# EXPOSURE TO ACADEMIC FIELDS AND COLLEGE MAJOR CHOICE* 

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#### Abstract

This study investigates how exposure to a field of study influences students' major choices. We exploit a natural experiment where university students have to write a research paper in business, economics, or law during their first year before they choose a major. Due to oversubscription of business, the field of the paper is assigned quasirandomly. We find that writing in economics raises the probability of majoring in economics by 2.7 percentage points. This effect is driven by assignment to topics less typical of the public's perception of the field, suggesting students learn the field is broader than they thought.


Key words: major choice, business, economics, law, higher education
JEL: A20, I20, I23

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## 1. Introduction

A college student's choice of major has a large impact on her post-graduation labor market outcomes. ${ }^{1}$ Indeed, wage differences between some majors are as big as the wage gap between college and high school graduates (Altonji et al., 2012). In addition to economic considerations, recent studies suggest that students choose their field of study according to their tastes and abilities (Altonji et al., 2016). ${ }^{2}$ These individual characteristics determine how much students enjoy their coursework and how much time and effort they invest towards their degree.

When students start college, they have imperfect knowledge about their tastes and abilities. Their coursework exposes them to different fields of study, which potentially helps them learn about their preferences and capabilities. Such learning, and the superior matching that arguably results between a student and her major, provide one justification for late academic specialization, such as that which takes place in US and Canadian universities (Bordon and Fu, 2015; Malamud, 2011, 2010).

As important as it may be, the link between exposure to different fields and the student's choice of major has been largely unstudied. One reason for this may be that students self-select their coursework, that is, students choose classes in fields that they think will interest them. As a

[^1]result, using course selection to estimate the effect of exposure could overstate its importance. In this paper, we exploit quasi-random exposure to different fields of study to analyze how exposure affects a student's choice of major.

Specifically, we study the impact of exposure to economics and law for students who are interested in business. To do so we exploit a natural experiment at a Swiss university. The University of St. Gallen (USG) is one of Europe's leading business schools. ${ }^{3}$ It offers undergraduate studies in the fields of Business, Economics, Law, Law and Economics, and International Affairs. Coursework for first-year students is almost identical irrespective of the student's intended major. However, in addition to coursework, the first-year curriculum involves a substantial first-year paper. Each student must write a paper in one of the three core fields: business, economics, or law. Students may state their preferences over fields, but because business is oversubscribed, students do not necessarily receive their preferred choice. To deal with the oversubscription problem, the university assigns the field of the first-year paper in a standardized way that is unrelated to student characteristics. This allows us to identify the effect of exposure to economics and law on subsequent major choice and on other student outcomes.

Among students whose preferred field is business, we find that being assigned to write a paper in economics increases the probability of majoring in economics by 2.7 percentage points. This is equal to 17.6 percent of the share of students who major in economics. Being assigned to write a law paper increases the probability of studying law by 1.6 percentage points. Furthermore, we find that being assigned to economics positively influences grades in introductory economic courses. We also investigate heterogeneity in this effect with respect to topics. We find that the

[^2]effect of being assigned to write in economics is driven by students who are assigned to topics that may lie beyond the public's general perception of the field. This suggests that exposure provides new information to students about the scope of the discipline.

In a broader sense, our study relates to the policy discussions about major choices. For instance, a policy objective in the United States is to guide students towards STEM majors. ${ }^{4}$ Stinebrickner and Stinebrickner (2014) argue that greater exposure, by means of additional science courses, might lead to more science graduates. If one can extrapolate from economics to STEM, our results suggest that such a policy might be worth exploring.

A few recent studies suggest that students' major choices are affected by coursework. Joensen and Nielsen (2016) provide evidence that a combination of high school math and chemistry increases women's participation in science. Zafar (2011) and Stinebrickner and Stinebrickner (2014) find that learning has not only a major-specific component but also a general component: by learning about their abilities or interests with respect to their pursued major, students also receive information about non-pursued majors. ${ }^{5}$ However, in these two studies students decide on their coursework, which in turn determines the fields about which students receive new information. That is, exposure to fields might be partly driven by unobserved tastes directly related to major choice. Wiswall and Zafar (2015) show that such tastes play an important role in students' major choices. An important advantage of our approach is that the institutional

[^3]setting at USG allows us to study exogenous exposure that is unrelated to students' characteristics.

The remainder of the paper is structured as follows. Section 2 introduces the institutional setting at USG and the assignment mechanism. Section 3 describes the administrative data and provides descriptive statistics. Section 4 explains the empirical framework. Section 5 presents the results and robustness checks. Section 6 concludes.

## 2. Institutional setting

### 2.1.General background

USG is one of twelve public universities in Switzerland. All undergraduates declare a major at the end of their first year. Table 1 shows that over three-fifths of the students enroll in business.

Table 1: Major declarations by field

| Major | \% enrolled in major |
| :--- | :---: |
| Business | 61.7 |
| Economics | 15.3 |
| Law | 5.4 |
| International Affairs | 13.7 |
| Law \& Economics | 7.7 |

Note: Distribution of majors of students that completed first year in first attempt. Shares don't add up to $100 \%$ as some students are enrolled in two majors.

The first-year curriculum is almost identical for all students. Coursework includes one class each semester in each of the three core fields of business, economics, and law. These are large lectures that seat all first-year students at the same time. Students are also organized into discussion sections. Each discussion section consists of around 35 students and three teaching assistants, one in each core field. Discussion sections meet once a week on Fridays; the field that is covered
in section rotates on a week-to-week basis. ${ }^{6}$ Students are assigned to their section for the entire first year, but teaching assistants may change in the second semester.

Besides coursework, a key part of the first-year curriculum is the first-year paper, which addresses a topic in one of the three core fields. The first-year paper is intended to provide students with an introduction to academic writing. It is supervised by one of the teaching assistants from the student's discussion section. The supervising teaching assistant sets the paper topic, supervises the student's work, and grades the paper. Teaching assistants are relatively free to assign specific topics within their field. Appendix 3 provides a sample list of topics from the three fields and information on the requirements and assessment criteria.

### 2.2.Assignment of the paper field

The process used to assign students to the paper field is linked to the process used to assign students to discussion sections. During an orientation week that takes place immediately before the first semester starts, students are allocated points that they use to bid for their choice of discussion sections. Students' preferences are strongly related to the section's meeting time, since all discussion sections meet on Fridays. Most students place their bids after receiving information on the bidding process during the orientation week. ${ }^{7}$ Assignment to discussion sections then takes place at the end of the week.

Students are assigned to the field of their paper at the end of the first semester in mid-December and the paper is due in the middle of the second semester in April. Students may submit a preference ranking for the three fields in November. An example of such a ranking could be: 1

[^4]business, 2 economics, and 3 law. Preference rankings are processed on a section-by-section basis. Within each discussion section, one-third of students are assigned to business, one-third to economics, and one-third to law. As a result, the factors that determine the student's field assignment are: (i) the student's own preference ranking; (ii) the sort order in which students are processed within the section; and (iii) the distribution of preference rankings of other students in the section.

