285 (0.157 se, $p < 0.1$). The interaction between the two variables renders a positive coefficient of 0.521 (0.316 se, $p < 0.1$).

The estimated effect of teenage pregnancy on the likelihood of sitting for the matriculation exam, presented in column (1), is similar in size to the coefficients presented in Table 3. The coefficients for teenage pregnancy and living grandmother are -0.059 (0.211 se) and 0.124 (0.057 se), respectively. However, only the second is statistically significant (at the five-

percent level). The interaction coefficient, although positive and equal to 0.017 (0.073 se), is not statistically significant. The coefficients for teenage pregnancy, living grandmother, and the interaction are -0.165 (0.142 se), 0.023 (0.028 se) and -0.015 (0.054 se), respectively.⁴⁴

7.2 Schools with High Levels of Grade Repetition

To examine whether there is any reduction in the stigma in an environment where grade repetition is high, I take advantage of the school data available in wave 1 of the CAPS data set for all of the young adults, men and women.⁴⁵ For each reported institution, I estimate the percentage of young adults who reported failing a grade in 2002. I then create an indicator variable that takes the value of one if the sampled woman attended a school with high grade-repetition rate and zero otherwise. The coefficients for these regressions are presented in Table 6.⁴⁶

In column (3), I present the impact of teenage pregnancy on the total completed years of education, including the interaction between teenage pregnancy and attendance at a school with a high rate of grade repetition. The coefficient for teenage pregnancy is 1.889 fewer years of completed education (0.095 se, $p < 0.05$). Attending a school with a high level of grade repetition leads to an increase of 0.143 (0.104 se) years of education. However, the interaction coefficient is positive 0.410 (0.225 se, $p < 0.1$).

The coefficients for the regression for when the left-hand side variable is an indicator variable for whether the individual sat for the matriculation exam are 0.123 (0.333 se) for teenage pregnancy and 0.110 (0.040 se, $p < 0.1$) for attendance at a school with high grade repetition. The interaction estimated coefficient is -0.006 (0.052). As seen in column (6), when the

⁴⁴The results for the presence of the grandfather can be found in found in Appendix Table A14. As shown, there are no statistically significant effects when the father is alive.

⁴⁵They reported the last institution they have attended.

⁴⁶The correlation between attending schools with high grade repetition and teenage pregnancy in the sample is -0.0415.

outcome variable is post secondary education, the coefficients for teenage pregnancy, living grandmother, and the interaction are all negative: 0.255 (0.216 se), 0.004 (0.029 se), and 0.016 (0.029 se), respectively. Neither coefficient is statistically significant.

8 Conclusion

Evidence of the causal effects of teen pregnancy is scarce in low-income countries, and particularly in sub-Saharan Africa. The paper provides empirical evidence by addressing whether early pregnancy causally affects the education and labor outcomes of young women in Cape Town, South Africa. Estimating the economic consequences of teen pregnancy is difficult because it requires disentangling the causal effects of the confounding selection into early motherhood. Using a rich data set of South Africa, I explore the issue using two identification strategies: instrumenting teenage pregnancy using teenage fertility and a sibling comparison.

My findings suggest that teen pregnancy decreases the pace at which girls progress in their schooling. In particular, I find that teenage mothers are more likely to fail a grade, lag behind in their education, and drop out of school. In the static model, my findings indicate that women who report a pregnancy are less educated and less likely to continue to post secondary education. The results are mostly consistent between identification strategies. Taken together, the results contribute to existing evidence that delayed pregnancy leads to beneficial outcomes for teenage girls in the short run.

Nevertheless, I find two factors that attenuate the negative effects of teenage pregnancy. First, the presence of the teen's mother during the teenage years attenuates the negative effects of early pregnancy on schooling. Second, attending a school with above-average failure rates also mitigates the lag in education effect. Estimating these specific attenuating characteristics is an important step towards designing policies can be successfully assist

women continue their education.

In South Africa, where a third of the women report a birth by the age of 19, the evidence presented in this paper suggests that the timing of the first birth is important for the educational outcomes of young women. This paper speaks to the debate on reproductive health policies in low-income countries (Herrera et al., 2019). My findings imply that postponing the age at first birth can have important consequences for women’s educational attainment and may delay entrance into the labor force or improve overall well-being (Ardington et al. (2014) and Urdinola and Ospino, 2015). The mitigating factors found in this paper would also inform these policies. Additionally, policies that aim at assisting teenage mothers should focus on the factors that can alleviate the duties related to childcare and the stigma attached to it.⁴⁷

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⁴⁷In future research, I will study the overall fertility decisions of South African women. A secondary result, presented in Table A15 in the appendix, suggests that women who report a teenage pregnancy are not more likely to have more children and are more likely to report a smaller subsequent fertility. These results hint at a degree of substitution between teenage fertility and subsequent fertility that should be explored in more detail

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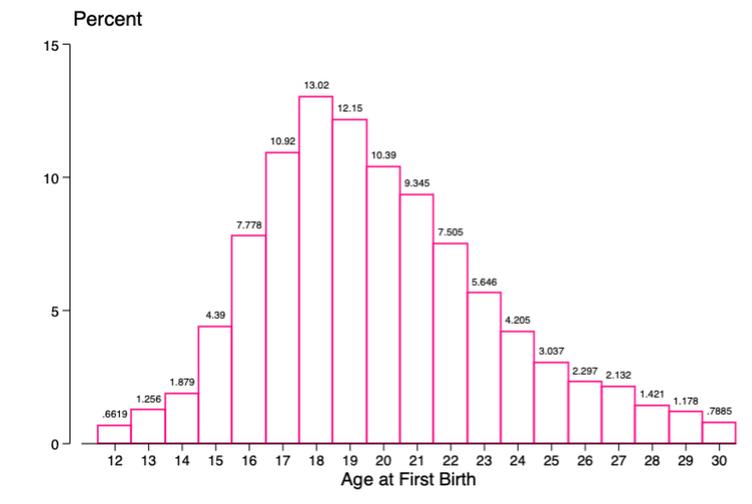
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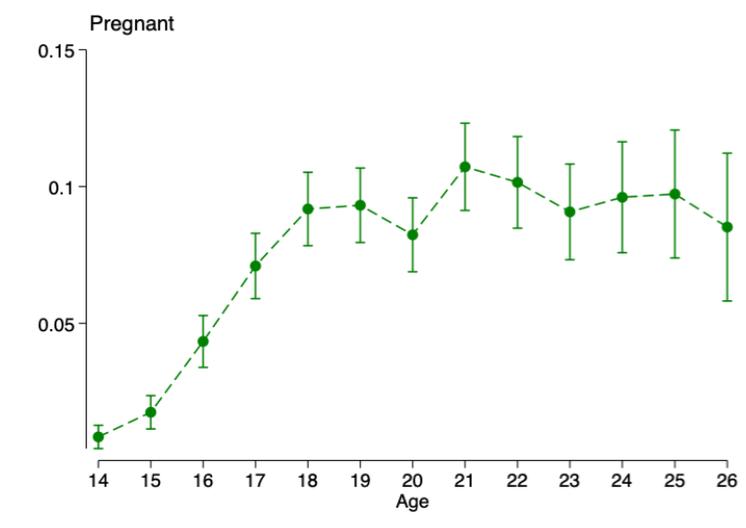
A Graphs and Tables

