# Less is not More: Information Presentation Complexity and 401(k) Planning Choices 

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#### Abstract

: This paper presents the results of an experiment that is designed to examine how information presentation and complexity impact retirement-savings behavior. The experiment is performed twice, using both a Qualtrics panel of new employees and a sample of business school students. In this experiment, participants first were provided with either a long or short description of a hypothetical employer-sponsored 401(k) plan. Then they were asked whether they would enroll in the hypothetical plan and, if so, what percentage of their salary they would contribute. If they chose to contribute, they were asked how they would like to allocate their contribution between stocks and bonds. Participants were offered the option to stick with preassigned default options such as a $4 \%$ contribution and a $50-50$ stocks and bonds split. The hypothesis is that providing concise information with helpful recommendations would improve choices over providing lengthy and detailed information. However, controlling for demographic and other factors, this hypothesis was not supported by the data, for either the new employees or the business school students. Thus, the data suggest that simplifying the presentation of retirement-plan information to employees is unlikely to result in vastly improved retirement-planning choices.


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JEL Codes: G11; G41; H31; J32; D83; C90

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## 1. Introduction

The vast majority of Americans do not save enough for retirement. According to Rhee (2013), about 45 percent of U.S. households with heads aged 25 to 64 lack sufficient retirement savings and, for working households about to retire, the median household's retirement savings is just $\$ 12,000$. Weiner and Doescher (2008), Benartzi and Thaler (2013), Siedle (2013), Miller et al. (2015), Vernon (2015), and Kirkham (2016) show similar numbers. The most recent, Kirkham (2016), shows that about 33 percent of Americans do not have any retirement savings and, among those who do have retirement savings, 23 percent of them do not have more than $\$ 10,000$ saved. Among those near retirement age, about 54 percent have retirement-savings amounts that fall below the recommended threshold. Thus, many of these individuals will rely on Social Security, a program that already is financially strained. Therefore, it is important to identify possible mechanisms that can help people save more. This study investigates how changing the presentation of $401(\mathrm{k})$ enrollment information impacts participation behavior. In particular, it examines whether presenting plan information in a more compact and accessible way increases participation and results in better investment decisions.

There are many reasons that Americans are not saving enough for retirement or doing so inefficiently. One important potential explanation is the complexity of the decision-making process, especially given the limited time typically available to make decisions regarding an employer-sponsored retirement plan (Madrian \& Shea, 2001; Iyengar et al., 2004; Beshears et al., 2013). When individuals are hired by an employer, they often are faced with a mountain of paperwork and a short deadline for deciding which retirement planning choice to make. In addition, if they are offered a defined-contribution plan, which have become increasingly more likely and now outnumber defined-benefits plans (see Campbell et al., 2011), they must decide
how much to contribute and in what financial products to invest. It can be quite challenging for individuals to process the large amount of information provided to them within the short period of time allowed, which might cause them to procrastinate (Madrian \& Shea, 2001), simply fail to enroll, or make inefficient planning decisions (Tang et al., 2010). Moreover, they often will resort to using "rules of thumb" or rely on the choices or advice of others in making their retirement decisions (Benartzi \& Thaler, 2007), and often will stick with default options (e.g., contribution rates and asset allocations) that are set by the employer, even if it is not optimal for the individual (Choi et al., 2006; Beshears et al., 2013; Goda \& Manchester, 2013).

A possible avenue through which retirement-planning choices might be impacted is the manner by which information is provided (e.g., Tversky \& Kahneman, 1981; Kahneman \& Tversky, 2000). Specifically, simplifying the complexity of the enrollment information provided to new employees, which typically is very involved and complex, could impact enrollment decisions (Beshears et al., 2013; Clark et al., 2014; Bateman et al., 2016). ${ }^{1}$ This type of information intervention would fall broadly under the categorization of being a "nudge" (Thaler \& Sunstein, 2008). ${ }^{2}$ In contrast to traditional economic levers such as taxes, subsidies, and regulation, nudges alter the choice setting in a way that can predictably impact behavior (e.g., changing the default options), while still preserving the choice set and underlying economic incentives (Sunstein \& Thaler, 2008). The focus of this study is to consider the extent to which "nudging" new employees

[^1]by presenting plan information in a more compact and suggestive way impacts some of the critical retirement planning decisions - enrollment, salary contribution level, and portfolio allocation.

To do so, an experimental survey was conducted using a representative Qualtrics Panel of recently hired employees. Respondents were provided with either a short-form or a long-form description of information about a hypothetical, but realistic, employer-sponsored 401(k) plan, and then were asked a series of questions related to their planned behavior, given the provided plan information. These questions include (i) whether or not they would enroll in the plan and then, conditional on enrolling, (ii) how much they would contribute, and (iii) how they would allocate their contribution across asset classes. The main hypotheses were whether providing simplified information that included recommendations would improve employees' retirement planning choices compared to providing complete and detailed information.

After, controlling for demographic and other factors, these hypotheses were not supported by the data. Based on the results from the experimental survey, no significant differences were found between the control group who received the long version and the treatment group who received the short version in terms of their: enrollment rates, contribution rates, and portfolio allocations. Moreover, we replicated the study using a sample of business school students who were expected to have much less familiarity with the process of signing up for an employer-sponsored $401(\mathrm{k})$, and the results were qualitatively similar. There is was essentially no effect of providing simplified information on any planning choices.

## 2. Relevant Literature

Employer-sponsored 401(k) plans have become the primary means of private retirement savings, yet planning behavior and investment choices are often inefficient (see Tang et al., 2010). In this section, prior literature focusing on retirement-savings decisions and the factors that influence
plan-participation behavior is highlighted. Next, the prior literature related to how information presentation and complexity specifically impact plan-participation behavior is discussed. Because this study focuses on planning decisions with regard to an optional employee-sponsored 401(k) plan, attention is restricted to literature that examines participation behavior and planning choice in $401(\mathrm{k})$ plans or equivalent defined-contribution plans.

### 2.1. Enrollment Decisions

Several factors have been identified as determinants of employees' enrollment in optional 401(k) plans. These are age, level of education, job tenure, income, financial knowledge, plan features, peer effects, and planning horizon. Prior research also suggests that automatic enrollment into a plan (as the default) is very effective at increasing enrollment. In the United States, employees have the right to choose their preferred retirement plan. However, in some organizations, automatic enrollment is triggered if an employee fails to elect a retirement plan. Madrain and Shea (2001) find that, when a 401(k) plan is set as the default option, enrollment numbers significantly increase in the plan. Using data on employees in a large Fortune 500 corporation, the authors find that the institution of automatic enrollment increased the participation rates of new employees by 86 percent, from a participation rate of 49 percent prior to its institution. Similarly, Choi et al. (2004) extend Madrian and Shea’s (2001) research and find that automatic enrollment increases participation in $401(\mathrm{k})$ plans by 85 percent. Prior to the institution of automatic enrollment, the participation rate did not exceed $46 \%$ among a similar cohort of new employees. Thus, their finding shows that the institution of automatic enrollment, with 401(k) as the default option, produces high enrollment in 401(k) plans. Clark et al. (2014) examine the impact of providing information to prospective participants about the potential future earnings from participating in a 401(k) plan and the importance of saving for the future. They find that providing new hires with
this information increases plan participation by an average of one percentage point, although this aggregate effect is not significant. However, the authors report that the intervention was more effective for males and younger employees who earn below $\$ 60,000$.