An example helps to clarify how the distribution of preferences and the student's sort order affect her assignment. Consider two sections with 36 students each. In both sections, the preference ranking of student number 13 is 1 business, 2 economics, and 3 law. In Section A, only six of the students sorted between one and twelve rank business first, so student 13 gets business. In Section B, all students between one and twelve rank business first, so student 13 is assigned her second choice, which is economics. Appendix 4 provides a more detailed description of the assignment algorithm.

We were initially advised that the sort order of students within section was randomly assigned. Upon inspecting the source code of the program that makes the assignments, however, we discovered that the sort order is not based on a random number. Instead, the sort order is based on the inverse of the order in which students submitted their bids for discussion sections before the first semester. Strictly speaking, this may not be random. However, since the vast majority of students submit their bids during a short period of time, and since the timing of the bids does not affect the student's assignment to discussion section, this mechanism may be effectively uncorrelated with students' characteristics.

The assignment mechanism is not publicly known, either to students or to university officials. Thus, strategic behavior on the side of students or university officials to deliberately influence
the assignment beyond the preference ranking seems unlikely. Importantly, balance tests reported below indicate that the mechanism is effectively random: conditional on stated preferences, we find almost no differences in observable characteristics between students that were assigned to different fields.

Table 2 reports field assignments by preference rankings. About $46 \%$ of students state business as their first choice. This means that business is oversubscribed, since only one-third of the papers are assigned to business. Thus, about one quarter of students whose first choice is business are assigned to economics or law instead. In contrast, students who state economics or law as their first preference are usually assigned to their preferred field. Students who do not provide a preference ranking are most likely assigned a paper in law (75\%) or in economics (23\%). We focus our subsequent analysis mainly on preference group 1, i.e. "Business, Economics, Law". This group includes the majority of students who did not receive their first choice and who were therefore allocated algorithmically to their field. ${ }^{8}$

[^5]Table 2: Field assignment by preference group

| Preference group | Assigned field of first-year paper |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Total | Share (\%) | $\begin{gathered} \text { Share 1 }{ }^{\text {st }} \\ \text { choice (\%) } \\ \hline \end{gathered}$ |
| 1 Business, Economics, Law | 2,461 | 533 | 235 | 3,229 | 34.9 | 76.2 |
| 2 Business, Law, Economics | 774 | 0 | 231 | 1,005 | 10.9 | 77.0 |
| 3 Economics, Business, Law | 21 | 1,999 | 40 | 2,060 | 22.3 | 97.0 |
| 4 Economics, Law, Business | 0 | 290 | 14 | 304 | 3.3 | 95.4 |
| 5 Law, Business, Economics | 2 | 0 | 725 | 727 | 7.9 | 99.7 |
| 6 Law, Economics, Business | 1 | 0 | 366 | 367 | 4.0 | 99.7 |
| 7 No preferences stated | 42 | 351 | 1,164 | 1,557 | 16.8 | - |
| Total | 3,301 | 3,173 | 2,775 | 9,249 | 100.0 | - |

Note: Table contains all first-year students in the years 2002 - 2012. It does not include students who have a special status because of insufficient command of German. See Section 3 for details.

## 3. Data and descriptive statistics

The data are based on administrative student records from the University of St. Gallen. These records cover all students from the entering cohorts 2002-2012. They cover enrollment, major choice, courses, grades, and degrees. They also include limited socio-demographic characteristics, such as age, gender, nationality, canton of the student's high school, native language, and whether a student had to take an entrance exam. ${ }^{9}$

The data contain detailed information on the first-year paper. For every student we know the preference ranking, the assigned field, and the identifier for their discussion section. In addition, the data include the meeting times of the discussion sections as well as the respective teaching assistant identifiers. All the above information can be merged by a unique student identifier.

[^6]We exclude students with limited knowledge of German, who have a special status (about 4\% of all students). These students wait until their third semester to write the paper. ${ }^{10}$

Table 3: Major choice by preference groups over field of first-year paper

| Preference Group | Major |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and <br> Economics | Failed |
| 1 Business, Economics, Law | 0.55 | 0.06 | 0.01 | 0.06 | 0.03 | 0.32 |
| 2 Business, Law, Economics | 0.42 | 0.03 | 0.03 | 0.07 | 0.07 | 0.40 |
| 3 Economics, Business, Law | 0.37 | 0.22 | 0.01 | 0.14 | 0.03 | 0.28 |
| 4 Economics, Law, Business | 0.16 | 0.22 | 0.04 | 0.19 | 0.08 | 0.34 |
| 5 Law, Business, Economics | 0.16 | 0.03 | 0.21 | 0.07 | 0.13 | 0.41 |
| 6 Law, Economics, Business | 0.13 | 0.08 | 0.16 | 0.11 | 0.17 | 0.38 |
| 7 No Preferences Stated | 0.25 | 0.06 | 0.02 | 0.07 | 0.03 | 0.58 |
| Total | 0.39 | 0.10 | 0.03 | 0.09 | 0.05 | 0.37 |

Note: Table contains all regular first-year students in the cohorts 2002-2012. Shares correspond to major choices after the first year. 'Failed' refers to students who do not complete the first year successfully. Groups are overlapping since students with a first year GPA of 5.0 (with 1.0 being the lowest possible grade and 6.0 the highest) or higher are allowed to choose double majors.

Table 3 shows the relationship between preference rankings and majors declared at the end of the first year. The major categories are non-exclusive and the shares do not add up to one since students with a high GPA can choose double majors. There is a strong association between students' preferences and their subsequent major choices. Among students in preference group 1, a majority majors in business. However, stated preference rankings do not map one-to-one onto chosen majors, which might indicate that students learn about the different fields during their first year and adjust their major choice accordingly. The table also reveals that a substantial share of students does not complete the first year successfully, i.e. students either drop out or repeat the first year. In order to pass the first year, students have to complete all requirements

[^7]with sufficiently high grades. ${ }^{11}$ If students do not pass the first year, they can attempt the entire first-year curriculum one more time.