Figure 1: Age at First Birth - Adult South African Women



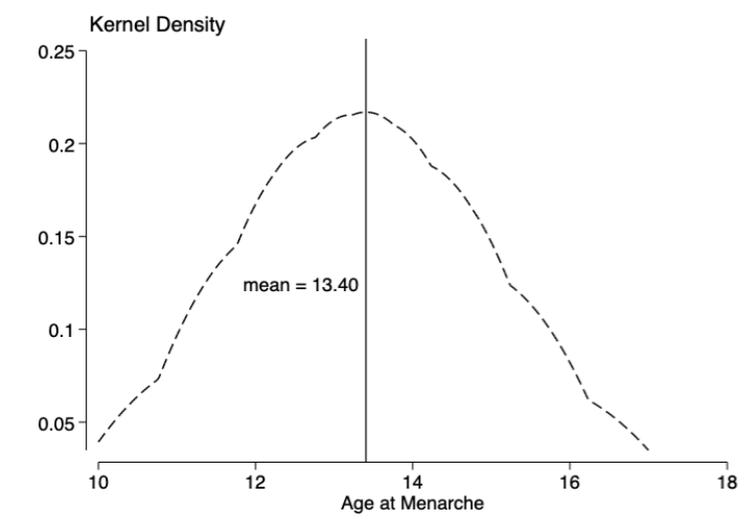
Observations=102,073. Source: Demographic Health Survey, 1998.

Figure 2: Percentage of Reported Pregnancies by Age



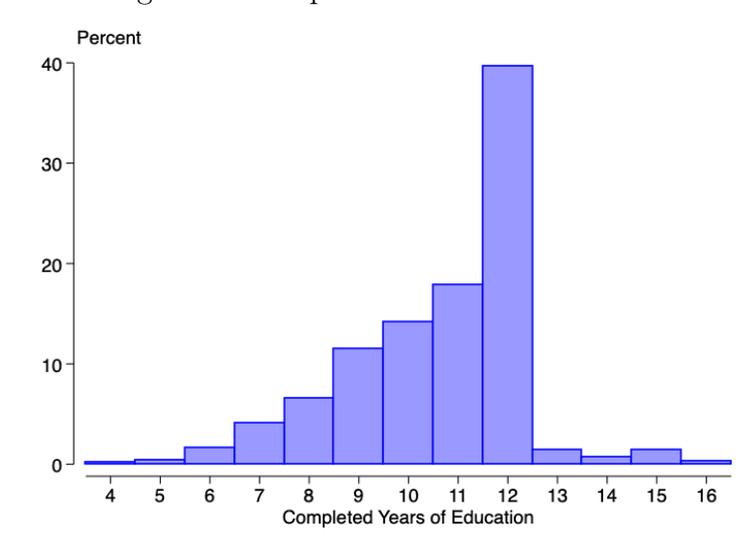
Observations=1,741. Source: waves 1-5 of the CAPS data set. The sample includes women who reached menarche between the ages of 10 and 17 with complete information on all the outcomes and the control variables.

Figure 3: Age at Menarche.



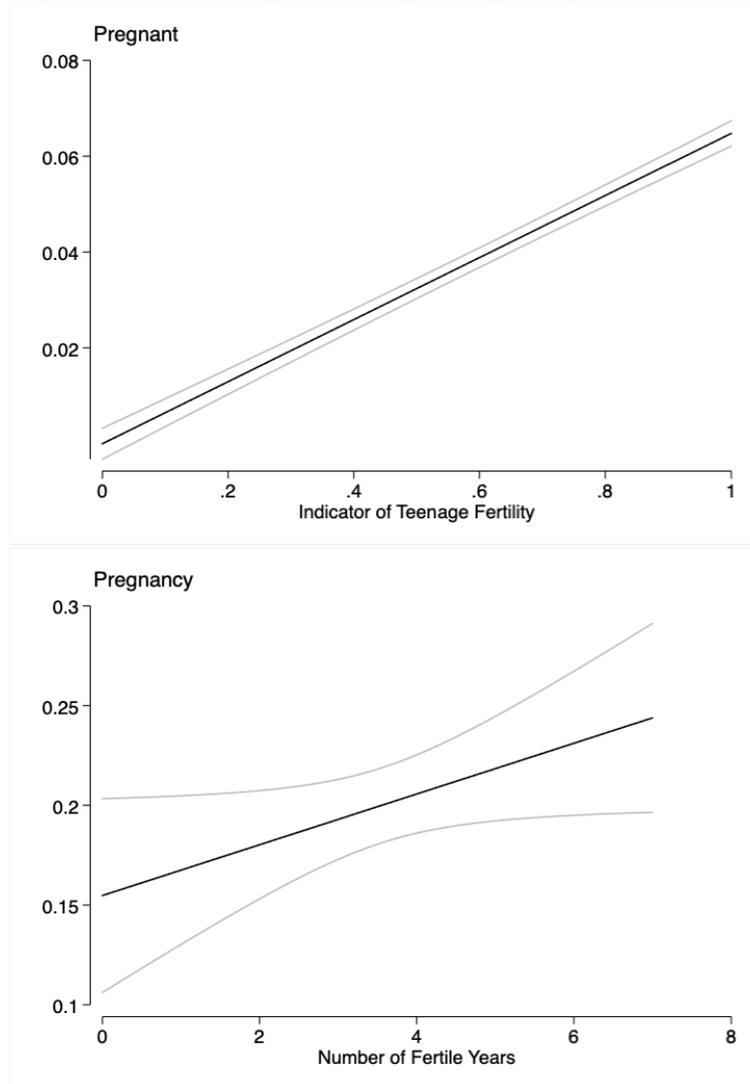
Observations=1,741. Source: waves 1 and 3 of the CAPS dataset. The sample includes women who reached menarche between the ages of 10 and 17.

Figure 4: Completed Years of Education



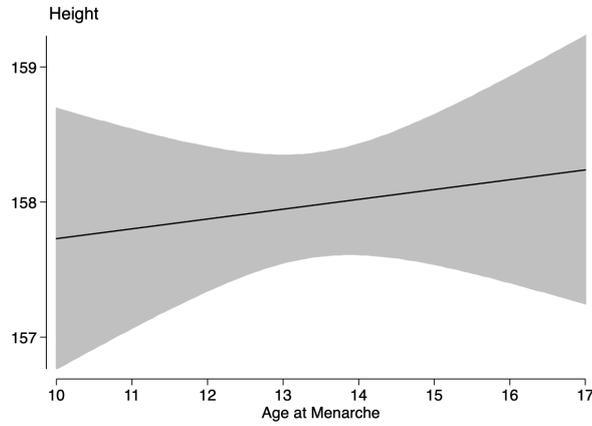
Source: waves 1-5 of the CAPS data set. The sample includes women who reached menarche between the ages of 10 and 17 with complete information on all the outcomes and the control variables.