A host of factors related to the specific plan attributes also have been shown to be important determinants in retirement-plan-enrollment decisions. Notably, employer-matching funds provide an incentive to enroll in $401(\mathrm{k})$ plans, and have been shown to stimulate enrollment (e.g., Papke \& Poterba, 1995; Bassett, 1998; Hansen, 1999; Micthell et al., 2007; Huberman et al., 2007; Clark et al., 2014). Specifically, Hansen (1999) finds that the number of participants in $401(\mathrm{k})$ retirement plans with an employer match exceeds the number of participants in $401(\mathrm{k})$ plans without a match. Similarly, in a study involving 7,218 new employees of a large financial institution, Clark et al. (2014) find that the likelihood of enrolling in the company's 401(k) plan is 25 percent higher among employees eligible for a match than among those who are not eligible for the match. However, although an overall positive effect of an employer match on enrollment decisions has been established, Basett et al. (1998) and Papke and Poterba (1995) note that, after a certain level, participation rates increase at a decreasing rate as the employer match increases. Dworak-Fisher (2011), using data from the National Compensation Survey, also show that the saving propensity of participants in 401(k) plans diminishes as the employer match increases.

Besides plan features, peer effects also are believed to influence enrollment decisions in 401(k) plans. Duflo and Saez (2002) find that the influence of colleagues' choices on an employee's choice of retirement plan is significant; specifically, enrollment in a given retirement plan increases by 2 percentage points when the participation rates of colleagues in the same department increase by one percentage point. According to Manski (1993), the feeling of a sense of belonging among members of a particular unit could be a contributing factor to the positive relationship
between peer effects and plan choice. Thus, participation rates in $401(\mathrm{k})$ plans are likely to increase in environments where existing employees largely participate in 401(k) plans.

In addition to plan attributes, employee characteristics also impact plan participation. In particular, age, which proxies for an individual's life-cycle and labor-force position, is associated positively with participation rates (Bassett et al., 1998; Madrian \& Shea, 2001; Munnell et al., 2001). This may be because younger individuals may not yet have access to jobs that offer 401(k) plans, still may be obtaining an education, or just stepping onto the career ladder. As individuals progress in their careers, they are more likely to be offered such plans and are less likely to have educational debt that hinders retirement saving. A similar explanation may be used with respect to the level of education as greater education improves access to a $401(\mathrm{k})$. Brown and Weisbenner (2014), for example, show that employees in the State Universities Retirement System of Illinois who have a Ph.D. are significantly more likely to opt for $401(\mathrm{k})$ plans than those without a Bachelor's degree. In addition, educated individuals may be more likely to recognize the value of saving in such a plan. Another vital factor that also is associated with enrollment decisions in 401(k) plans is income (Bassett et al., 1998; Madrian \& Shea, 2001; Brown \& Weisbenner, 2014). People without income wouldn't have jobs with access to such plans. Alternatively, people with low incomes, especially the young ones, may be overwhelmed with debt payments and other budgetary constraints such that they feel that they cannot participate in 401(k) plans (Clark et al, 2014). Lastly, job tenure also has been found to affect enrollment in 401(k) plans. Bassett et al. (1998), Madrian and Shea (2001), and Clark et al. (2014) find that employees with longer tenures have a higher propensity to enroll in $401(\mathrm{k})$ plans than those with shorter ones.

Individuals’ financial knowledge is also significantly likely to influence their decision to enroll in a 401(k) plan. According to Brown and Weisbenner (2014), financial knowledge positively
correlates with choosing 401(k) plans. Lusardi and Mitchel (2011) use data from the National Financial Capability Study and find that individuals who are less financially literate are less likely to bear the responsibility of planning for their retirement. As Bassett et al. (1998) and Benartzi and Thaler (2007) point out, participating in a $401(\mathrm{k})$ plan shifts the responsibility of saving and investing for retirement to the employee and, as the cost of making financial mistakes can be enormous (Campbell, 2006), individuals with low financial knowledge may prefer to stay away from participating in 401(k) plans (Brown \& Weisbenner, 2014, Campbell, 2006). Finally, an individual's planning horizon also may be an important factor in explaining participation rates in 401(k) plans. Munnell et al. (2001) find that eligible employees with a planning horizon of less than five years are less likely to participate in $401(\mathrm{k})$ plans than those with a planning horizon of at least five years.

### 2.2. Contribution Decisions

Employees who enroll in 401(k) plans are also expected to choose their contribution rates. While default options increase participation rates, research also shows that they affect contribution rates. Madrian and Shea (2001) and Choi et al. (2004) report that the majority of new participants tend to maintain the default saving rates associated with automatic enrollment. For instance, Madrian and Shea find that 61 percent of automatically enrolled employees in their study continued to maintain the default rate, likely because some participants take the default rate to be an investment advice. However, some of this behavior may be attributed to inertia. The authors explain that, because the default savings rates are low, this phenomenon tends to affect the retirement wealth of the participants negatively. This view is largely supported by Benartzi and Thaler (2007) who assert that participants who depend solely on the savings rate defaults in 401(k) plans are likely to have insufficient retirement income. Thaler and Benartzi (2004) propose a novel solution to this
problem - the "Save More Tomorrow" program - which essentially defaults people into precommitting to allocating a portion of future raises into their retirement plan. Importantly, the authors find that participation in the program successfully increases savings rates from $3.5 \%$ to $13.6 \%$ by the $4^{\text {th }}$ pay raise, compared to about a $6 \%$ stable rate for those who did not participate.

The availability of an employer match also is expected to motivate 401(k) plan participants to increase their saving rates. For example, Munnell et al. (2001) show that the availability of a match increases contribution rates by 0.7 percentage points. However, the effect of match size on contribution rates diminishes over time. Similarly, in an experiment involving employees above 59½ years in a certain organization, Choi et al. (2011) show that the contribution rates of 36 percent of qualified participants fall below the employer match threshold. Surprisingly, while these participants are vested in the plan and do not face a penalty for early withdrawals, they fail to take advantage of these opportunities. By saving below the match threshold, Choi et al. (2011) deduce that these employees, on average, lose arbitrage gain equivalent to 1.6 percentage points of their yearly pay. The authors suggest that procrastination and a low level of financial knowledge may cause this behavior and speculate that combining an employer match with another menu of interventions may yield better results.

In addition to the presence of an employer match, an employee's saving in 401(k) plans may be influenced by the availability of borrowing opportunities. In Munnell et al. (2001), the authors show that the ability of participants to borrow from their 401(k) contributions positively influences contribution rates by 2.6 percentage points. They explain that borrowing opportunities particularly may be an incentive for liquidity-constrained employees to enroll in their 401(k) plan.

In terms of employee characteristics, one factor that may influence the contribution rates of 401(k) participants is age. Clark et al. (2014), Huberman (2007), and Stawski (2007) all suggest
that contribution rates increase with age. This may be because younger individuals have more debt and/or less goal clarity than older adults. Gender also is found to be a factor determining 401(k) contribution rates. The contribution rates for men exceed those of women (Madrian and Shea, 2001; Clark et al., 2014). Huderman et al. (2007) suggests that this could be because, on average, males earn higher incomes than females.

### 2.3. Asset-Allocation Decisions

Participants in $401(\mathrm{k})$ plans typically face the additional decision of how to structure their portfolios, that is, in which assets to invest and how much to invest in each. According to Brinson et al. (1995), asset allocation accounts for approximately 90 percent of the variation in security returns. Yet, participants spend very little time choosing their asset allocations. In an experiment involving University of Southern California’s staff employees, Benartzi and Thaler (1999) find that many respondents spend no more than one hour in making their asset-allocation decisions after being presented with a brochure containing information on different asset allocation choices. In another experiment, Choi et al. (2011) find that people take, on average, 36 minutes to make their asset-allocation decisions. Therefore, it is likely that some $401(\mathrm{k})$ participants do not effectively utilize their employers’ allotted time for making retirement investment decisions.

Bernatzi and Thaler (2007) offer possible explanations as to why employees do not spend much time making their asset-allocation decisions, given their complexity and importance. One possibility is that some $401(\mathrm{k})$ participants prefer instead to rely on the advice of their peers, friends, and family. Another is that some participants simply adopt the default investment option associated with automatic enrollment. Another is that people have a naïve view of diversification and thus choose to distribute their funds equally among the investment assets available in their company’s 401(k) plan. Relatedly, Iyengar and Kamenica (2010) show that the number of
investment funds offered through a plan impacts asset allocation via the likelihood of contributing to equity funds and the percentage contributed to equity funds.