Table 4: Descriptive statistics and test of covariate balance (preference group 1)

| Variable | Assigned field for first-year paper: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Total | p -value |
| Student characteristics |  |  |  |  |  |
| Female (0/1) | 0.27 | 0.26 | 0.24 | 0.26 | 0.62 |
| Age (years) | 20.17 | 20.20 | 20.17 | 20.18 | 0.92 |
| Foreign national (0/1) | 0.27 | 0.26 | 0.25 | 0.27 | 0.72 |
| Entry exam (0/1) | 0.21 | 0.20 | 0.20 | 0.21 | 0.92 |
| High school degree from |  |  |  |  |  |
| Canton St. Gallen (0/1) | 0.14 | 0.15 | 0.14 | 0.14 | 0.92 |
| Canton Zuerich (0/1) | 0.17 | 0.16 | 0.14 | 0.16 | 0.60 |
| Other German speaking canton $(0 / 1)$ | 0.42 | 0.44 | 0.47 | 0.43 | 0.24 |
| Non-German speaking canton (0/1) | 0.02 | 0.02 | 0.01 | 0.02 | 0.12 |
| Non-Swiss institution (0/1) | 0.25 | 0.23 | 0.24 | 0.25 | 0.67 |
| German mother tongue (1/0) | 0.95 | 0.96 | 0.97 | 0.96 | 0.58 |
| Law track (0/1) | 0.01 | 0.01 | 0.02 | 0.01 | 0.50 |
| Contributed to student aid fund (0/1) | 0.08 | 0.08 | 0.07 | 0.08 | 0.85 |
| Discussion section characteristics |  |  |  |  |  |
| Morning session (0/1) | 0.45 | 0.46 | 0.44 | 0.45 | 0.94 |
| Afternoon session (0/1) | 0.32 | 0.35 | 0.36 | 0.33 | 0.52 |
| Evening session (0/1) | 0.22 | 0.19 | 0.20 | 0.22 | 0.33 |
| First semester teaching assistant (TA) characteristics |  |  |  |  |  |
| Female business TA (0/1) | 0.44 | 0.44 | 0.37 | 0.43 | 0.35 |
| Female economics TA (0/1) | 0.08 | 0.09 | 0.05 | 0.08 | 0.25 |
| Female law TA (0/1) | 0.18 | 0.19 | 0.17 | 0.18 | 0.90 |
| Experienced business TA (0/1) | 0.89 | 0.90 | 0.91 | 0.89 | 0.77 |
| Experienced economics TA (0/1) | 0.87 | 0.88 | 0.76 | 0.86 | 0.02 |
| Experienced law TA (0/1) | 0.96 | 0.96 | 0.94 | 0.96 | 0.80 |

Note: Table contains all regular first-year students in preference group 1 in the cohorts $2002-2012(3,229$ observations). Students have the option to donate a small amount to a student aid fund when paying their tuition fee. The indicator "contributed to student aid fund" here refers to students donating with their first tuition payment. Information on donations is only available from 2006 onwards The morning, afternoon, and evening session indicators correspond to the meeting time of respective discussion section. The experience of the teaching assistants indicates if teaching assistants have taught the same class at least once before. P-values are based on the F-statistics of a regression of the covariates on dummies for the assigned field with business as reference category.

[^8]Table 4 shows student and discussion section characteristics by assigned first-year paper field for preference group $1 .{ }^{12}$ Overall, $74 \%$ of students are male and on average 20.2 years old at enrollment. Foreign students represent approximately $27 \%$ of the students and $20 \%$ of students had to take the entry exam. Almost all students speak German as their native language. Only $1 \%$ of the students are in the law track. ${ }^{13}$

Table 4 also provides balance tests, that is, tests of whether student characteristics vary according to the field to which they were assigned. The last column of the table reports p -values for tests of the null hypothesis that characteristics are the same for all groups. Among the 21 tests, there is one rejection at the 5-percent level, which is roughly what one might expect due to chance. These balance tests support the notion that, within preference group 1 , assignment to field is effectively random.

## 4. Empirical strategy

Since the field of the first-year paper is quasi-randomly assigned within preference group 1 , we can estimate the effects of exposure to a field on major choice with a straightforward regression model, restricting the sample to that preference group. Our baseline specification is

$$
\begin{equation*}
\text { major }_{i}=\beta_{0}+\beta_{1} * \text { field }_{\text {econ }_{i}}+\beta_{2} * \text { field }_{\text {law }_{i}}+\varepsilon_{i} \tag{1}
\end{equation*}
$$

where major $_{i}$ is an indicator variable whether student $i$ chooses a specific major after the first year. For instance, for economics the variable equals one if the student declares an economics

[^9]major and zero otherwise (zero includes students who fail the first year). The categories are nonexclusive because some students major in two fields. field_econ ${ }_{i}$ and field_law ${ }_{i}$ are dummy variables indicating whether a student was assigned to economics or law (business is the omitted group). $\beta_{0}$ captures the probability that a student chooses a specific major if she is assigned to business. $\beta_{1}$ and $\beta_{2}$ capture the change in this probability if a student is assigned to economics or law respectively. We also estimate the model conditional on baseline covariates. ${ }^{14}$ In Section 5.1.3 we present a series of robustness checks. For all specifications we report Huber-White standard errors that are robust to heteroscedasticity and to correlation of the disturbances within discussion sections.

## 5. Results

### 5.1.Effects of exposure on major choice

### 5.1.1. Results that ignore selection into exposure

Before we show our main results, we demonstrate what would happen if we ignored selfselection into exposure, that is, self-selection into the field in which the student writes her firstyear paper. To do so, we regress major choices on assignment to paper field using the full sample, rather than restricting attention to preference group 1. Although students cannot freely choose the field of their first-year paper, they influence their assignment via their preference ranking, and students whose first choice is either economics or law generally get that choice, as Table 2 demonstrates.

[^10]Table 5: Naïve OLS estimates of field assignment for the first-year paper on major choice

|  | Major |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and Economics | Failed |
| Econ. Paper | $\begin{gathered} -0.142^{* * *} \\ (0.013) \end{gathered}$ | $\begin{gathered} 0.135 * * * \\ (0.008) \end{gathered}$ | $\begin{gathered} 0.001 \\ (0.002) \end{gathered}$ | $\begin{gathered} 0.059 * * * \\ (0.007) \end{gathered}$ | $\begin{gathered} -0.003 \\ (0.005) \end{gathered}$ | $\begin{gathered} -0.026 * * \\ (0.013) \end{gathered}$ |
| Law paper | $\begin{gathered} -0.263^{* * *} \\ (0.012) \end{gathered}$ | $\begin{gathered} 0.005 \\ (0.006) \end{gathered}$ | $\begin{gathered} 0.078 * * * \\ (0.006) \end{gathered}$ | $\begin{gathered} 0.016^{*} * \\ (0.007) \end{gathered}$ | $\begin{gathered} 0.043 * * * \\ (0.006) \end{gathered}$ | $\begin{gathered} 0.117 * * * \\ (0.013) \end{gathered}$ |
| Major share (mean of dependent variable) | 0.387 | 0.096 | 0.034 | 0.086 | 0.048 | 0.372 |
| N | 9249 | 9249 | 9249 | 9249 | 9249 | 9249 |

Note: Sample includes all regular first year students in the cohorts 2002-2012. Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as * $0.1{ }^{* *} 0.05 * * * 0.01$. Dependent variables are binary indicators that take 1 if a student started the respective major after the first year or failed the first year, or 0 otherwise.