Figure 5: First Stage: Teenage Pregnancy and Fertility



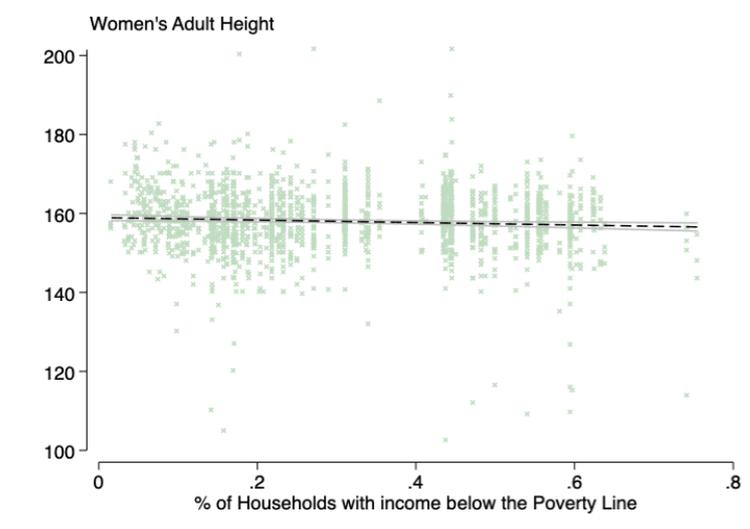
Panel A: Relationship between an indicator for teenage fertility and pregnancy in the panel dataset. **Panel B:** Relationship between the number of Fertile years and Teenage Pregnancy. Source: CAPS waves 1-5. The sample includes women who reached menarche between the ages of 10 and 17.

Figure 6: Adult Height and Age at Menarche



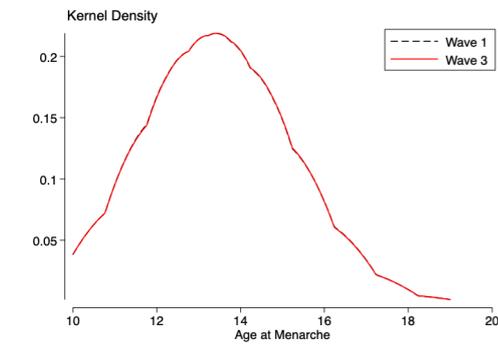
Source: CAPS wave 4. The sample includes women who reached menarche between the ages of 10 and 17 with complete outcomes and health variables.

Figure 7: Height by Percentage of the District's Population below the poverty line



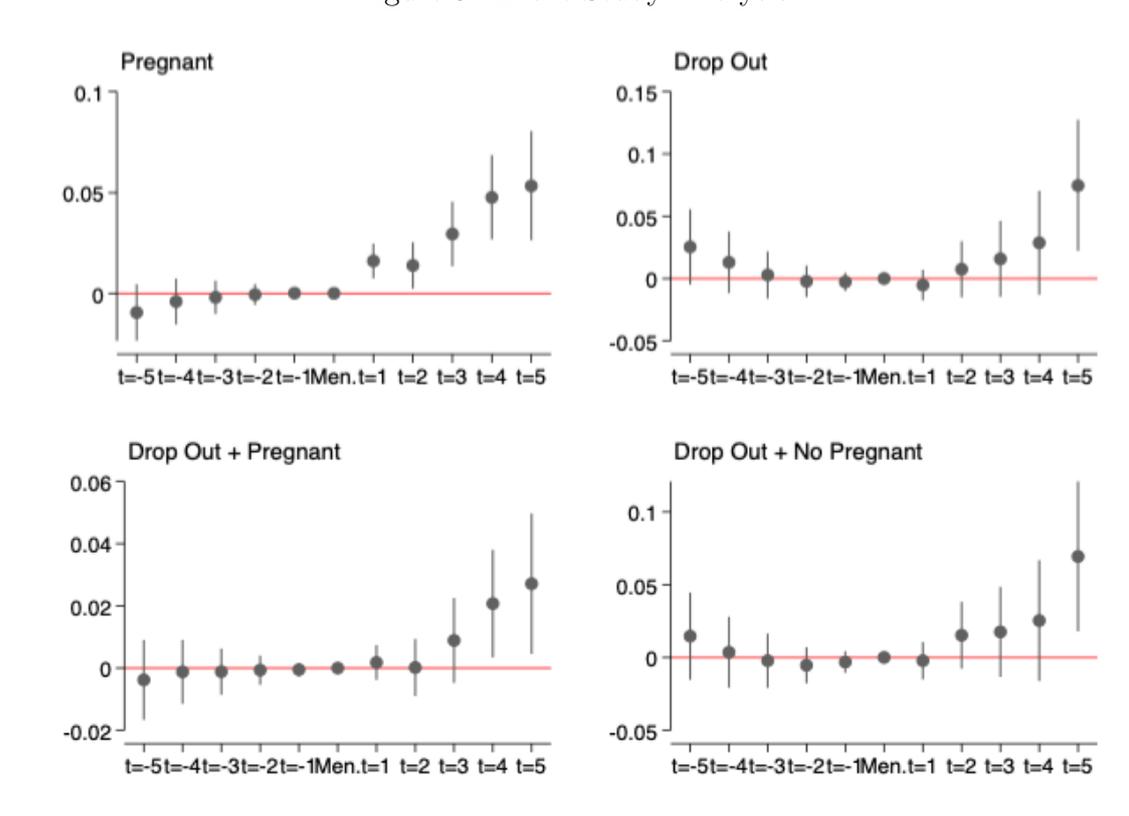
Observations=1,741. Source: CAPS waves 1 and 4. The sample includes women who reached menarche between the ages of 10 and 17 with complete outcomes and health

Figure 8: Age at menarche questions - CAPS Dataset



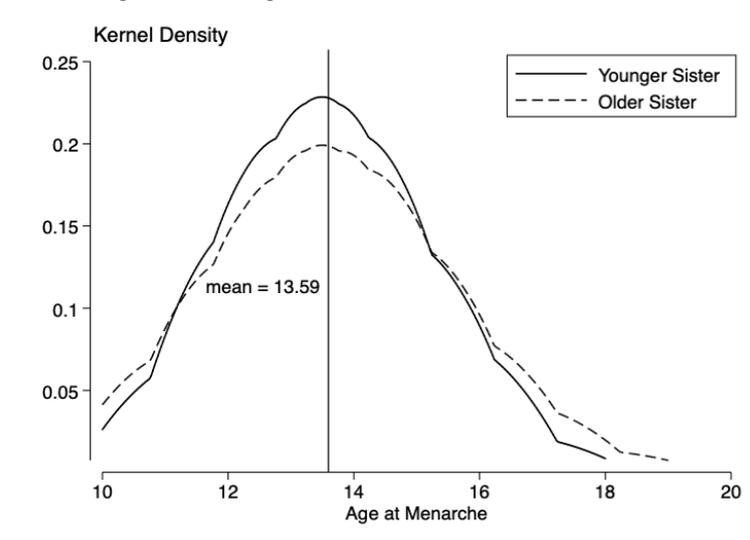
Observations= 2455. Source: waves 1 and 3 of the CAPS data set. The sample includes women who reached menarche between the ages of 10 and 17 and with non-missing outcomes and health outcomes. Epanechnikov, bandwidth = 1

Figure 9: Event Study Analysis



Observations=15,170. Source: waves 1-5 of the CAPS data set.