Automatic enrollment also may affect 401(k) asset-allocation decisions. Research by Agnew et al. (2003) shows the prevalence of inertia in asset-allocation decisions among automatically enrolled 401(k) plan participants. Agnew et al. (2003) use data on a single plan's 6,778 401(k) accounts between April 1994 and August 1998 to document that automatically enrolled participants tend to invest less in equities than those who purposefully elect to join the plan. They explain that the automatically enrolled participants tend to stick to the default allocation which usually is more conservative. Madrian and Shea (2001) and Choi et al. (2004) provide further evidence to buttress this finding. Madrian and Shea (2001) analyze the savings behavior of 29,267 employees of a large U.S. corporation before and after the institution of automatic enrollment. They show that, for every 10 automatically enrolled employees, six do not choose to deviate from the default asset allocation which consists entirely of money-market securities. They attribute this behavior to inertia and procrastination because, compared to automatically enrolled employees, only one out of 16 non-automatically enrolled participants in their study had 100 percent of their contributions allocated to the default fund. Choi et al. (2004) also suggest job tenure as another major determinant of deviating from the default fund. They find that, as job tenure increases, the number of participants choosing the default declines.

Framing also may influence participants' choice of investment assets. Thus, the presentation of the same information in multiple ways to individuals may yield different responses. Bernatzi and Thaler (1999) use an experiment to compare the retirement-saving decisions of individuals who are offered different information on security returns, either short-run or long-run returns. In this experiment, people assigned 41 percent of retirement funds to stocks when shown one-year returns
for stocks and bonds. However, when presented with 30-year-simulated returns, people allocated 82 percent of their retirement assets to stocks. These results suggest that people's preferences for stocks increase when provided with information on long-run rather than short-run returns, supporting the idea that how information on investment vehicles is presented matters to people's asset-allocation decisions.

Lastly, employee attributes also have been shown to shape asset allocations. Agnew et al. (2003) show that 42.5 percent of males have allocations to stocks in their portfolios compared to 33.3 percent of females. Using brokerage account data on 35,000 households, Barber and Odean (2001) also show that men invest more in common stocks than women. Neelakantan (2010) find that men generally exhibit more risk tolerance than women in their retirement accounts. However, Heo et al. (2016) show that risk preferences mediate gender and investment behavior. According to Agnew et al (2003), married individuals also tend to allocate more funds to equities than single adults. The authors attribute this to the fact that married individuals, unlike single adults, have access to more than one source of employment income, making them potentially aggressive in their 401(k) allocations. Another possible reason is that being married is more closely aligned with intergenerational wealth transfers and hence a stronger desire to invest in long-term assets. Lastly, Choi et al. (2004) identify income as a major determinant of participants sticking to the default fund. In their study, the majority of low-income earners do not deviate from the money-marketdefault allocation. Agnew et al. (2003) find that participants in high-income brackets invest a greater proportion of their $401(\mathrm{k})$ wealth in equities compared to those in low-income brackets.

### 2.4. Information Presentation and Complexity

More closely related to the focus of this study, there are a few papers that investigate how information presentation and complexity impact retirement planning decisions. Beshears et al.
(2013) argue that the complexity associated with plan-enrollment decisions can lead to procrastination and a failure to enroll in the plan. They examine the impact of a "Quick Enrollment" option that allows individuals to enroll in a retirement savings plan with a pre-selected contribution rate and asset allocation. They find that reducing the complexity of the problem through quick enrollment increases plan participation by about 10-20 percentage points. Moreover, there is strong persistence of the pre-selected option with significantly more people contributing at the pre-specified level (either $2 \%$ or $4 \%$ ) and maintaining the pre-specified asset allocation. However, these interventions reduce the choice set of individuals and the pre-selected contribution rate and asset allocation may not be optimal for all employees. While Beshears et al. (2013) consider a very extreme case of simplification, our study considers a subtler manipulation where the information people receive is simplified but they do not face a restricted choice environment.

Clark et al. (2014) also examine the impact of reducing the complexity associated with plan enrollment. In particular, they consider a manipulation where nonparticipating employees receive a simplified flyer with information about participating in the plan, which includes some highlights regarding the benefits of participation. They find that providing this simplified and encouraging information did increase participation, especially for younger employees. Similar to this study, the present paper examines how simplified information and recommendations impact plan participation. In addition, it examines other decisions as well, including the contribution percentage and the asset allocation. Dolls et al. (2018) document a similar effect that providing information (by letter) about the expected returns in the German pension system increases private retirement savings.

Kaufmann and Weber (2013) examine the effect of aggregating investment returns on individual investors' risk-taking behavior and find that more aggregation results in greater risk-
taking. The authors state that this is associated with a lower risk perception and a greater accuracy in estimating the probability of a loss, suggesting that providing investors with more aggregated information on returns results in more optimal investment choices. Thus, again, reducing complexity (and the choice set) appears to improve financial decision making. Lastly, Bateman et al. (2016) consider how the inclusion of asset-allocation information impacts investment choices, finding that the inclusion of asset-allocation information impacts both diversification and the riskiness of the chosen investment options.

## 3. Experimental Design

An online survey was conducted to examine how information complexity impacts retirement planning decisions. The goal of this survey was to identify how the presentation of information about an employer-sponsored, retirement-savings plan impacts planned decisions regarding: (i) whether or not to enroll in the plan, (ii) if enrolled, how much to contribute and, (ii) if enrolled, how to structure the portfolio allocation. In the survey, respondents were presented with hypothetical, but realistic, retirement-savings-plan information. We systematically manipulated whether the information was presented in either a short, simple format or a long, complex format, and then asked a series of questions regarding their planned participation behavior, based on the information provided.

### 3.1. Survey Procedure

After consenting to participate, respondents first were asked a series of general demographic questions (age, gender, race, income). Information about general financial literacy was elicited using five standard questions, which are provided in the Appendix. The respondents then were presented with the retirement-savings scenario. In particular, they were asked to imagine that they recently have started a new job (which the new employee sample members actually have done),
and that their employer is offering a sponsored $401(\mathrm{k})$ retirement savings plan with matching that they are eligible to participate in. Respondents then were provided with some detailed hypothetical information about the plan (discussed in detail in the next section). After presenting the plan information, respondents were asked the following questions about their planned participation behavior given the plan information:

1) Would you enroll in the plan?
2) How confident are you in your enrollment decision?
3) What percentage of your salary would you contribute to the plan (or stick with the default)?
4) How would you plan on investing their contribution (stick with the default allocation or choose their own allocation)?
5) What percentages of your contribution would you invest in stocks and in bonds?

After answering the plan-participation questions, self-reported information about the actual retirement planning experience of respondents was gathered. This information includes: (i) the age they plan to retire; (ii) whether and what type of plan is offered by their current employer; (iii) whether they participate in their employer's sponsored plan if one is offered; and (iv) how much they currently are saving for retirement. By collecting these data, possible heterogeneous treatment effects and a better understanding of the possible moderating effects may be found.

### 3.2. Manipulation of the Presentation of the Plan

While the information provided about the retirement savings plan was hypothetical, the goal of the experiment was to provide information that could reasonably approximate both the content and the detail that employees might actually receive. Respondents were given information relating to the following broad categories: overview of the plan, the enrollment process, investment options, level of employer matching, vesting, distributions from the plan, tax benefits, and a general
disclaimer about risks and things to consider. The main manipulation of the survey involves the format with which this information was presented. We consider two conditions: (i) long version (Long) and (ii) short version (Short). Naturally, the long version was intended to provide the information in a more complex manner, while the short version was intended to be more concise and compact. A full copy of each of these versions and the corresponding information that was provided about the plan is presented in the Supplemental Appendix.