Table 5 presents these estimates. The results suggest that writing the paper in economics decreases the probability of majoring in business by 14.2 percentage points and increases the probability of majoring in economics by 13.5 percentage points. Similarly, they suggest that writing a paper in law increases the probability of majoring in law by 7.8 percentage points. However, these estimates confound the causal effect of exposure with self-selection, and as we see below, greatly overstate the effect of exposure. ${ }^{15}$

### 5.1.2. Main results

Hereafter we restrict the analysis to preference group 1. Thus, these estimates of the effects of the first-year paper assignment on major choice are identified by the quasi-random assignment of students to fields described above. Panel 1 presents results from the baseline specification without covariates. Being assigned to an economics paper increases the probability of majoring

[^11]in economics by 2.7 percentage points, which is large in relation to the share of economics students among students in the estimation sample. At the same time, it is small in relation to the corresponding estimate from Table 5, showing that self-selection can substantially bias the estimated effect of exposure on major choice. Estimates in the third column of Table 6 show that being assigned to the law paper increases the probability of majoring in law by 1.6 percentage points. Panel 2 in Table 6 reports the results of the baseline specification conditional on covariates. The results are similar. Exposure to economics leads some students to major in economics, and exposure to law leads some students to major in law.

Table 6: Effects of field assignment on major choice

|  | Major |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and Economics | Failed |
| Panel 1: without covariates |  |  |  |  |  |  |
| Econ. Paper | $\begin{gathered} -0.001 \\ (0.024) \end{gathered}$ | $\begin{gathered} 0.027 * * \\ (0.013) \end{gathered}$ | $\begin{gathered} 0.003 \\ (0.004) \end{gathered}$ | $\begin{gathered} 0.001 \\ (0.011) \end{gathered}$ | $\begin{gathered} 0.008 \\ (0.008) \end{gathered}$ | $\begin{gathered} -0.023 \\ (0.023) \end{gathered}$ |
| Law paper | $\begin{gathered} 0.053 \\ (0.035) \end{gathered}$ | $\begin{gathered} 0.011 \\ (0.017) \end{gathered}$ | $\begin{aligned} & 0.016^{*} \\ & (0.009) \end{aligned}$ | $\begin{gathered} -0.019 \\ (0.013) \end{gathered}$ | $\begin{gathered} 0.001 \\ (0.010) \end{gathered}$ | $\begin{aligned} & -0.056^{*} \\ & (0.033) \end{aligned}$ |
| Panel 2: with covariates |  |  |  |  |  |  |
| Econ. Paper | $\begin{gathered} -0.004 \\ (0.023) \end{gathered}$ | $\begin{gathered} 0.028 * * \\ (0.013) \end{gathered}$ | $\begin{gathered} 0.003 \\ (0.003) \end{gathered}$ | $\begin{gathered} 0.001 \\ (0.011) \end{gathered}$ | $\begin{gathered} 0.007 \\ (0.008) \end{gathered}$ | $\begin{gathered} -0.020 \\ (0.022) \end{gathered}$ |
| Law paper | $\begin{gathered} 0.046 \\ (0.034) \end{gathered}$ | $\begin{gathered} 0.011 \\ (0.017) \end{gathered}$ | $\begin{aligned} & 0.013 * \\ & (0.007) \end{aligned}$ | $\begin{gathered} -0.017 \\ (0.013) \end{gathered}$ | $\begin{gathered} 0.000 \\ (0.011) \end{gathered}$ | $\begin{gathered} -0.043 \\ (0.033) \end{gathered}$ |
| Major share (mean of dependent variable) | 0.555 | 0.059 | 0.007 | 0.056 | 0.026 | 0.321 |
| N | 3229 | 3229 | 3229 | 3229 | 3229 | 3229 |

Note: Here and below, the sample is restricted to students in preference group 1. Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as $* 0.1 * * 0.05 * * * 0.01$. Dependent variables are binary indicators that take 1 if a student started the respective major after the first year or failed the first year, or 0 otherwise. Included covariates in Panel 2 are age at enrollment, and binary indicators for foreign nationality, entry exam, sex of the student, German native speaker, canton in which high school diploma was obtained (St. Gallen, Zurich, other German speaking cantons, Non-German speaking cantons), law track, timing of discussion sections, sex of the first semester teaching assistant in each field, experience of the first semester teaching assistant in each field (whether the teaching assistant taught the class before). Table 13 in Appendix 1 presents corresponding marginal effects from a probit model. The estimation sample includes only students in preference group 1.

Now consider the remaining major choices. Being assigned to economics does not significantly alter the decision to study any other fields. Being assigned to law reduces the probability of failing the first year by 5.6 percentage points. This effect is marginally significant in Panel 1 , and smaller and insignificant in Panel 2. A tentative explanation is that writing in law may be easier, because law papers follow a more standardized template than papers in other fields. If so, then students may be able to spend less time on their paper and more time studying for exams.

### 5.1.3. Threats to internal validity

As discussed before, conditional on the student's preference ranking, her assignment to a field depends on two types of variation involving her sort order within her discussion section and the distribution of preferences within her discussion section. If either of these two types of variation is correlated with unobserved factors that also influence her choice of major, our estimates may be biased. Although the balance tests from Table 4 suggest that the assignment procedure is close to random, we nevertheless consider three robustness checks to address any remaining concerns regarding unobserved confounders.

The first two robustness checks address concerns regarding variation induced by the distribution of preference rankings of the other students in the discussion section. The first controls for firstsemester teaching-assistant fixed effects. If students could somehow select into discussion sections based on preferences for teaching assistants, then our results could be biased. The reason is that if students with certain preferences for fields select specific teaching assistants, then the probability of being assigned to economics or law might be different for these students, which could lead to a correlation between treatment probability and unobserved preferences. Moreover, teaching assistants potentially influence students' preferences for fields (Bettinger and Long, 2010, 2005; Carrell et al., 2010). Such teaching-assistant effects could influence the distribution
of preferences in the discussion section, and consequently the pool of students we observe in preference group 1 and the probability of being assigned to economics or law. For instance, if a particularly good teaching assistant in business raised interest in business, more students might state business as their first preference. However, these students would then be more likely to be assigned to an economics or law paper due to oversubscription of business. Our results could be biased if students' major choices were simultaneously affected.

To address this issue, we include teaching-assistant dummies in our major-choice regressions. The results appear in the top panel of Table 7. The estimates are generally similar to those in Table 6, which the exception that the effect of writing a law paper on majoring in law is not significant.

Next, we directly control for the share of students in each preference group in each discussion section. The probability of being assigned one's first, second, or third preference is a direct function of these shares. Hence, controlling for the distribution of preferences should take care of all factors that might create systematic differences in preferences between discussion sections. Besides any teaching assistant effects, students' preferences might partly depend on the preferences of other students in the discussion section (Giorgi et al., 2010; Ost, 2010). Controlling for preferences within section accounts for such dependencies. Estimates are reported in Panel 2 of Table 7. Like the estimates in the top panel, these are largely similar to the estimates reported in Table 6.

Now consider variation in the sort order within sections. We think that it is reasonable to rule out strategic behavior, since students are uninformed about the link between their bid for section times and their assignment to the field of their first-year paper. Still, a potential concern is that students who are more organized or better informed may bid earlier for sections. As an
unintended consequence, such students would be placed at a lower position on the assignment list. Within preference group 1 , these students thus would be more likely to be assigned to economics or law. However, if organizational skills were correlated with preferences for economics (among students seeking to write a business paper), then assignment to both economics and law should be associated with a higher probability of majoring in economics. Likewise, if organizational skills were correlated with preferences for law, then assignment to both law and economics should raise the likelihood that the student majors in law. However, we do not see either of these patterns in Table 6.