Figure 10: Age at menarche between sisters



Observations=418 Source: waves 1-5 of the CAPS data set. The sample includes sisters.
Epanechnikov, bandwidth = 1

Table 1: Summary Statistics - by Sample

	Full Sample (1)	Sibling Sample (2)	Difference (3)
Demographic Characteristics			
Age in 2002	17.723 (2.445)	17.902 (2.556)	0.179
% Coloured	0.461 (0.499)	0.409 (0.492)	-0.052*
% Black	0.486 (0.500)	0.565 (0.496)	0.070***
Asset index	-0.145 (1.981)	-0.560 (2.012)	-0.415***
Adult Height - cm	157.979 (8.131)	158.355 (8.014)	0.376
Mother's Education	8.276 (3.136)	7.973 (2.906)	-0.303*
Not Born in WC	0.283 (0.451)	0.378 (0.485)	0.095***
# Full Siblings	2.317 (1.756)	2.557 (1.829)	0.240**
Sexual Activity			
Age 1st Partner	19.779 (3.209)	19.656 (3.347)	-0.123
Age 1st Active	17.392 (2.289)	17.016 (2.036)	-0.376***
Observations	1,741	418	

Notes: “Adult Height” is measured in 2006. “% Coloured” and “% Black” report the percentage of the population who identify with that race (the third category is white). “Asset index” is pca index of the assets of women’s household. “Adult Height - cm” is the women’s height measured in centimeters. “Mother’s Education” describe the total number of years completed by mother and “Not Born in WC” is an indicator variable for individuals born outside the Western Cape. “# Full Siblings” refers to the number of siblings. Finally, “Age of 1st. Partner” and “Age 1st Active” describe the ages of the first sexual partner and the age in which women in the sample became active respectively. The Diff column is the difference in means of Columns (1) and (2), where a T-test where the hypothesis is that the coefficient is equal to zero. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table 2: First Stage Estimation

	Panel Analysis		Collapsed Panel			
	Pregnant _{it}		Pregnancy $\leq 18_i$			
	(1)	(2)	(3)	(4)	(5)	(6)
Fertile _t	0.023*** (0.002)	0.024*** (0.002)				
Fertile years _i			0.016*** (0.006)	0.032*** (0.008)		
Menarche $\leq 14_i$					0.054*** (0.018)	0.090*** (0.022)
Observations	15,170	15,170	1,741	1,741	1,741	1,741
R-squared	0.009	0.010	0.004	0.011	0.005	0.011
First-stage F	202	171.2	6.914	17.61	8.935	17.09
Sampling Location FE	No	Yes	No	Yes	No	Yes
Controls	No	Yes	No	Yes	No	Yes
Time FE	No	Yes				

Notes: “Pregnant_{icst}” is defined 1 for individual i of cohort c , who lives in sampling cluster s and observed in year t if she got pregnant and zero; if she did not get pregnant during that year. In the same Data set, “Fertile_t” is a dichotomous variable equal to zero if the sample individual had not reached menarche in year t and equal to one if she had in that same year. “Pregnancy ≤ 18 ” in the collapsed panel Data-set is defined one for those who got pregnant before 18 and zero for those who did not. Also, the “Number of Fertile Years” indicates the number of years passed since menarche until 17. Controls include the race, an asset index, height, number of siblings, the log of the household level and indicator variables for religion, language spoken by her family, place of birth and residence. Cohort and sampling-location fixed effects are included. In the panel data set, Pregnant in year t is an indicator variable for whether the individual got pregnant in year t and Fertile is an indicator variable of whether a woman was fertile in a specific year. In both data sets, standard errors in parentheses, clustered at the sampling location level.*** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table 3: Estimation of the Effects of Teenage Pregnancy - Schooling Progression

	Panel			Collapsed Panel		
	Failed grade (1)	Age for Grade (2)	Hazard Drop Out (3)	Years of Education (4)	Took Matric Exam (5)	Post Secondary Schooling (6)
Panel A: IV Estimation						
Pregnant _{icst}	0.557*** (0.028)	0.284*** (0.010)	0.097*** (0.009)			
Pregnancy ≤ 18 _i				-1.820** (0.922)	0.044 (0.289)	-0.259 (0.199)
Observations	15,170	15,170	14,354	1,741	1,741	1,741
R-squared	0.010	0.023		0.172	0.208	0.019
First stage-F-stat	171.2	171.2	171.2	17.61	17.61	17.61
Panel B: Reduced Form Estimation						
Post Menarche _{ites}	0.617*** (0.033)	0.315*** (0.009)	0.423* (0.201)			
Fertile Years _i				-0.057* (0.030)	0.001 (0.009)	-0.008 (0.006)
Observations	15,170	15,170	14,354	1,741	1,741	1,741
R-squared	0.010	0.023		0.462	0.457	0.405
Mean dependent var.	0.113	1.091	0.359	11.05	0.436	0.146

Notes: "Pregnant_{icst}" is equal to 1 for individual i of cohort c , who lives in sampling cluster s and reported a pregnancy in year t and 0 otherwise. Similarly, "Pregnant ≤ 18_i" takes the value of 1 if women i reported a pregnancy before the age of 18 and 0 otherwise. Columns (1) - (6) contain the IV and reduced estimates of the effects on the likelihood of failing a grade in year t and the degree to which a sampled women lagged behind her secondary education in that same year. In panel A, endogeneity is accounted for using a linear first stage of the effects of teenage fertility on pregnancy. The First Stage statistic comes from the a first stage regression where pregnancy is instrumented using either a post menarche indicator or the number of fertile years. In the the static analysis, controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. Standard errors in parentheses, clustered at the smallest sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table 4: Sibling Differences Estimation of the Effects of Teenage Pregnancy

	Panel			Collapsed Panel		
	Failed grade (1)	Age for Grade (2)	Hazard Drop Out (3)	Years of Education (4)	Took Matric Exam (5)	Post Secondary Schooling (6)
Panel A: OLS Estimation						
Pregnant _{<i>icst</i>}	0.128*** (0.043)	0.501*** (0.122)	0.583*** (0.091)			
Pregnancy ≤ 18 _{<i>i</i>}				-0.707*** (0.194)	-0.155*** (0.042)	-0.057*** (0.024)
Observations	3,521	3,521	4,535	418	418	418
R-squared	0.123	0.617		0.172	0.208	0.019
Panel B: Sibling Differences						
Pregnant _{<i>icst</i>}	0.132*** (0.037)	0.521*** (0.080)	0.494** (0.103)			
Pregnancy ≤ 18 _{<i>i</i>}				-0.774*** (0.170)	-0.159*** (0.040)	-0.051** (0.024)
Observations	3,521	3,521	4,535	418	418	418
R-squared	0.010	0.023		0.075	0.075	0.062
Mean dependent var.	0.101	1.002	0.143	10.52	0.360	0.102

Notes: “Pregnant_{*icst*}” is defined as 1 for individual *i* of cohort *c*, who lives in sampling cluster *s* and observed in year *t* if she got pregnant and zero; if she did not get pregnant during that year. Similarly, “Pregnant ≤ 18_{*i*}” takes the value of 1 if woman *i* reported a pregnancy before the age of 18 and 0 otherwise. Columns (1) and (2) contain the OLS and Sibling Differences estimates of the effects on the likelihood of failing a grade in year *t* and the degree to which a sampled woman lagged behind her secondary education in that same year. Column (3) contains the hazard rated for dropping out with and without the housed fixed effects. “Mean dependent var.” indicates the average of the outcome if Pregnancy in year *t* is equal to zero. Controls includes height, Standard errors in parentheses, clustered at the smallest sampling location level. *** p ≤ 0.01, ** p ≤ 0.05, * p ≤ 0.1

Table 5: Estimation of the Effects of Teenage Pregnancy - Labor Force Participation

	At age 19 (1)	At age 20 (2)	At age 21 (3)	At age 22 (4)
Panel A: IV Estimation				
Pregnancy $\leq 18_i$	0.192 (0.260)	0.338 (0.294)	0.229 (0.264)	-0.114 (0.266)
Observations	1,741	1,741	1,741	1,741
R-squared	0.215	-0.083	0.003	0.074
First Stage F-stat	17.61	17.61	17.61	17.61
Panel B: Reduced Form Estimation				
Fertile Years $_i$	0.006 (0.008)	0.011 (0.009)	0.007 (0.008)	-0.004 (0.009)
Observations	1,741	1,741	1,741	1,741
R-squared	0.235	0.036	0.068	0.077
Mean Dependent Var	0.458	0.704	0.764	0.686
Panel C: Sibling Differences				
Pregnancy $\leq 18_i$	0.034 (0.037)	0.006 (0.042)	0.010 (0.045)	0.008 (0.046)
Observations	418	418	418	418
R-squared	0.029	0.031	0.070	0.086
Mean Dependent Var	0.197	0.282	0.328	0.363