In the long version, the plan information for each of the categories was written out in full paragraph form. For each of the categories listed above, roughly a paragraph of information was provided. In total, the plan description in the long version contained 894 words, 5,343 total characters (including spaces), and was 2 standard pages in length. Alternatively, in the short version, respondents were provided with the same content of the plan description, but the information was presented in a much simpler and compact way; specifically, respondents were given a table highlighting the key information for each descriptive category of plan information, which correspond to the same categories in the long version. Importantly, the analogous information description in the short version contained 331 words, 1,989 total characters (including spaces), and was less than 1 standard page in length. In the short version, respondents were provided with some "useful guidelines" and suggested actions which were intended to "help with their enrollment and contribution decisions." Specifically, the following questions and answers were provided:

Question: Should you enroll? Answer: Yes, it is generally regarded as a good idea to contribute to an employer-sponsored, 401(k) plan when there is matching.

Question: How much should you invest? Answer: In order to take full advantage of the employer match, you should contribute 4\%, but a general rule of thumb is that you should be saving at least 10\% of your income toward retirement.

Question: How should you invest your contributions? Answer: A general rule of thumb is that the percentage invested in bonds should equal your age.

In summary, the main differences between the two conditions were that, in the short version, the information was presented: (i) in a more concise way using less than half as many words and total characters, and (ii) in a more compact representation using a table that included suggested actions.

### 3.3. Sample Selection

While this survey involved hypothetical responses about planned behavior, several measures were taken to ensure that the sample of respondents was representative of the type of person that would likely be making such retirement-planning decisions. In particular, to increase the validity of the sample, the following inclusion criteria were imposed for surveyed respondents. They had to be currently employed, they had to have started their job within the last year, and they had to have an annual income over $\$ 50,000$. These criteria certainly were not sufficient to guarantee that respondents had recent exposure to and possible experience with enrolling in an employeesponsored, retirement-savings plan. However, the ex-post questionnaire revealed that approximately $87 \%$ of respondents reported that their employer offered a retirement savings plan. Moreover, $83 \%$ of respondents reported that they participated in their employer's plan. Thus, the majority of our sample was familiar with the process of enrolling in a retirement-savings plan.

Participants were recruited through Qualtrics Panels, which is a survey-recruitment platform that draws from a diverse pool of registered users. Only participants within the Qualtrics system who met the basic study inclusion criterion were allowed to complete the survey. Participants could
voluntarily elect to complete the study and, if they did so, they would be directed to the online survey. After completing the survey, the participants were compensated directly by Qualtrics based on a pre-determined amount set by Qualtrics. In total, the sample consists of 600 respondents (split between the two conditions). The average time to complete the survey was just over 6 minutes.

## 4. Results

Table 1 shows descriptive statistics on the socioeconomic variables for the entire sample of 600 new employees, broken down separately for those in in the Short condition ( $\mathrm{N}=302$ ) and those in the Long condition $(\mathrm{N}=298)$. Importantly, there are no significant differences across the two conditions, as expected, given that the respondents were randomly assigned to condition. One important thing to note, however, is that this sample has higher income by design (at least \$50,000 in annual income, to capture those individuals more likely to be offered the chance to participate in a $401(\mathrm{k})$ plan), and is more financially literate than the general population. In addition, a very high percentage, $90 \%$, said that they would enroll in the hypothetical $401(\mathrm{k})$ plan. This is much higher than the average, empirical enrollment rates in such plans.

### 4.1. Enrollment

The first decision for participants was actively choosing whether they would: (i) enroll in the 401(k) plan, (ii) not enroll in the 401(k) plan, or (iii) wait to enroll at a later time. From Table 2 we see that $88 \%$ of respondents who received the short form indicated that they would enroll in the plan, while $92 \%$ of those who received the long form indicated that they would enroll. They are marginally statistically different (Chi-squared test: $p=.084$ ).

However, the marginal effects of a probit model presented in the $1^{\text {st }}$ column of Table 3 show that, after controlling for personal characteristics and other possible explanatory variables, there is no significant difference in the probability of choosing to enroll in the 401(k) plan across the Short
and Long conditions. Many of the other explanatory variables also are not statistically significant. However, those that are statistically significant are generally in line with what we might expect, and thus provide additional confidence in the results. Namely, all else equal, part-time workers have a 0.14 lower probability of enrolling in the hypothetical $401(\mathrm{k})$ plan than full-time workers. An increase in age by 10 years increases the probability of enrollment by 0.03 . Married workers have a higher probability of enrollment than those who are not married by 0.06.

Overall, providing brief information and recommendations via the short description of the plan had little impact on respondents' hypothetical enrollment in the $401(\mathrm{k})$ plan. This suggests that the briefer presentation of the employer's 401(k) plan in the way described here may not have a sizable impact on individuals' 401(k) enrollment rates.

### 4.2. Contribution Rate

Those respondents who said that they would enroll in the hypothetical plan were then asked what percentage of their salary they would contribute. The two options were to: (i) stick with the default contribution level or (ii) write-in their desired contribution percentage. The plan information stated that the default contribution level was 4 percent, the maximum amount that would be fully matched by the employer. The short form also included a statement that a general rule-of-thumb is to save 10 percent of your salary toward retirement.

Table 2 shows that the average contribution rate was $6.7 \%$ in the Short condition and $6.4 \%$ in the Long condition. These are not significantly different (t-test: $p=.655$ ). Column 2 of Table 3 shows the estimated coefficients from an OLS regression of the percentage of earnings contributed to the plan on an indicator for the Short condition and other control variables. Of particular interest, we also consider the percentage of respondents who stuck with the default 4 percent contribution level or the suggested 10 percent level. Additional analysis of the choice data reveals that $68 \%$ of
respondents in the Short condition and 69\% in the Long condition contributed at the 4 percent level, which are not statistically different. Regarding the 10 percent suggested level, only $7.8 \%$ of enrollees in the Short condition and $6.5 \%$ in the Long condition contributed at this level, which is also not statistically different. These results confirm that receiving the short form did not affect how much people who would enroll would contribute. Furthermore, none of the included explanatory variables have a significant effect on contribution rates.

Overall, providing plan information in the shorter, more concise manner described here seems to have had little impact on the amount contributed. Not surprisingly, the vast majority contributed at the 4 percent default level, which was the maximum level that was matched by the employer. Despite the fact that the short form included a highlighted suggestion that the rule-of-thumb is to contribute 10 percent of salary toward retirement saving, there is essentially no difference across conditions in the proportion of respondents choosing a 10 percent contribution level.

### 4.3. Asset Allocation

The final component of plan enrollment to be examined is asset allocation. Conditional on choosing to enroll, respondents were asked how they would allocate their contributions between stocks and bonds. Specifically, they had the following two options: (i) stick with the default allocation (50\% stocks and $50 \%$ bonds), or (ii) write in the percentages they would allocate toward stocks and bonds (with the total between the two being required to sum to $100 \%$ ).

Table 2 shows that, of all the respondents who chose to enroll in the plan, $61 \%$ chose the default. Of the $39 \%$ of enrolled respondents who didn't choose the default allocation, the average percentage allocated to stocks was $57.7 \%$ in the Short condition and $59.3 \%$ in the Long condition. These are not statistically different from each other (t-test: $p=.548$ ). Even though one of the recommendations provided in the Short form was that the percentage that should be invested in
bonds is equal to a person's age, very few respondents followed this recommendation, and this was not different across the Short and Long conditions.