Finally, we consider whether the field to which the student is assigned to write affects major choice by way of its effect on failure rates. If the field of the first-year paper affects the student's grades, it could affect her likelihood of failure, which in turn could change the set of students who are eligible to declare their major at the end of the first year. Thus the field of the student's first-year paper could affect the distribution of majors by changing the composition of the sample, rather than by way of a causal effect.

To deal with this issue, we control for first-year grades. The results are presented in panel 3 of Table 7. Except for the now-smaller effects on failure rates, the estimates are similar to our main results in Table 6. This is not because grades are invariant to the field of the student's paper; indeed, we present results to the contrary in the section 5.2.1. Rather, what these results show is that, despite the effect of field assignment on grades, field assignment has an effect on major choice that is independent of any compositional effects that may arise through failure rates.

Table 7: Robustness checks for major choice

|  | Major |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and <br> Economic <br> s | Failed |
| Econ. Paper | 0.010 | $0.022^{*}$ | 0.003 | 0.000 | 0.007 | -0.028 |
|  | $(0.026)$ | $(0.013)$ | $(0.004)$ | $(0.012)$ | $(0.008)$ | $(0.024)$ |
| Law paper | 0.041 | 0.008 | 0.014 | -0.018 | 0.006 | -0.046 |
|  | $(0.036)$ | $(0.018)$ | $(0.010)$ | $(0.014)$ | $(0.012)$ | $(0.034)$ |
|  |  |  |  |  |  |  |
| N | 3229 | 3229 | 3229 | 3229 | 3229 | 3229 |

Panel 2: controlling for the distribution of preference groups in discussion sections

| Econ. Paper | 0.011 | 0.025* | 0.002 | -0.004 | 0.004 | -0.024 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | (0.026) | (0.013) | (0.004) | (0.012) | (0.008) | (0.024) |
| Law paper | 0.051 | 0.005 | 0.013 | -0.029** | -0.000 | -0.037 |
|  | (0.037) | (0.018) | (0.009) | (0.014) | (0.011) | (0.035) |
| N | 3229 | 3229 | 3229 | 3229 | 3229 | 3229 |
|  | Panel 3: controlling for student grades |  |  |  |  |  |
| Econ. Paper | -0.014 | 0.022* | 0.002 | 0.000 | 0.007 | -0.007 |
|  | (0.020) | (0.013) | (0.004) | (0.011) | (0.008) | (0.014) |
| Law paper | 0.023 | 0.004 | 0.016* | -0.022* | -0.000 | -0.019 |
|  | (0.027) | (0.017) | (0.009) | (0.013) | (0.011) | (0.020) |


| N | 3229 | 3229 | 3229 | 3229 | 3229 | 3229 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as $0.1^{* *} 0.05^{* * *} 0.01$. Dependent variables are binary indicators that take 1 if student started respective major after first year of failed first year, or 0 otherwise. In Panel 1, we control for sets of dummies for the firstsemesters teaching assistants in business, economics and law. In Panel 2, we control for the shares of each preference group within the discussion section. In Panel 3, we control for mean grades of the three core fields in the first and second semester. We impute missing grades with mean values and add two indicator variables for missing grades in the first and the second semester respectively.

### 1.1.4 Results by sex

Next we consider heterogeneous responses by sex to the assigned paper field. A growing number of studies document large sex differences in major choices (Gemici and Wiswall, 2014; Turner and Bowen, 1999; Wiswall and Zafar, 2015; Zafar, 2013). To ask whether exposure to fields differentially affects students according to sex, we interact the indicators for economics and law exposure with a female indicator.

Table 8 reports the results. Being assigned to an economics paper increases the probability that a male student majors in economics by 3.2 percentage points. The interaction between the economics paper and the female indicator is negative but not statistically significant. For law the coefficient is virtually zero for male students. The interaction term between the law paper and the female indicator is positive and large (4.1 percentage points). Even though this interaction is not statistically significant, it suggests that the law effect in Table 6 is driven by female students.

Table 8: Effects of field assignment on major choice by sex

|  | Major |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and <br> Economics | Failed |
| Econ. Paper | -0.006 | $0.032 * *$ | 0.001 | 0.011 | 0.010 | -0.027 |
| Female*Econ. paper | $(0.027)$ | $(0.015)$ | $(0.004)$ | $(0.013)$ | $(0.010)$ | $(0.024)$ |
|  | 0.017 | -0.016 | 0.008 | -0.036 | -0.011 | 0.019 |
| Law Paper | $(0.053)$ | $(0.026)$ | $(0.011)$ | $(0.029)$ | $(0.018)$ | $(0.050)$ |
|  | 0.046 | 0.012 | 0.007 | -0.014 | 0.005 | -0.052 |
| Female*Law paper | $(0.038)$ | $(0.018)$ | $(0.008)$ | $(0.014)$ | $(0.013)$ | $(0.036)$ |
|  | 0.019 | -0.008 | 0.041 | -0.015 | -0.016 | -0.009 |
| Female | $(0.088)$ | $(0.030)$ | $(0.029)$ | $(0.035)$ | $(0.022)$ | $(0.079)$ |
|  | $-0.109 * * *$ | -0.006 | 0.002 | $0.035 * * *$ | 0.006 | $0.073 * * *$ |
| N | $(0.025)$ | $(0.010)$ | $(0.003)$ | $(0.012)$ | $(0.007)$ | $(0.023)$ |
|  |  |  |  |  |  |  |
|  | 3229 | 3229 | 3229 | 3229 | 3229 | 3229 |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as ${ }^{*} 0.1^{* *} 0.05^{* * *} 0.01$. Dependent variables are binary indicators that take 1 if a student started the respective major after the first year of failed first year, or 0 otherwise.

### 5.2. Other educational outcomes

### 5.2.1. First-year grades

As mentioned above, we investigate the effect of the student's paper assignment on her first-year grades in the three core courses. Students take first-semester exams from mid-January to midFebruary and second-semester exams from mid-June to mid-July. The first-year paper is assigned in December, approximately one month before the first-semester exam period, and so could affect grades in both terms.

Such effects could be either direct or indirect. One possibility is that, while writing the paper, the student might learn something directly applicable to her exams. The paper might also stimulate her interest in the field, leading her to study more. More indirectly, easier fields may give students more time to study for exams, as mentioned above.