Notes: “Pregnancy ≤ 18 ” is defined one for those who got pregnant before 18 and zero for those who did not. Controls include the race, an asset index, height, number of siblings, the log of the household level and the indicator variables for religion, language spoken by her family, place of birth and residence. In each column, the outcome variable is an indicator variable of whether the sampled women reported being active at the age on the top; and zero otherwise. The “First Stage F-stat” comes from the a first stage regression where “Pregnancy ≤ 18 ” is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table 6: Sibling Differences Estimation of the Effects of Teenage Pregnancy

	Years of Education		Took Matric Exam		Post Secondary Schooling		Years of Education		Took Matric Exam		Post Secondary Schooling	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
Pregnancy \leq 18	-2.138*** (0.692)	-0.059 (0.211)	-0.165 (0.142)	-1.889** (0.955)	0.123 (0.333)	-0.255 (0.216)						
Grandmother	0.285* (0.157)	0.124** (0.057)	0.023 (0.028)									
Pregnancy \leq 18 x Grandmother	0.521* (0.316)	0.017 (0.073)	-0.015 (0.054)									
High Failure School				0.143 (0.104)	0.110*** (0.040)	-0.004 (0.029)						
Pregnancy \leq 18 x High Failure School				0.410* (0.225)	-0.006 (0.052)	-0.016 (0.029)						
Observations	1,741	1,741	1,741	1,741	1,741	1,741						
R-squared	0.169	0.175	0.058	0.184	0.177	0.057						
First Stage F-Statistic	17.67	17.67	17.67	16.76	16.76	16.76						
Mean Dependent Var	10.94	0.524	0.147	10.98	0.524	0.157						

Notes: Pregnancy \leq 18 is defined one for those who got pregnant before 18 and zero for those who did not. "Grandmother" is an indicator variable for whether the teenager's mother was alive in her teen years, and zero otherwise. "High Failure School" is equal to one if the individual took the Matric exam and "Years of Education" indicates the Years of education completed. "Took Matric" is an indicator variable of whether the individual took the Matric exam and "Post Secondary Education" is equal to one if the sampled woman kept studying after high school, and zero otherwise. The "First Stage F-stat" comes from the a first stage regression where "Pregnancy \leq 18" is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the Outcome if "Pregnancy \leq 18" is equal to zero. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** p \leq 0.01, ** p \leq 0.05, * p \leq 0.1

A Appendix Tables

Table A1: Samples of Women across waves

	2002 Wave 1 (1)	2003-2004 Wave 2 (2)	2005 Wave 3 (3)	2006 Wave 4 (4)	2009-2010 Wave 5 (5)
Panel A: All Women Interviewed Per Wave					
Observations	2,612	2,140	1,911	1,881	1,799
Percentage	100%	81.93%	73.16%	72.01%	68.87%
Panel B: Analytical Sample					
Observations	2,455	2,020	1,815	1,741	1,707
Percentage	100%	82.28%	73.93%	70.96%	69.53%

Source: CAPS Data waves 1-5

Notes: Panel A includes all sampled women interviewed in each wave of the CAPS data set. Panel B includes sampled women that were interviewed and also had reached menarche between the ages of 10 and 17 and lived in sampling clusters with at least one other sampled women.

Table A2: Summary Statistics by Self-reported Early Pregnancy

	No Early Pregnancy (1)	Pregnancy \leq 18 (2)	Difference (3)
Demographic Characteristics			
Age in 2002	17.689 (2.445)	17.865 (2.448)	0.176
% Coloured	0.438 (0.496)	0.555 (0.498)	0.117***
% Black	0.497 (0.500)	0.443 (0.497)	-0.055*
Adult Height	158.271 (7.987)	156.808 (8.597)	-1.463***
Mother's Education	8.447 (3.191)	7.559 (2.785)	-0.888***
# Full Siblings	2.286 (1.739)	2.416 (1.813)	0.162
Household Size	5.691 (2.528)	6.256 (2.755)	0.565***
Not Born in WC	0.288 (0.453)	0.264 (0.442)	-0.024
Sexual Activity			
Age 1st Partner	19.923 (3.128)	19.378 (3.395)	-0.546***
Age 1st Active	17.811 (2.326)	15.928 (1.374)	-1.883***
Observations	1394	348	

Notes: Pregnancy early is equal to 1 if the individual reported a pregnancy before the age of 17, and 0 otherwise. "Adult Height" is the height of the sampled women, measured in 2006. "Not Born in WC" is an indicator variable for individuals born outside the Western Cape, and "Mother's Education" is the total number of years completed by mother. "# Full Siblings" is number of siblings. Finally "Age of 1st. Partner" and "Age 1st Active" describe the ages of the first sexual partner and the age in which women in the sample became active respectively. The Diff column is the difference in means of Columns (1) and (2), where a T-test where the hypothesis is that the coefficient is equal to zero. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A3: Summary Statistics by Early vs Late Menarcheal Age

	Menarche Late (1) Menarche ≥ 14 (1)	Menarche Early (2) Menarche < 14 (2)	Diff. (3) Difference (3)
Coloured	0.298 (0.458)	0.61 (0.488)	0.312***
Black	0.667 (0.472)	0.321 (0.467)	-0.346***
Height - cm	158.01 (8.80)	157.96 (7.48)	-0.052
Married ever	0.175 (0.380)	0.178 (0.382)	0.003
Hh Size	5.808 (2.734)	5.799 (2.442)	-0.009
Married ever	0.175 (0.380)	0.178 (0.382)	0.003
Mother attended school	0.856 0.351 829	0.885 0.319 912	0.028*

Notes: Menarche Early is defined is equal to one if the sampled individual has reached menarche before the age of 14. “Adult Height” is measured in 2006. “Not Born in WC” is an indicator variable for individuals born outside the Western Cape, and “Mother’s Education” describe the total number of years completed by mother. “# Full Siblings” and “Household Size” refer to the number of siblings and household size, respectively. The label $\ln(\text{Hhold Inc.})$ estimates the natural log of the household income and “Literacy Exam” is the normalized grade of the Young Adult Literacy and Numeracy Evaluation. Finally “Age of 1st. Partner” and “Age 1st Active” describe the ages of the first sexual partner and the age in which women in the sample became active respectively. The Diff column is the difference in means of Columns (1) and (2), where a T-test where the hypothesis is that the coefficient is equal to zero.

*** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A4: Determinants of Attrition in the Sibling Sample

	Age at Puberty		Teenage pregnancy		Teenage Pregnancy - Age > 18 in 2002	
	(1)	(2)	(3)	(4)	(5)	(6)
Age at Menarche	-0.000 (0.006)	-0.009 (0.007)				
Pregnancy \leq 18			-0.088*** (0.023)	-0.044 (0.022)	-0.078** (0.032)	-0.011 (0.033)
Race - Black		-0.345*** (0.042)		-0.338*** (0.042)		-0.418*** (0.054)
Race - Coloured		-0.324*** (0.039)		-0.318*** (0.039)		-0.369*** (0.048)
Literate Mother		-0.109*** (0.030)		-0.104*** (0.030)		-0.122*** (0.036)
Not Migrant		0.146*** (0.026)		0.142*** (0.026)		0.184*** (0.038)
HH size		-0.012*** (0.004)		-0.011*** (0.004)		-0.012** (0.005)
Muslim		0.018 (0.030)		0.021 (0.030)		0.000 (0.042)
Cohort - 1987		-0.013 (0.034)		-0.046 (0.036)		
Cohort - 1986		0.030 (0.036)		-0.018 (0.038)		
Cohort - 1985		0.025 (0.035)		-0.026 (0.036)		
Cohort - 1984		0.078** (0.038)		0.027 (0.038)		
Cohort - 1983		0.115*** (0.040)		0.069 (0.042)		0.039 (0.036)
Cohort - 1982		0.179*** (0.041)		0.129*** (0.042)		0.101*** (0.038)
Cohort - 1981		0.151*** (0.041)		0.099** (0.040)		0.072** (0.035)
Cohort - 1980		0.149*** (0.042)		0.098** (0.043)		0.069* (0.039)
Observations	2,577	2,572	2,612	2,607	1,435	1,432
R-squared	0.000	0.118	0.005	0.112	0.004	0.122

Notes: The sample in columns (1) and (2) includes women who were interviewed in 2002. Columns (3) and (4) include all the women in 2002 and columns (5) and (6) women were at least 18 years of age in 2002. "Age at Menarche" is the menarcheal age and "Pregnancy \leq 18" is equal to 1 if women reported a pregnancy by the age of 18 and zero otherwise. *** p<0.01 ** p<0.05 * p<0.1

Table A5: OLS Estimation of the Effects of Teenage Pregnancy

Panel A: School Progression				
	Failed grade (1)	Age for Grade (2)	Hazard Drop Out (3)	
Pregnant _{icst}	0.242*** (0.031)	0.687*** (0.051)	0.017*** (0.001)	
Observations	1,741	1,741	1,741	
R-squared	0.160	0.178		
Panel B: Schooling Attainment				
	Years of Education (1)	Took Matric Exam (2)	Post Secondary Schooling (3)	
Pregnancy \leq 18	-1.034*** (0.115)	-0.233*** (0.026)	-0.043*** (0.014)	
Observations	15,170	15,170	14,354	
R-squared	0.462	0.457	0.405	
Panel C: Labor Force Participation				
	age 19 (1)	age 20 (2)	age 21 (3)	age 22 (4)
Pregnancy \leq 18	0.115*** (0.030)	0.059* (0.033)	0.048 (0.033)	0.078*** (0.029)
Observations	1,741	1,741	1,741	1,741
R-squared	0.071	0.037	0.061	0.083

Notes: Birth \leq 18 is defined one for those who gave before 18 and zero for those who did not. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. “Pregnant_{icst}” is defined as 1 for individual i of cohort c , who lives in sampling cluster s and observed in year t if she got pregnant and zero; if she did not get pregnant during that year. “Years of Education” indicates the Years of education completed. “took Matric” is an indicator variable of whether the individual took the Matric exam and “Post Secondary Education” is equal to one if the sampled woman kept studying after high school, and zero otherwise. Active at each specific age is an indicator variable for whether the sampled women reported being in the labor force at that age.

Table A6: First stage - Different Thresholds for Early Pregnancy

	Pregnancy \leq 16 (1)	Pregnancy \leq 17 (2)	Pregnancy \leq 18 (3)
Fertile Years	0.023*** (0.005)	0.031*** (0.006)	0.032*** (0.008)
Observations	1,741	1,741	1,741
R-squared	0.014	0.016	0.009
First stage F	20.67	25.53	17.61

Notes: “Pregnancy \leq 16”, “Pregnancy \leq 17” and “Pregnancy \leq 18” are defined one for those who got pregnant before the indicated age and zero for those who did not. Also, the “Number of Fertile Years” indicates the number of years passed since menarche until 17. Controls include the race, an asset index, height, number of siblings, the log of the household level and indicator variables for religion, language spoken by her family, place of birth and residence. Cohort and sampling-location fixed effects are included. In the panel data set, Pregnant in year t is an indicator variable for whether the individual got pregnant in year t and Fertile is an indicator variable of whether a woman was fertile in a specific year. In both data sets, standard errors in parentheses, clustered at the sampling location level.*** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A7: First stage - First stage with different top values in the instrument

	Pregnancy \leq 18					
	(1)	(2)	(3)	(4)	(5)	(6)
Fertile Years ₁₈	0.016** (0.006)	0.031*** (0.008)				
Fertile Years ₁₉			0.016** (0.006)	0.031*** (0.008)		
Fertile Years ₂₀					0.016** (0.006)	0.031*** (0.008)
Observations	1,741	1,741	1,741	1,741	1,741	1,741
R-squared	0.003	0.011	0.003	0.011	0.003	0.011
First stage F	6.626	17.57	6.626	17.57	6.626	17.57

Notes: “Pregnancy \leq 18” is defined one for those who got pregnant before 18 and zero for those who did not. Also, the “Fertile Years” indicates the number of years passed since menarche until 18, 19 and 20 in each Row. Controls include the race, an asset index, height, number of siblings, the log of the household level and indicator variables for religion, language spoken by her family, place of birth and residence. Cohort and sampling-location fixed effects are included. In the panel data set, Pregnant in year t is an indicator variable for whether the individual got pregnant in year t and Fertile is an indicator variable of whether a woman was fertile in a specific year. In both data sets, standard errors in parentheses, clustered at the sampling location level.*** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A8: Schooling Progression - Until the age of 24

	Failed grade (1)	Age for Grade (2)	Hazard Drop Out (3)
Panel A: IV Estimation			
Pregnant _{icst}	0.036 (0.092)	0.317*** (0.012)	0.095*** (0.007)
Observations	15579	15579	15474
Panel B: Reduced Form Estimation			
Post Menarche _{itcs}	0.111*** (0.033)	0.315*** (0.009)	0.423* (0.201)
Observations	15,646	15579	15474
Mean Dependent Var	0.113	1.091	0.359

Notes: “Pregnant_{icst}” is defined as 1 for individual i of cohort c , who lives in sampling cluster s and observed in year t if she got pregnant and zero; if she did not get pregnant during that year. Columns (1) and (2) contain the OLS and IV estimates of the effects on the likelihood of failing a grade in year t and the degree to which a sampled women lagged behind her secondary education in that same year. Column (3) contains the hazard rated for dropping out. In Panel A Column (3), the coefficient is calculated with out considering endogeneity. In panel B, endogeneity is accounted for using a linear first stage of the effects of teenage fertility on pregnancy. The First Stage statistic comes from the a first stage regression where “Pregnant_{icst}” is instrumented with an indicator variable of whether the teenager was fertile in year t . The Mean Dependent Var indicates the average of the outcome if Pregnancy in year t is equal to zero. Controls includes height, Standard errors in parentheses, clustered at the smallest sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A9: Estimation of the Effects of Teenage Pregnancy - Schooling Attainment
Black Women

	Years of Education (1)	Took Matric Exam (2)	Post Secondary Schooling (3)
Panel A: OLS Estimation			
Pregnancy $\leq 18_i$	-2.261* (1.170)	-0.171 (0.371)	-0.107 (0.253)
Observations	841	841	841
R-squared	0.080	0.177	0.048
First Stage F-stat	14.71	14.71	14.71
Panel B: Reduced Form Estimation			
Fertile Years $_i$	-0.083* (0.045)	-0.006 (0.014)	-0.004 (0.010)
Observations	846	846	846
R-squared	0.117	0.156	0.057
Mean Dependent Var	10.82	0.466	0.118