Column 3 of Table 3 shows the marginal effects and standard errors of a probit model of choosing the default allocation of stocks and bonds, if enrolled. Consistent with the descriptive statistics, the probit model results also show that the Short form condition has no meaningful effect on choosing the default. However, higher financial literacy significantly reduces the likelihood of choosing the default, as expected. Each additional financial literacy question correct decreases the probability of choosing the default allocation by 0.09 . Part-time workers have a 0.17 higher probability of choosing the default option than do full-time workers. An increase in age by 10 years significantly decreases the probability of choosing the default by 0.09 . Males have a higher probability of choosing the default by 0.07 , all else equal, than non-males.

Column 4 of Table 3 shows the results of an OLS regression of the percent stock allocation, if enrolled and not choosing the default of 50 percent stocks and 50 percent bonds, on the Short condition and other explanatory variables. Again, the Short condition has no effect on the percentage of funds allocated to stocks. However, getting an additional financial literacy question correct significantly increases the percentage of $401(\mathrm{k})$ contributions that is allocated to stocks by 3.42. Overall, providing the specific recommendations described here seems to have had little impact on the percentages of contributions allocated to stocks and bonds.

## 5. Replication Using a Student Sample

The results presented in Section 4 were obtained using a representative Qualtrics panel of recently employed adults. The intent was to collect data from a sample that was likely to have been exposed to enrolling in an employer-sponsored retirement plan, which is a relevant population to examine the possible behavioral impact of simplifying the presentation of plan information. After
documenting that reducing information complexity had no effect on the enrollment, contribution, or asset-allocation decisions of this group, possible concerns about the robustness of this result emerged. In particular, it is possible that respondents' prior recent enrollment choices acted as an anchor for their documented behavior in the survey, basically crowding out the possible influence of the manipulation of the information presentation. To explore this possibility, and to ultimately draw more robust conclusions about the possible impact of the manner in which plan information is presented on enrollment behavior, the study was replicated using different sample of businessschool students that were less likely to have prior experience having the opportunity to enroll in an employer-sponsored $401(\mathrm{k})$ plan. It was hypothesized that these students would be more susceptible to being nudged by presenting information about the plan in a certain way as they would not be anchoring their choices on prior experience. Perhaps even more importantly, examining a student population is valuable because students represent the population of soon-tobe employees who will be making retirement saving decisions regarding employer-sponsored 401(k) plans (or equivalents) in the near future.

### 5.1. Student Sample Selection

Students in this sample were enrolled in the Rawls College of Business at Texas Tech University. The Rawls College maintains a database of students who voluntarily enroll to participate in research studies. An email was sent to all participants in the database notifying them of the availability of the survey and the designated window of time they had to complete the survey. In return for their participation, students received research credits that counted toward class credit. In total, 233 participants from this student database completed the survey. Importantly, this sample of students is much different from the Qualtrics panel of new employees analyzed first. In particular, only $21 \%$ reported that they currently save for retirement. Moreover, only $19 \%$ reported
that their current employer offers a retirement savings plan (401(k) or equivalent and only $6 \%$ of the total sample actually participates in an employer-sponsored plan. Thus, this sample had little exposure to retirement savings plans, as intended.

Table 4 shows the descriptive statistics for the sample of business school students, broken down separately by whether they received the Short form or the Long form. While there is a little more variation in some of the socioeconomic variables across the two conditions, there are no statistically significant differences in any of these measures at the $10 \%$ level.

### 5.2. Results from the Student Sample

As with the analysis of the Qualtrics sample, the main focus of the analysis with the student sample is on identifying if and to what extent providing plan information via the Short form impacted desired participation behavior. Table 5 presents descriptive statistics for the four dependent variables of interest - enrollment in 401(k) plan, contribution rate, default allocation, and asset allocation if not the default - for each condition.

Importantly, the results from the student sample are very similar - both in terms of magnitude and comparison across conditions - to the Qualtrics panel. Namely, from Table 5 we see that the planned enrollment rate is $92 \%$ in the Short condition and $95 \%$ in the Long condition, and this difference is not significant. Conditional on enrolling, the planned contribution rate is $6.86 \%$ in the Short condition and $6.35 \%$ in the Long condition, which also are not significantly different. In terms of asset allocation, $55 \%$ of those who would enroll indicated that they would stick with the default in the Short condition and $45 \%$ in the Long condition, but this difference is not statistically significant. For those who opted to pick their asset allocation, the average amount invested in stocks was $62 \%$ in the Short condition and $61 \%$ in the Long condition. These appear to be higher percentages, however, than the Qualtrics panel.

Table 6 shows the effect of receiving the short form while controlling for other possible explanatory variables on each of these four dependent variables. Unexpectedly, those students who received the Short form had a 0.12 higher probability of choosing the default. However, the estimate is only marginally significant (at the $10 \%$ level). There are no statistically significant effects of receiving the Short form on enrollment, contribution rate, or self-selected assetallocation. Like the results for the Qualtrics panel, only financial literacy seems to impact behavior. As we would expect, higher levels of financial literacy lead to better decision making: higher contribution rates and a higher percentage allocated toward stocks.

Overall, we see very similar results emerge with the student sample as with the Qualtrics sample. Namely, the appears to be very little effect of providing shorter condensed plan information and enrollment suggestions (via the Short form manipulation) on planned enrollment behavior. As such, the fact that we see little impact of the Short form on reported behavior in both a representative sample of newly hired employees with salaries over $\$ 50 \mathrm{~K}$ (who presumably have experience with retirement planning) and business students (who presumably have no experience with retirement planning) provides a more robust conclusion about the plausibly limited impact of simplified plan information on enrollment behavior.

## 6. Conclusion

This paper describes the results of an experiment using both a Qualtrics Panel of new employees and a sample of business school students. Participants in both samples were provided with either a long or short description of a 401(k) plan, and then asked to choose whether or not they would like to enroll in the plan. If they decided to enroll, they were asked to indicate what percentage of their salary they would like to contribute and how they would like to allocate their contribution between stocks and bonds. The main hypothesis was that providing abbreviated information that
recommendations would improve plan participation choices over providing complete and detailed information. However, controlling for demographic and other factors, this hypothesis was not supported by the data, for either the new employee Qualtrics sample or the business school student sample; namely, we found little difference in planned enrollment rates, contribution levels, and asset allocations between those who received the long description and those who received the compact shorter description.

Overall, the data do not support the idea that presenting optional 401(k) plan information in a simpler, more compact way will improve employees’ retirement planning choices. Moreover, our study casts some doubt on the potential effectiveness of implementing policies that would mandate concise and more accessible information disclosures about optional, employee-sponsored retirement plans in terms of improving retirement planning outcomes. However, we did find that financial literacy was positively associated with better choices for both samples. This suggests that increasing financial literacy - possibly through educational programs (as suggested by Tang et al., 2010) - rather than changing the presentation of plan information would improve decision making regarding 401(k) plans. In addition, given that so many people choose the default options, it may be ideal to design those defaults in such a way as to improve individuals’ outcomes.

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Table 1: Descriptive Statistics by Condition (New Employee Sample)

| Socioeconomic Explanatory Variables | Full Sample $\text { ( } \mathrm{n}=600 \text { ) }$ | Short Condition $(n=302)$ | Long Condition $(n=298)$ |
| :---: | :---: | :---: | :---: |
| Financial Literacy (\# of questions answered correctly; ranges from 0 to 5) | 3.31 | 3.28 | 3.34 |
| Part-time worker (= 1 if yes) | 0.09 | 0.08 | 0.10 |
| Age | 34.11 | 33.88 | 34.34 |
| Male (= 1 if male) | 0.51 | 0.48 | 0.55 |
| Married (=1 if yes) | 0.62 | 0.62 | 0.61 |
| Race/ethnicity |  |  |  |
| Hispanic | 0.21 | 0.22 | 0.20 |
| Native American | 0.06 | 0.05 | 0.06 |
| Asian | 0.10 | 0.09 | 0.10 |
| Black | 0.14 | 0.14 | 0.14 |
| Hawaiian or Pacific Islander | 0.02 | 0.03 | 0.01 |
| White | 0.75 | 0.77 | 0.73 |
| Income Level |  |  |  |
| \$60,001-\$70,000 | 0.24 | 0.24 | 0.25 |
| \$70,001-\$80,000 | 0.14 | 0.16 | 0.13 |
| \$80,001-\$90,000 | 0.13 | 0.12 | 0.14 |
| \$90,001-\$100,000 | 0.08 | 0.09 | 0.08 |
| \$100,001-\$110,000 | 0.08 | 0.09 | 0.07 |
| \$110,001 and over | 0.21 | 0.21 | 0.21 |

Notes: Respondents were allowed to choose any combination of these race and ethnicity categories. No respondents had income of less than $\$ 50,000$ by survey design. $\$ 50,001-\$ 60,000$ is the omitted income category in the regressions.