Table 9: Effects of field assignment on first-year grades

|  | First year core grades |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Missing grade |  | Business | Economics |
| Econ. Paper | Panel 1: first semester | grades (fall) |  |  |
|  | -0.001 | $0.091^{* *}$ | $0.115^{* *}$ | 0.067 |
| Law paper | $(0.008)$ | $(0.046)$ | $(0.046)$ | $(0.049)$ |
|  | $-0.018^{* *}$ | $0.133^{* *}$ | 0.048 | 0.090 |
|  | $(0.008)$ | $(0.067)$ | $(0.069)$ | $(0.060)$ |
| Mean of dependent variable |  |  |  |  |
| N | 0.029 | 0.081 | 0.059 | 0.022 |
|  | 3229 | 3160 | 3158 | 3167 |
|  |  |  |  |  |
| Econ. Paper | Panel 1: second semester |  |  |  |
|  | 0.002 | 0.002 | $0.114^{* *}$ | 0.067 |
| Law paper | $(0.021)$ | $(0.050)$ | $(0.050)$ | $(0.051)$ |
|  | -0.018 | $0.151^{* *}$ | 0.018 | 0.102 |
|  | $(0.026)$ | $(0.070)$ | $(0.076)$ | $(0.068)$ |
| Mean of dependent variable |  |  |  |  |
| N | 0.179 | 0.071 | 0.026 | 0.000 |
|  |  | 3229 | 2675 | 2677 |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as $0.1{ }^{* *} 0.05 * * * 0.01$. Dependent variables are standardized grades (mean 0 , standard deviation 1 ) in the core courses in the first two semesters. 'Missing grade' is a binary indicator that takes 1 if the students missed one of the three core exams in the respective semester.

Table 9 displays regression results of grades in the core courses on the first-year paper field. For ease of interpretation, we standardized grades to mean zero and standard deviation one. Assignment to an economics paper increases the grade in economics by about 0.11 standard deviations in both semesters. Students assigned to law have 0.13 standard deviation higher grades in business than those assigned to business in the first semester and 0.15 standard deviation higher grades in the second semester. The effect of assignment to law on the law grade
is insignificant but sizeable in both semesters. These estimates point to a mix of direct and indirect effects, but it is impossible to fully disentangle them.

### 5.2.2. Match quality

The results in Tables 6-8 indicate that the field of the first-year paper affects students' major choice at the end of the first year. An open question is whether it improves the match between the student and her major. As an indicator of match quality we investigate how the field of the first-year paper affects the student's major at the time she graduates. If exposure to a field improves match quality, then we might expect it to have similar effects on her major at graduation as on her major as declared at the end of the first year.

For this analysis we must restrict the sample to cohorts entering between 2002 and 2010 since later entry cohorts had not completed their studies by 2015. Unfortunately, this limits what we can say about match quality. Table 10 presents estimates from equation (1), where major at graduation replaces major declared at the end of the first year as the dependent variable. The effect of exposure to economics on majoring in economics is 0.016 . However, the standard error is such that we can neither reject that the true effect is zero, nor that it is the same as that shown in Table 6. ${ }^{16}$ The same is true for the effect of exposure to law on majoring in law. The estimates in the first column suggest that there is a large effect from exposure to law on graduating in business. However, this effect is entirely driven by the lower likelihood of failing to graduate. ${ }^{17}$

[^12]Table 10: Effects of field assignment on major at time of graduation for entering cohorts 2002-2010

|  | Graduation major |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. <br> Affairs | Law and <br> Economics | Failed to <br> graduate |
| Econ. Paper | -0.024 | 0.016 | 0.004 | -0.006 | 0.004 | 0.013 |
| Law paper | $(0.027)$ | $(0.015)$ | $(0.006)$ | $(0.013)$ | $(0.008)$ | $(0.027)$ |
|  | $0.069^{* *}$ <br> $(0.030)$ | 0.004 <br> $(0.017)$ | 0.013 <br> $(0.010)$ | $-0.025^{*}$ <br> $(0.014)$ | 0.003 | $-0.059^{* *}$ |
|  |  | $0.011)$ | $(0.025)$ |  |  |  |
| Major share (mean of <br> dependent variable) | 0.670 | 0.057 | 0.013 | 0.061 | 0.022 | 0.807 |
| N |  |  |  |  |  |  |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as $0.1^{* *} 0.05^{* * *} 0.01$. Dependent variables are binary indicators that take 1 if a student graduated in the respective major or 0 otherwise. The estimation sample in Panel 1 includes only students in preference group 1 from the entry cohorts 2002-2010.

### 5.3.Does exposure to different subfields have different effects on major choice?

We turn now to a different question, which is whether exposure to different subfields within economics has different effects on the likelihood of majoring in economics. We might expect such differences if some topics may convey to the student that the field is broader than she may have thought, and therefore accommodate her interests. For example, a student with interests in the environment who is assigned to write a paper on environmental regulation, and thus learns that such question are part of economics, may be more likely to choose an economics major than a similar student who is assigned to write on a topic more typically associated with economics, such as macro stabilization policy.

We can analyze the effects of exposure to different subfields because the topic of the first year paper, in addition to its field, is effectively randomly assigned. Each year each teaching assistant submits a list of topics to the central administration, which then assigns the topics to students. We classify the topics into different categories, and ask whether some categories have bigger effects than others.

We consider two classification schemes. The first groups topics into typical and atypical categories. To do this we made use of an educational video from the American Economic Association entitled "A Career in Economics... It's Much More Than You Think," that was produced exactly to address the issue that freshmen students might have incomplete information the scope of modern economics. ${ }^{18}$ Characters in the AEA video make use of key phrases that seem to reflect the public's perception of economics. These phrases are a) financial investments, b) similar to accounting, c) higher mathematics, d) monetary policy, and e) fiscal budgets. We use these terms to construct an indicator for typical topics. We code topics as typical if the key phrases, or closely related terms, appear in the topic title. Since the AEA video left out many other topics that are publicly perceived as central to the field, such as macroeconomics and international trade, we create a second indicator that adds key phrases associated with those two subfields. ${ }^{19}$ Both indicators result in a rather narrow definition of typical economics topic. The narrow definition based only on the AEA key phrases codes $15 \%$ as typical topics, whereas the extended version codes $23 \%$ as typical. ${ }^{20}$

In order to estimate the effect of typical and atypical topics we run the following regression, restricting the sample as before to preference group 1:

$$
\begin{equation*}
\text { econ }_{i}=\beta_{0}+\beta_{1} * \text { field }_{\text {econ }_{i}}+\beta_{2} * \text { typical_topic }_{i}+\varepsilon_{i} \tag{2}
\end{equation*}
$$

In equation (2), econ $_{i}$ is a binary variable indicating whether a student declares an economics major at the end of the first year. field $_{\text {econ }}^{i}$ is again an indicator equal to one if a student is

[^13]assigned an economics paper (any type). typical_topic is $_{i}$ an indicator equal to one if the economics topic has been classified as typical. ${ }^{21} \beta_{1}$ thus captures the change in the probability of majoring in economics relative to a business paper if the student is assigned an atypical economics topic. $\beta_{2}$ captures how the economics effect differs if a typical topic is assigned. The change in the probability of majoring in economics relative to a business paper if the student is assigned a typical economics topic is thus $\beta_{1}+\beta_{2}$. For this regression we drop students that were assigned a law topic, since they do not provide any additional information for this exercise.