Notes: Pregnancy ≤ 18 is defined one for those who got pregnant before 18 and zero for those who did not. Controls include height and cohort fixed effects. “Years of Education” indicates the Years of education completed. “Took Matric” is an indicator variable of whether the individual sat for Matric exam and “Post Secondary Education” is equal to one if the sampled woman kept studying after high school, and zero otherwise. The Mean Dependent Var indicates the average of the Outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A10: Inverse Probability Weights Estimation

Panel A: School Attainment				
	Years Education (1)	Took Matric (2)	Post Secondary Educ. (3)	
Pregnancy $\leq 18_i$	-1.275** (0.629)	-0.096 (0.168)	-0.122 (0.106)	
Observations	1,735	1,735	1,735	
Mean Dependent Var	10.94	0.524	0.147	
First Stage F-stat	22.85	22.85	22.85	
Panel B: Labor force participation				
	At age 19 (1)	At age 20 (2)	At age 21 (3)	At age 22
Pregnancy $\leq 18_i$	0.176 (0.188)	0.314* (0.173)	0.042 (0.175)	0.074 (0.169)
Observations	1,735	1,735	1,735	1,735
First Stage F-stat	22.85	22.85	22.85	22.85
Mean Dependent Var	0.566	0.461	0.421	0.394

Notes: Pregnancy ≤ 18 is defined one for those who got pregnant before 18 and zero for those who did not. Controls include height and cohort fixed effects. “Years of Education” indicates the Years of education completed. “Took Matric” is an indicator variable of whether the individual sat for Matric exam and “Post Secondary Education” is equal to one if the sampled woman kept studying after high school, and zero otherwise. The Mean Dependent Var indicates the average of the Outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A11: IV Estimation of the Effects of Teenage Birth - Schooling Attainment

	Years of Education (1)	Took Matric Exam (2)	Post Secondary Schooling (3)
Panel A: OLS Estimation			
Birth $\leq 18_i$	-1.087*** (0.117)	-0.224*** (0.027)	-0.041*** (0.014)
Observations	1,741	1,741	1,741
R-squared	0.167	0.166	0.055
Panel B: IV Estimation			
Birth ≤ 18	-2.380** (1.196)	0.056 (0.378)	-0.337 (0.267)
Observations	1,741	1,741	1,741
R-squared	0.082	0.117	-0.092
First Stage F-stat	10.64	10.64	10.64
Mean Dependent Var	10.94	0.524	0.147

Notes: Birth ≤ 18 is defined one for those who gave before 18 and zero for those who did not. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. “Years of Education” indicates the Years of education completed. “Took Matric” is an indicator variable of whether the individual sat for Matric exam and “Post Secondary Education” is equal to one if the sampled woman kept studying after high school, and zero otherwise. The “First Stage F-stat” comes from the a first stage regression where “Pregnancy ≤ 18 ” is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the Outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A12: Estimation of the Effects of Teenage Pregnancy - Schooling Attainment
Inverse probability Weights

	Years of Education (1)	Took Matric Exam (2)	Post Secondary Schooling (3)
Panel A: IV Estimation			
Pregnancy $\leq 18_i$	-1.275** (0.629)	-0.096 (0.168)	-0.122 (0.106)
Observations	1,735	1,735	1,735
R-squared	0.162	0.169	0.048
First Stage F-stat	22.85	22.85	22.85
Panel B: Reduced Form Estimation			
Fertile Years $_i$	-0.075* (0.041)	-0.006 (0.011)	-0.007 (0.007)
Observations	1,735	1,735	1,735
R-squared	0.429	0.395	0.396
Comparison Mean Var	10.98	0.524	0.157

Notes: Pregnancy ≤ 18 is defined one for those who got pregnant before 18 and zero for those who did not. The Number of Children born $>$ the age 19 is equal to the number of pregnancies each women reported between the age of 19 and 2009. Additionally, the Total Number of Children indicates the number of children each women in the sample has before 2009, regardless of the age she gave birth. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. The “First Stage F-stat” comes from the a first stage regression where “Pregnancy ≤ 18 ” is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the Outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A13: Estimation of the Effects of Teenage Pregnancy - Labor Outcomes 2006

	Employed	Hours Worked	Earnings	Accept a Dom. Worker Position	Accept Security Guard Position
	(1)	(2)	(3)	(4)	(5)
Panel A: IV Estimation					
Pregnancy $\leq 18_i$	0.088 (0.287)	3.150 (3.336)	1,355.52 (1,132.56)	0.078 (0.219)	0.083 (0.237)
Observations	1,741	1,741	1,741	1,741	1,741
R-squared	0.106	0.034	0.010	0.042	0.046
First Stage F-stat	17.61	17.61	17.61	17.61	17.61
Fertile Years _i	0.003 (0.009)	0.099 (0.103)	42.72 (33.81)	0.002 (0.007)	0.003 (0.007)
Observations	1,741	1,741	1,741	1,741	1,741
R-squared	0.115	0.102	0.112	0.038	0.044
Mean Dependent Var	0.431	5.259	1263	0.234	0.329

Notes: PP for those who did not. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. The Mean Dependent Var indicates the average of the Outcome if Pregnancy ≤ 18 is equal to zero. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A14: Interactions between teenage pregnancy and grandfather alive

	Years of Education (1)	Took Matric Exam (2)	Post Secondary Schooling (3)
Pregnant $\leq 18_i$	-1.754 (1.083)	0.105 (0.272)	-0.152 (0.195)
Grand Father alive	0.051 (0.077)	0.008 (0.024)	0.015 (0.020)
Pregnant $\leq 18_i$ x Grand father alive	-0.104 (0.185)	-0.057 (0.047)	-0.054 (0.034)
Observations	1,741	1,741	1,741
R-squared	0.166	0.173	0.059
First stage F	17.58	17.58	17.58
Mean Dependent Var	10.94	0.524	0.147

Notes: Pregnancy ≤ 18 is defined one for those who got pregnant before 18 and zero for those who did not. "Grandfather alive-Teens" is an indicator variable for whether the teenager's father was alive in her teen years, and zero otherwise. The variable was constructed using the CAPS data set. "Years of Education" indicates the Years of education completed. "Took Matric" is an indicator variable of whether the individual sat for Matric exam and "Post Secondary Education" is equal to one if the sampled woman kept studying after high school, and zero otherwise. The "First Stage F-stat" comes from the a first stage regression where "Pregnancy ≤ 18 " is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the Outcome if "Pregnancy ≤ 18 " is equal to zero. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table A15: IV Estimation of the Effects of Teenage Pregnancy - Marriage and Fertility

	Married Ever (1)	Subsequent Fertility (2)	Total Fertility (3)
Panel A: IV Estimation			
Pregnancy $\leq 18_i$	0.480 (0.303)	0.517 (0.360)	-0.744** (0.363)
Observations	1,741	1,741	1,741
R-squared	-0.014	0.252	0.197
First Stage F-stat	17.59	17.59	17.59
Panel B: Reduced Form Estimation			
Fertile Years $_i$	0.015 (0.009)	0.016 (0.012)	-0.023* (0.013)
Observations	1,741	1,741	1,741
R-squared	0.082	0.127	0.150
Mean Dependent Var	0.354	0.536	0.536