Table 2: Comparison of Enrollment Behavior across Conditions (New Employee Sample)

| Dependent Variables | Full Sample | Short Condition | Long Condition | p-value |
| :--- | :---: | :---: | :---: | :---: |
| Enrollment in 401(k) Plan (= 1 if yes) | 0.90 | 0.88 | 0.92 | $\mathrm{p}=.084$ |
| Contribution Rate (\% of salary | $(0.30)$ | $(0.32)$ | $(0.27)$ |  |
| contributed if enrolled) | $(7.70)$ | 6.74 | 6.44 | $\mathrm{p}=.655$ |
| Default Allocation (fraction choosing | 0.61 | $0.52)$ | $(6.85)$ | 0.61 |
| default of 50\% stocks and 50\% bonds) | $(0.49)$ | $(0.49)$ | $(0.49)$ | $\mathrm{p}=.893$ |
| Asset Allocation (\% of contribution | 58.66 | 57.88 | 59.39 | $\mathrm{p}=.588$ |
| allocated to stocks if not default) | $(20.10)$ | $(21.30)$ | $(18.95)$ |  |
|  |  |  |  |  |

Table 3: Estimated Marginal Effects on Enrollment Behavior (New Employee Sample)

|  | Dependent Variable |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Explanatory Variables | Enrollment in 401(K) Plan | Contribution Rate | Default Allocation | Percent Stocks Chosen if Not the Default |
| Short Form (= 1 if yes) | $\begin{gathered} -0.037 \\ (0.023) \\ \hline \end{gathered}$ | $\begin{gathered} 0.175 \\ (0.669) \\ \hline \end{gathered}$ | $\begin{gathered} 0.003 \\ (0.039) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline-1.300 \\ & (2.825) \\ & \hline \end{aligned}$ |
| Financial Literacy (\# of questions answered correctly; ranges from 0 to 5) | $\begin{gathered} 0.005 \\ (0.010) \\ \hline \end{gathered}$ | $\begin{gathered} -0.019 \\ (0.297) \\ \hline \end{gathered}$ | $\begin{gathered} -0.087^{* * *} \\ (0.016) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 3.421^{* *} \\ & (1.452) \\ & \hline \end{aligned}$ |
| Part-time worker (= 1 if yes) | $\begin{gathered} -0.143^{*} * \\ (0.065) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 1.368 \\ (1.336) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 0.171^{* *} \\ & (0.076) \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline-9.846 \\ & (8.619) \\ & \hline \end{aligned}$ |
| Age | $\begin{aligned} & \hline 0.003^{*} \\ & (0.001) \end{aligned}$ | $\begin{gathered} 0.049 \\ (0.039) \\ \hline \end{gathered}$ | $\begin{gathered} -0.009 * * * \\ (0.002) \\ \hline \end{gathered}$ | $\begin{gathered} \hline-0.224 \\ (0.145) \\ \hline \end{gathered}$ |
| Male (= 1 if male) | $\begin{gathered} 0.015 \\ (0.024) \\ \hline \end{gathered}$ | $\begin{aligned} & -0.316 \\ & (0.684) \\ & \hline \end{aligned}$ | $\begin{aligned} & 0.073^{*} \\ & (0.040) \end{aligned}$ | $\begin{gathered} -2.547 \\ (2.897) \\ \hline \end{gathered}$ |
| Married (=1 if yes) | $\begin{aligned} & 0.062 * * \\ & (0.028) \\ & \hline \end{aligned}$ | $\begin{aligned} & -0.875 \\ & (0.725) \\ & \hline \end{aligned}$ | $\begin{gathered} 0.055 \\ (0.042) \\ \hline \end{gathered}$ | $\begin{gathered} 1.181 \\ (3.116) \\ \hline \end{gathered}$ |
| Race/ethnicity |  |  |  |  |
| Hispanic | $\begin{gathered} \hline 0.089^{* * *} \\ (0.022) \\ \hline \end{gathered}$ | $\begin{gathered} 0.039 \\ (0.885) \\ \hline \end{gathered}$ | $\begin{gathered} 0.011 \\ (0.052) \\ \hline \end{gathered}$ | $\begin{gathered} 2.300 \\ (3.942) \\ \hline \end{gathered}$ |
| Native American | $\begin{gathered} -0.039 \\ (0.076) \\ \hline \end{gathered}$ | $\begin{gathered} \hline-1.307 \\ (1.674) \\ \hline \end{gathered}$ | $\begin{gathered} 0.035 \\ (0.108) \end{gathered}$ | $\begin{gathered} \hline-6.317 \\ (8.818) \\ \hline \end{gathered}$ |
| Asian | $\begin{gathered} -0.002 \\ (0.054) \\ \hline \end{gathered}$ | $\begin{gathered} -1.529 \\ (1.655) \\ \hline \end{gathered}$ | $\begin{gathered} 0.200^{* *} \\ (0.094) \end{gathered}$ | $\begin{gathered} 16.120 \\ (11.185) \\ \hline \end{gathered}$ |
| Black | $\begin{aligned} & -0.046 \\ & (0.059) \\ & \hline \end{aligned}$ | $\begin{gathered} 0.510 \\ (1.550) \end{gathered}$ | $\begin{gathered} 0.074 \\ (0.103) \\ \hline \end{gathered}$ | $\begin{gathered} 9.662 \\ (10.647) \end{gathered}$ |
| Hawaiian or Pacific Islander | $\begin{gathered} -0.098 \\ (0.123) \\ \hline \end{gathered}$ | $\begin{aligned} & -0.427 \\ & (2.555) \end{aligned}$ | $\begin{gathered} -0.041 \\ (0.176) \\ \hline \end{gathered}$ | $\begin{gathered} 6.984 \\ (14.171) \end{gathered}$ |
| White | $\begin{aligned} & \hline-0.055 \\ & (0.034) \\ & \hline \end{aligned}$ | $\begin{gathered} 0.654 \\ (1.478) \\ \hline \end{gathered}$ | $\begin{gathered} 0.047 \\ (0.106) \\ \hline \end{gathered}$ | $\begin{gathered} 5.486 \\ (10.184) \\ \hline \end{gathered}$ |
| Income |  |  |  |  |
| \$60,001-\$70,000 | $\begin{gathered} -0.084 \\ (0.054) \\ \hline \end{gathered}$ | $\begin{gathered} 0.016 \\ (1.124) \\ \hline \end{gathered}$ | $\begin{gathered} -0.047 \\ (0.067) \\ \hline \end{gathered}$ | $\begin{gathered} 1.036 \\ (4.789) \\ \hline \end{gathered}$ |
| \$70,001-\$80,000 | $\begin{gathered} -0.088 \\ (0.057) \\ \hline \end{gathered}$ | $\begin{gathered} \hline-1.414 \\ (1.178) \end{gathered}$ | $\begin{gathered} -0.029 \\ (0.069) \\ \hline \end{gathered}$ | $\begin{gathered} 3.300 \\ (5.200) \end{gathered}$ |
| \$80,001-\$90,000 | $\begin{gathered} \hline-0.058 \\ (0.067) \\ \hline \end{gathered}$ | $\begin{gathered} 0.982 \\ (1.331) \\ \hline \end{gathered}$ | $\begin{gathered} 0.046 \\ (0.075) \\ \hline \end{gathered}$ | $\begin{gathered} 5.086 \\ (5.904) \\ \hline \end{gathered}$ |
| \$90,001-\$100,000 | $\begin{gathered} -0.121 \\ (0.076) \\ \hline \end{gathered}$ | $\begin{gathered} 1.995 \\ (1.405) \\ \hline \end{gathered}$ | $\begin{array}{r} -0.003 \\ (0.082) \\ \hline \end{array}$ | $\begin{gathered} 2.334 \\ (6.095) \\ \hline \end{gathered}$ |
| \$100,001-\$110,000 | $\begin{gathered} \hline-0.033 \\ (0.055) \\ \hline \end{gathered}$ | $\begin{gathered} 1.129 \\ (1.229) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline-0.075 \\ & (0.074) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 7.909 \\ (4.994) \end{gathered}$ |
| \$110,001 and over | $\begin{aligned} & -0.054 \\ & (0.047) \end{aligned}$ | $\begin{gathered} 1.138 \\ (1.011) \end{gathered}$ | $\begin{aligned} & -0.019 \\ & (0.060) \end{aligned}$ | $\begin{aligned} & -1.331 \\ & (4.561) \end{aligned}$ |
| N | 600 | 541 | 541 | 209 |
| Pseudo R ${ }^{2}$ | 0.12 | 0.03 | 0.11 | 0.09 |