Table 11: Effects of typical and non-typical economics paper on the probability to start economics major

| Measure of typical topic: | AEA only | Extended |
| :--- | :---: | :---: |
| Econ. Paper | $0.036^{* *}$ | $0.039^{* * *}$ |
|  | $(0.014)$ | $(0.015)$ |
| Typical Econ. Paper (AEA only) | $-0.073^{* * *}$ |  |
|  | $(0.021)$ | $-0.062^{* * *}$ |
| Typical Econ. Paper (extended) |  | $(0.029)$ |
|  |  |  |
|  | 0.15 | 0.23 |
| Share considered typical | 2994 | 2994 |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as ${ }^{*} 0.1^{* *} 0.05{ }^{* * *} 0.01$. Dependent variable is binary indicators that takes 1 if a student started an economics major after the first year (sample mean 0.058 ).

Table 11 shows the results from this regression using the AEA and the extended definition of typical topics. For both definitions we get similar results. $\beta_{1}$ is positive and somewhat larger than in the main results (in the range of 0.036 to 0.039 ). Thus, atypical topics have a particularly large positive effect. $\beta_{2}$ is negative and even larger than $\beta_{1}$, resulting in an overall negative effect of typical topics. In line with the discussion above, we see that only those topics beyond the typical

[^14]public perception of economics have a positive effect on the likelihood of majoring in economics. Typical topics, which may confirm the student's prior expectations about the field, have no or even a negative effect.

As a second approach to looking at the effects of different subfields, we group topics by JEL code. We assign every topic a primary JEL code and estimate the probability of majoring in economics by those categories. Figure 1 plots these probabilities. For reference we also plot the share of economics majors within preference group 1 (see the bottom of the second column of Table 6) as a horizontal line. These results should be interpreted cautiously due to the small number of observations in each JEL category (on average 46). That said, some of the topics typically associated with economics, such as macro and public finance, have little effect on students' major choice, whereas others that may be less strongly associated with the field, such as environmental economics, have a sizeable effect. Both sets of results suggest that students who are exposed to topics outside the traditional domain of the field are the most likely to choose economics as a major. ${ }^{22}$

[^15]Figure 1: Probability of majoring in economics by JEL code of assigned topic


Note: The solid black line represents the mean probability to start a major in economics of people in preference group 1 (see Table 6). The bars show this probability for papers in economics by JEL code of the topic. Differences should be interpreted carefully since several JEL codes contain only small numbers of observations.

## 6. Conclusion

This study analyzes the role of exposure to academic fields on students' choice of majors. We investigate whether exposure to economics or law induces students primarily interested in studying business to change their plans. To solve the selection problem that arises when students seek exposure to fields that already interest them, we exploit a natural experiment at a Swiss university.

At the University of St. Gallen, the first-year curriculum is almost the same for all students independent of their intended major. The main exception is the first year paper, which students
write in either business, economics, or law. Due to oversubscription of business, the university assigns the field of the paper in a standardized way that is unrelated to student characteristics.

We find that exposure to economics substantially raises the probability of majoring in economics. Students whose preferred field is business are 2.7 percentage points more likely to major in economics after writing an economics paper. This equals $18 \%$ of the share of economics majors. Being assigned to write in law increases the probability of majoring in law by 1.6 percentage points. However, this effect is less robust.

We find that exposure to economics generally has larger effects on students who are exposed to topics outside the typical public perception of the field. This suggests that exposure helps students learn about the scope of the discipline. Students who are assigned to write on monetary policy, to take one example, may not learn much beyond their priors about the types of topics to which economic analysis may be applied. Students assigned to a less typical topic may learn that the boundaries of the discipline are broader than they realized.

How far these results would generalize to other settings is hard to judge. On the one hand, switching to economics may not be too great a stretch for students originally inclined toward business. It is easy to imagine that a student intending to major in English, for example, would be less affected by writing even a lengthy paper on an economics topic. On the other hand, most students are exposed to new fields via coursework rather than research papers. Coursework in a new field may represent a more intensive form of exposure. If so, exposure via coursework may have greater effects than the exposure we analyze here.

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## Appendix 1: Further descriptive statistics and results

Table 12: Descriptive statistics by preference group

| Covariates | Preference group |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total |
| Student characteristics |  |  |  |  |  |  |  |  |
| Female (0/1) | 0.26 | 0.43 | 0.27 | 0.32 | 0.48 | 0.46 | 0.28 | 0.31 |
| Age (years) | 20.18 | 20.28 | 20.10 | 20.05 | 20.41 | 20.36 | 20.32 | 20.22 |
| Foreign national (0/1) | 0.27 | 0.15 | 0.32 | 0.24 | 0.13 | 0.17 | 0.23 | 0.24 |
| Entry exam (0/1) | 0.21 | 0.09 | 0.27 | 0.18 | 0.08 | 0.10 | 0.15 | 0.18 |
| High school degree from |  |  |  |  |  |  |  |  |
| Canton St. Gallen (0/1) | 0.14 | 0.17 | 0.13 | 0.20 | 0.24 | 0.18 | 0.16 | 0.15 |
| Canton Zuerich (0/1) | 0.16 | 0.18 | 0.16 | 0.22 | 0.17 | 0.19 | 0.21 | 0.18 |
| Other German speaking canton (0/1) | 0.43 | 0.49 | 0.36 | 0.35 | 0.46 | 0.46 | 0.41 | 0.42 |
| Non-German speaking canton (0/1) | 0.02 | 0.02 | 0.04 | 0.03 | 0.02 | 0.03 | 0.03 | 0.03 |
| Non-Swiss institution (0/1) | 0.25 | 0.13 | 0.31 | 0.20 | 0.12 | 0.14 | 0.19 | 0.23 |
| German mother tongue (1/0) | 0.96 | 0.97 | 0.92 | 0.92 | 0.97 | 0.95 | 0.93 | 0.94 |
| Law track (0/1) | 0.01 | 0.06 | 0.01 | 0.08 | 0.42 | 0.35 | 0.08 | 0.08 |
| Contributed to student aid fund (0/1) | 0.08 | 0.08 | 0.07 | 0.09 | 0.07 | 0.06 | 0.09 | 0.08 |
| Discussion section characteristics |  |  |  |  |  |  |  |  |
| Morning session (0/1) | 0.45 | 0.44 | 0.45 | 0.44 | 0.44 | 0.45 | 0.41 | 0.44 |
| Afternoon session (0/1) | 0.33 | 0.35 | 0.33 | 0.29 | 0.33 | 0.29 | 0.36 | 0.33 |
| Evening session (0/1) | 0.22 | 0.20 | 0.21 | 0.27 | 0.23 | 0.26 | 0.23 | 0.22 |
| First semester teaching assistant (TA) characteristics |  |  |  |  |  |  |  |  |
| Female business TA (0/1) | 0.43 | 0.42 | 0.42 | 0.44 | 0.43 | 0.44 | 0.42 | 0.43 |
| Female economics TA (0/1) | 0.08 | 0.09 | 0.08 | 0.06 | 0.09 | 0.11 | 0.11 | 0.09 |
| Female law TA (0/1) | 0.18 | 0.20 | 0.20 | 0.20 | 0.19 | 0.18 | 0.19 | 0.19 |
| Experienced business TA (0/1) | 0.89 | 0.90 | 0.90 | 0.84 | 0.89 | 0.89 | 0.89 | 0.89 |
| Experienced economics TA (0/1) | 0.86 | 0.87 | 0.86 | 0.84 | 0.88 | 0.89 | 0.89 | 0.87 |
| Experienced law TA (0/1) | 0.96 | 0.97 | 0.96 | 0.96 | 0.98 | 0.96 | 0.97 | 0.96 |