Notes: Pregnancy ≤ 18 is defined one for those who got pregnant before 18 and zero for those who did not. Subsequent Fertility is equal to the number of pregnancies each women reported between the age of 19 and 2009. Additionally, Total Fertility indicates the number of children each women in the sample has before 2009. Controls include the race, an asset index, height, number of siblings, and the indicator variables for religion, language spoken by her family. Married ever is defined as one for those who got married at some point before 2009, and 0 otherwise. The “First Stage F-stat” comes from the a first stage regression where “Pregnancy ≤ 18 ” is instrumented with the number of teenage fertile years. The Mean Dependent Var indicates the average of the Outcome if “Pregnancy ≤ 18 ” is equal to zero. Cohort and sampling-location fixed effects are included. Standard errors in parentheses, clustered at the sampling location level. *** $p \leq 0.01$, ** $p \leq 0.05$, * $p \leq 0.1$

Table B1: Variable Construction by Wave

	2002 Wave 1 (1)	2003-2004 Wave 2 (2)	2005 Wave 3 (3)	2006 Wave 4 (4)	2009-2010 Wave 5 (5)
Health, Fertility & Marriage					
Age at Menarche	✓	-	✓ for those w/o data in wave 1	-	-
Pregnancy	Retrospective yearly for 1979-2002	-	✓	✓	✓
Births	Retrospective yearly for 1979-2002	-	✓	✓	✓
Marriage	Retrospective yearly for 1979-2002	-	Retrospective yearly for 2003-2005	✓	Retrospective yearly for 2007-2009
Adult Height	-	-	-	✓	-
Education					
Literacy Exam	✓	-	-	-	-
Years of Education	Retrospective yearly for 1979-2002	✓	✓	✓	Retrospective yearly for 2007-2009
Grade Progress	Retrospective yearly for 1979-2002	✓	✓	✓	Retrospective yearly for 2007-2009
Matriculation	Retrospective yearly for 1979-2002	✓	✓	✓	Retrospective yearly for 2007-2009
Employment					
Employment	✓	✓	✓	✓	✓
Employment Charact.	✓	✓	✓	✓	✓
Control Variables					
Background Charac.	✓	-	-	-	-
Childhood Info	✓	-	-	-	-
Parents Demographics	✓	-	-	Health	-
Parents Death	Retrospective yearly for 1979-2002	-	Retrospective yearly for 2003-2005	✓	Retrospective yearly for 2007-2009
Household Charac.	✓	-	-	-	-

Source: CAPS Data waves 1-5

The ✓ indicates that the information is available in that specific wave. “Retrospective yearly for 1979-2002” indicates that questions about the specific category were asked for each year since the year of birth until 2002.

Table B2: Literature Review - High income Countries

	Country (1)	Identification Strategy (2)	Outcomes (3)	Results (5)
Heiland, Korenmana, Smith (2019)	US	HH FE	Yrs of education	≈ zero in outcomes
Zito (2018)	US	PSM	Attitudes & norms	↑ risk aversion. No self-worth or relationship effects
Duncan, Lee, Rosales-Rueda, Kalil (2018)	US	OLS, HH FE	Yrs of education & behavior problems	1 yr delay in birth ↑ 0.02 to 0.04 SD in school achievement & ↓ problems
Diaz & Fiel (2016)	US	Smoothing-diff. & IPW	Educational attainment and earnings	↓ college completion, early earnings
Yakusheva (2011)	US	PSM	Yrs of education	≈ 0 for high-risk teens & low effects for teens at low risk of TP
Ashcraft, Fernández-Val & Lang (2006, 2013)	US	IV (miscarriages)	Yrs Education, GED Score, employment & marriage	GED ↓ by about 5 pp & ↓ 0.15 yrs educ. Employment: ↓ 5 pp. Marriage ↓ 3 pp.
Kane, Morgan, Harris, Guilkey (2013)	US	OLS, PSM & ML	Yrs Education	↓ 0.7 and 1.9 yrs. of education
Lee (2010)	US	PSM	Education, labor force	↓ early socioeconomic outcomes
Fletcher & Wolfe (2009)	US	OLS & IV (miscarriages)	Graduation, earnings	↓ 5-10 pp high school graduation, ↓ \$1,000 to \$2,400 annual income
Francesconi (2008)	UK	OLS, HH FE	Yrs education, bmi	↓ yrs education, employment. ↓ Child health in single parent
Hotz, McElroy & Sanders (2005)	US	IV (miscarriages)	Yrs of education, earnings	No education effects, ↑ earnings at older ages
Kaplan, Goodman, Walker (2004)	UK	OLS, PSM & IV (miscarriages)	Education attainment, employment	↓ large educ. attainment, no labour effects
Levine & Painter (2003)	US	PSM, HH FE	Yrs Education	↓ yrs education & bigger for teenagers at risk
Bitler (2001)	US	IV (Abortion laws)	Timing of abortions	≈ zero in outcomes
Klepinger, Lundberg, Plotnick (1995, 1999)	US	IV (teenage fertility) & HH FE (1999)	Yrs of education & wages	↓ -2.14 yrs of education, ↓ 2 yrs work experience
Ribar (1994)	US	IV (age at menarche)	High school completion	↓ labor force participation, hours of work
Geronimus & Korenman (1992)	US	HH FE	High school completion	↓ small effects in school completion

Table B3: Literature Review- Low and middle income Countries

	Country (1)	Identification Strategy (2)	Outcomes (3)	Results (4)
Branson & Byker (2019)	South Africa	Diff-in-Dif - Policy	Number of births, yrs. of education	↓ 6.3% birth rate , ↑ 30% monthly earnings
Ranchhod, Lam, Leibbrandt, & Marteleto (2011)	South Africa	PSM	High school graduation	↓ 5.9 & 2.7 pp at ages 20-22. Later catch-up
Ardington, Menendez, Mutevedzi (2015)	Rural South Africa	OLS, PSM, HH FE	Yrs of education, child mortality	↓ 0.67 & 0.79 years. High mortality by 30
Branson, Ardington, Leibbrandt (2015)	South Africa	PS reweighting	Birth weight, height & stunting	6.5 pp low bw, 18.5 pp of stunting
Berthelon & Kruger (2017)	Chile	HH FE	Graduation, enrollment, employment	↓ high school grad. & higher educ., and ↓ 0.45 yrs. No labor effects
Urdinola & Ospino (2015)	Colombia	TM (18-19) vs. older mothers (20-21)	Job type & domestic violence	↓ 0.091 job quality, ↑ severe DV 0.051 pp, ↑ 1.2% child mort.
Arceo-Gomez & Campos-Vasquez (2014)	Mexico	PSM	Enrollment, yrs of education, employment	↓ 27-33 pp in enrollment, 1-1.2 yrs. educ., ↓ 13-15 employment
Azevedo, Lopez-Calva, Perova (2012)	Mexico	Miscarriages vs teen births	Yrs of education & income	↑ 0.34 yrs of education, ↑ 21 pp more likely to be employed, but ↑ assistance income by 36 %
Narita & Montoya Diaz (2016)	Brazil	PSM	High school completion, employment	↓ TP 1 SD explains ↑ 9.2% in high school comp. & ↑ 5.4% part.
Herrera, Almanza & Sahn (2018)	Madagascar	IV - access & exposure to condoms	Yrs of education & test scores	↑ drop out by 42 pp. ↓ 1.1-1.5 sd test scores in math & French

Notes: TM is short for Teenage Pregnancy, PSM for Propensity Score Matching, and FE Fixed effects