Notes: Column 1 reports the marginal effects of a probit regression of the binary choice of enrollment into the hypothetical 401 (k) plan. Column 2 reports the result of an OLS regression of the contribution rate (as a percentage of annual salary) for those who chose to enroll in the plan. Column 3 reports the marginal effect of a probit regression of the binary choice of staying with the default asset allocation. Column 4 presents the results of an OLS regression of the \% of contribution allocated toward stocks if the default is not chosen. In all models, the constant term is included but not shown and standard errors are in parentheses. Respondents were allowed to choose any combination of these race and ethnicity categories. No respondents had income of less than $\$ 50,000$ by survey design. $\$ 50,001-\$ 60,000$ is the omitted income category in the regressions.
${ }^{* * *}$ Significance at the $1 \%$ level, ${ }^{* *}$ Significance at the $5 \%$ level, *Significance at the $10 \%$ level.

Table 4: Descriptive Statistics by Condition (Student Sample)

| Socioeconomic Explanatory Variables | Full Sample <br> $\mathbf{( n = 2 3 3 )}$ | Short Condition <br> $\mathbf{( n = 1 1 6 )}$ | Long Condition <br> $\mathbf{( n = 1 1 7 )}$ |
| :--- | :---: | :---: | :---: |
| Financial Literacy (\# of questions answered <br> correctly; ranges from 0 to 5) | 3.87 | 3.96 | 3.79 |
| Not employed (=1 if yes) | 0.47 | 0.42 | 0.52 |
| Age | 22.18 | 22.16 | 22.19 |
| Male (= 1 if male) | 0.45 | 0.50 | 0.40 |
| Married (=1 if yes) | 0.07 | 0.06 | 0.08 |
| Race/ethnicity ${ }^{2}$ |  |  |  |
| Hispanic | 0.17 | 0.16 | 0.18 |
| Native American | 0.04 | 0.03 | 0.04 |
| Asian |  | 0.05 | 0.06 |
| Black |  | 0.04 | 0.04 |
| White |  | 0.88 | 0.88 |
| Notes: Respondents were allowed to choose any combination of these race and ethnicity categories. |  |  |  |

Table 5: Comparison of Enrollment Behavior across Conditions (Student Sample)

| Dependent Variables | Full Sample | Short Condition | Long Condition | p-value |
| :--- | :---: | :---: | :---: | :---: |
| Enrollment in 401(k) Plan (= 1 if yes) | 0.94 | 0.92 | 0.95 | $\mathrm{p}=.413$ |
| Contribution Rate (\% of salary | $(0.25)$ | $(0.27)$ | $(0.22)$ |  |
| contributed if enrolled) | 6.60 | 6.86 | 6.35 | $\mathrm{p}=.506$ |
| Default Allocation (fraction choosing | $(5.68)$ | $(6.18)$ | $(5.16)$ |  |
| default of 50\% stocks and 50\% bonds) | 0.50 | 0.55 | 0.45 | $\mathrm{p}=.136$ |
| Asset Allocation (\% of contribution | $6.50)$ | $(0.50)$ | $(0.50)$ |  |
| allocated to stocks if not default) | $(18.35)$ | 61.77 | 60.67 | $\mathrm{p}=.758$ |
|  |  | $(18.42)$ | $(18.42)$ |  |

Table 6: Estimated Marginal Effects on Enrollment Behavior (Student Sample)

|  | Dependent Variable |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Explanatory Variables | $\begin{array}{c}\text { Enrollment in } \\ \text { 401(K) Plan }\end{array}$ | $\begin{array}{c}\text { Contribution } \\ \text { Rate }\end{array}$ | $\begin{array}{c}\text { Default } \\ \text { Allocation }\end{array}$ | $\begin{array}{c}\text { Percent } \\ \text { Stocks } \\ \text { Chosen if } \\ \text { Not the }\end{array}$ |
| Default |  |  |  |  |$]$

Notes: Column 1 reports the marginal effects of a probit regression of the binary choice of (planned) enrollment into the 401 (k) plan. Column 2 reports the result of an OLS regression of the contribution rates (as a percentage of annual salary) for those who chose they would enroll in the plan. Column 3 reports the marginal effect of a probit regression of the binary choice of staying with the default asset allocation. Column 4 presents the results of an OLS regression of the \% of contribution allocated toward stocks if the default is not chosen. In all models, constant term is included but not shown and standard errors are in parentheses. Respondents were allowed to choose any combination of these race and ethnicity categories.
$* * *$ Significance at the $1 \%$ level, ${ }^{* *}$ Significance at the $5 \%$ level, *Significance at the $10 \%$ level.

## Appendix A: Copy of Experimental Instructions

## Instructions Prior to Receiving Plan Info and Retirement Questions

This survey has several parts. In the first part of the survey, we will ask you some hypothetical questions about what decisions you would make regarding an employer-sponsored retirement account.

For this part of the survey, please imagine that you recently started a new job at a reputable company at the current salary you have now. Your new employer offers a retirement plan, which you are eligible to participate in if you choose. On the next page we will be providing you with some hypothetical information about the retirement plan that is representative of the type of information that you would actually receive from your employer at the time you start the job. After reading through the information about the plan, we are going to ask you some questions about whether you would enroll in the plan, how much you would contribute to the plan if you enrolled, and how you would invest your contributions.

We kindly ask that you carefully consider all the information presented, that you seriously consider the options available, and that you answer honestly based on what decisions you think you would make given the specific information that is provided about the retirement plan. When thinking about what retirement planning decisions you would make for this study, please answer the questions based on what you would do based on your current life circumstances.

## 401(k) Plan Information - Long Version Condition

## Overview

As a condition of your employment, you are eligible to save for retirement through our optional, employer-sponsored, 401(k) plan. The 401(k) plan is an individualized defined-contribution plan with employer matching to which you will contribute a percentage of your salary each paycheck. If you participate, you will manage your own personal account and choose from a variety of different investment options that are offered through a company-authorized investment firm. Retirement benefits from participation in the $401(\mathrm{k})$ are a direct result of any amount contributed by you, the amount we, as your employer, contribute, and any returns you earn on the investments you select.

## Enrollment

If you desire to enroll in the plan, you will have 30 days from your date of hire to enroll, to choose what percentage of your salary you wish to contribute, and to make your investment choices. If you do not elect to enroll in the 30 day period, you will not be enrolled. If you do enroll but do not elect a contribution percentage, the default of $4 \%$ will be chosen for you. Changes to your enrollment status, your contribution percentage, and your investment choices can be made once a year during the open enrollment period. It is generally regarded as a good idea to contribute to an employer-sponsored 401(k) plan when there is matching. You contribution and the addition of the employer match increases the amount you are able to save for retirement.

## Investment Options

If you choose to enroll, you also will need to choose how to allocate these contributions. Your investment options include several mutual funds. A mutual fund is a collection of stocks and/or bonds. You, as an investor, purchase shares in this fund, and thus own a much more diversified (less risky) portfolio than you would if you purchased individual stocks or bonds. Stocks provide a higher rate of return than bonds on average but are riskier to hold. Bonds generally are considered less risky than stocks but offer a lower
rate of return on average. The younger you are, the more risk you can afford to take, and the greater the percentage of stocks your investment portfolio should have. As you get older, you should reduce the percentage of stocks in your portfolio and increase the percentage of bonds. A general rule of thumb is that the percentage of your portfolio invested in bonds, bond funds, or other fixed-income securities should equal your age. If you enroll in the plan, but do not choose how to allocate your contribution across the different investment options, your contributions will be automatically invested 50\% in stocks and 50\% in bonds.

## Matching

We, as your employer, will provide a $100 \%$ match to any funds that you contribute to the 401(k) plan up to $4 \%$ of your salary. For example, if you contribute $3 \%$ of your salary, we will contribute another $3 \%$ of your salary. If you contribute $4 \%$ of your salary, we will contribute $4 \%$. If you contribute $5 \%$ of your salary, we will contribute $4 \%$ of your salary. The IRS contribution limit for employees is $\$ 18,000$, and the total employer plus employee contribution limit is $\$ 54,000$ for 2017 . However, if you are aged 50 or older, you are eligible to contribute an additional $\$ 6000$ above the $\$ 18,000$ yearly limit, for a maximum contribution of $\$ 24,000$ in 2017. In order to take full advantage of the employer match, you should contribute 4 percent, but a general rule of thumb is that you should be saving at least 10 percent of your income toward retirement.

## Vesting

Your contributions and the earnings on your contributions are yours from your first day of employment. However, you must be employed with us at least 3 years to keep the employer contributions and the earnings on those contributions. If you are employed with us for less than 3 years you will forfeit the employer portion of contributions and earnings.

## Distribution

In general, you are not able to withdraw the money that has accrued in your 401(k) requirement account until one of the following occurs:

1) You die, become disabled, or otherwise discontinue your employment with us.
2) This $401(\mathrm{k})$ plan is terminated and is not replaced by a successor plan.
3) You reach age $591 / 2$ or incur a financial hardship.

You will pay income taxes on any distributions from the plan unless you roll over your distribution to another $401(k)$ or IRA. In addition, if you are under the age of $591 / 2$ at the time of the distribution, any portion not rolled over may be subject to a $10 \%$ penalty.

## Tax Benefits

In addition to preparing for retirement, contributing to a $401(k)$ plan has the added benefit of reducing your current federal income taxes because contributions are not subject to income tax at the time they are made. In addition, the earnings on these contributions are tax-deferred, meaning that you will not pay income taxes on the funds in your 401(k) account until they are withdrawn or paid out in retirement.

## Disclaimer

Investment earnings are not guaranteed. Therefore, you should consider your enrollment, contribution percentage, and investment choices carefully. Factors to consider include your age, your current and future salary, how long you expect to be employed with us, your retirement age, your participation in other retirement plans, your risk tolerance, and your ability to manage your own investments.

## 401(k) Plan Information - Short Version Condition

You are eligible to save for retirement through our optional, employer-sponsored, 401(k) plan. The table below provides some important information about this optional 401(k) plan:

|  | Overview of Important Plan Information |
| :---: | :---: |
| Type of Plan | - 401(k) plan with employer matching <br> - We, as your employer, will contribute a dollar into your 401(k) account for every dollar you contribute, up to 4\% of your salary |
| Enrollment | - You have 30 days to enroll and choose a \% of your salary to contribute |
| Investment Options | - You choose what \% of your salary you wish to contribute to the plan <br> - You choose the percentages to be invested in stock and bond mutual funds |
| Vesting | - All of the money your contribute and the earnings from your contributions are automatically yours to keep from the time you enroll in the plan <br> - The matching money from your employer may only be kept once you've completed 3 years of service |
| Distribution | - In general, you will not be able to withdraw money from the plan until you retire or are 59 $1 / 2$ years old <br> - Early withdrawals will be assessed a $10 \%$ penalty |
| Tax Benefits | - Contributions to the plan are tax deferred which reduces your current income taxes <br> - You do not have to pay income tax on the money in the plan until it is withdrawn |
| Defaults | - If you do not do anything within 30 days, you will not be enrolled <br> - If you enroll but don't make any contribution decisions, your contribution level will automatically be set to 4\% <br> - If you enroll but don't make any investment decisions, your contribution and the employer match will be invested $50 \%$ in bond funds and $50 \%$ in stock funds |

Below are some useful guidelines to help you with your enrollment and contribution decisions:

## Should I enroll?

Yes, it is generally regarded as a good idea to contribute to an employer-sponsored, 401(k) plan when there is matching. Your contribution and the addition of the employer match increases the amount you are able to save for retirement.

## How much should I contribute?

In order to take full advantage of the employer match, you should contribute 4\%, but a general rule of thumb is that you should be saving at least $10 \%$ of your income toward retirement.

## How should I invest my contribution?

A general rule of thumb is that the amount invested in bonds is equal to your age.

## Disclaimer

Investment earnings are not guaranteed. Therefore, you should consider your enrollment, contribution percentage, and investment choices carefully. Factors to consider include your age, your current and future salary, how long you expect to be employed with us, your retirement age, your participation in other retirement plans, your risk tolerance, and your ability to manage your own investments.

## Appendix B: Financial Literacy Questions

1. Suppose you have $\$ 100$ in a savings account earning 2 percent interest a year. After five years, how much would you have?

0 More than \$102
0 Exactly \$102
0 Less than \$102
2. Imagine that the interest rate on your savings account is 1 percent a year and inflation is 2 percent a year. After one year, would the money in the account buy more than it does today, exactly the same or less than today?

O More
o Same
0 Less
3. If interest rates rise, what will typically happen to bond prices?
o Rise
0 Fall
o Stay the same
o No relationship
4. True or False: A 15-year mortgage typically requires higher monthly payments than a 30-year mortgage but the total interest over the life of the loan will be less.
o True
o False
5. True or False: Buying a single company's stock usually provides a safer return than a stock mutual fund.
o True
o False


[^0]:    *The authors thank Muna Alabed and Thomas Korankye for excellent research assistance.

[^1]:    ${ }^{1}$ Similarly, Bhargava and Manoli (2015) find that reducing information complexity can increase the proportion of eligible people who claim EITC benefits.
    ${ }^{2}$ A particularly appealing aspect of using nudges is their liberty-preserving property, i.e., not restricting choices or the cost of choice (Thaler \& Sunstein, 2003; Camerer et al., 2003). As a way to improve retirement-planning decisions, both academic researchers and policy makers have supported the use of nudges, which we elaborate more on in the next section. Moreover, the growing research interest aimed at examining how, and the degree to which, non-price nudges can impact behavior spans well beyond retirement planning. The existing literature covers a host of other domains including: financial planning, education, health care, risky behaviors, consumption, and energy conservation. Interested readers are referred to Johnson et al. (2012), Madrian (2014), Benartzi et al. (2017), Loewenstein and Chater (2017), and Loewenstein et al., (2017) for discussions and reviews of this literature.