Note: Table contains all regular first-year students in the years 2002-2012. Preference groups 1 to 7 correspond to "Business, Economics, Law", "Business, Law, Economics", "Economics, Business, Law", "Economics, Law, Business", "Law, Business, Economics", "Law, Economics, Business", and "No preferences stated", respectively. Students have the option to donate a small amount to a student aid fund when paying their tuition fee. The indicator here refers to students donating with their first tuition payment. Information on donations is only available from 2006 onwards. The morning, afternoon, and evening session indicators correspond to the meeting time of respective discussion section. Experience of the teaching assistants indicates if teaching assistants have taught the same class at least once before.

Table 13: Marginal effects from a probit model with covariates

|  | Major |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and <br> Economics | Failed |
|  |  |  |  |  |  |  |
| Econ. paper | -0.004 | $0.026^{* *}$ | 0.002 | 0.001 | 0.007 | -0.020 |
|  | $(0.023)$ | $(0.010)$ | $(0.004)$ | $(0.011)$ | $(0.007)$ | $(0.022)$ |
| Law paper | 0.045 | 0.012 | $0.008^{* *}$ | -0.022 | 0.001 | -0.044 |
|  | $(0.035)$ | $(0.016)$ | $(0.004)$ | $(0.017)$ | $(0.011)$ | $(0.035)$ |
| N |  |  |  |  |  |  |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as $0.1^{* *} 0.05 * * * 0.01$. Dependent variables are binary indicators that take 1 if a student started the respective major after the first year of failed first year, or 0 otherwise. Covariates include age at enrollment, and binary indicators for foreign nationality, entry exam, sex of the student, German native speaker, canton in which high school diploma was obtained (St. Gallen, Zurich, other German speaking cantons, Non-German speaking cantons), law track, timing of discussion sections, sex of the first semester teaching assistant in each field, experience of the first semester teaching assistant in each field (whether the teaching assistant taught the class before). Reported numbers are mean marginal effects. Number of observations varies due to the removal of observations with perfectly predicted outcome.

Table 14: Effects of field assignment for the first-year paper on major choice for cohorts 2002-2010

|  | Major |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Business | Economics | Law | Int. Affairs | Law and <br> Economics | Failed |  |
| Econ. Paper | 0.008 | $0.032^{* *}$ | 0.004 | 0.002 | 0.009 | -0.036 |  |
|  | $(0.028)$ | $(0.015)$ | $(0.005)$ | $(0.012)$ | $(0.009)$ | $(0.027)$ |  |
|  | $0.066^{*}$ | 0.019 | $0.018^{*}$ | $-0.022^{*}$ | -0.002 | $-0.073^{* *}$ |  |
|  | $(0.036)$ | $(0.019)$ | $(0.011)$ | $(0.013)$ | $(0.010)$ | $(0.034)$ |  |
|  | Panel 2: with covariates |  |  |  |  |  |  |
|  | 0.006 | $0.034^{* *}$ | 0.004 | 0.002 | 0.007 | -0.032 |  |
|  | $(0.027)$ | $(0.015)$ | $(0.004)$ | $(0.012)$ | $(0.009)$ | $(0.025)$ |  |
|  | $0.068^{* *}$ | 0.020 | $0.014^{*}$ | $-0.023^{*}$ | -0.005 | $-0.068^{* *}$ |  |
|  | $(0.034)$ | $(0.019)$ | $(0.008)$ | $(0.013)$ | $(0.011)$ | $(0.033)$ |  |


| Major share (mean <br> of dependent <br> variable) | 0.567 | 0.056 | 0.008 | 0.055 | 0.023 | 0.314 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| N |  |  |  |  |  |  |

Note: Values in () are robust standard errors clustered at the discussion section level. Statistical significance is indicated as * $0.1^{* *} 0.05 * * * 0.01$. Dependent variables are binary indicators that take 1 if a student started the respective major after the first year or failed the first year, or 0 otherwise. Included covariates in Panel 2 are age at enrollment, and binary indicators for foreign nationality, entry exam, sex of the student, German native speaker, canton in which high school diploma was obtained (St. Gallen, Zurich, other German speaking cantons, NonGerman speaking cantons), law track, timing of discussion sections, sex of the first semester teaching assistant in each field, experience of the first semester teaching assistant in each field (whether the teaching assistant taught the class before). The estimation sample includes only students in preference group 1 from the entry cohorts 2002-2010.

Table 15: Test of covariate balance by topic type (preference group 1)

| Variable | Economics topic (extended): |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Atypical | Typical | Total | p-value |
| Student characteristics |  |  |  |  |
| Female (0/1) | 0.27 | 0.23 | 0.26 | 0.42 |
| Age (years) | 20.17 | 20.37 | 20.20 | 0.51 |
| Foreign national (0/1) | 0.24 | 0.31 | 0.26 | 0.25 |
| Entry exam (0/1) | 0.19 | 0.23 | 0.20 | 0.48 |
| High school degree from |  |  |  |  |
| Canton St. Gallen (0/1) | 0.15 | 0.15 | 0.15 | 0.91 |
| Canton Zuerich (0/1) | 0.18 | 0.11 | 0.16 | 0.08 |
| Other German speaking canton (0/1) | 0.43 | 0.47 | 0.44 | 0.48 |
| Non-German speaking canton (0/1) | 0.02 | 0.01 | 0.02 | 0.39 |
| Non-Swiss institution (0/1) | 0.23 | 0.26 | 0.23 | 0.56 |
| German mother tongue (1/0) | 0.96 | 0.95 | 0.96 | 0.66 |
| Contributed to student aid fund (0/1) | 0.08 | 0.10 | 0.08 | 0.35 |
| Discussion section characteristics |  |  |  |  |
| Morning session (0/1) | 0.47 | 0.42 | 0.46 | 0.44 |
| Afternoon session (0/1) | 0.34 | 0.37 | 0.35 | 0.64 |
| Evening session (0/1) | 0.19 | 0.21 | 0.19 | 0.68 |
| First semester teaching assistant (TA) characteristics |  |  |  |  |
| Female business TA (0/1) | 0.43 | 0.44 | 0.44 | 0.93 |
| Female economics TA (0/1) | 0.09 | 0.10 | 0.09 | 0.87 |
| Female law TA (0/1) | 0.19 | 0.22 | 0.19 | 0.58 |
| Experienced business TA (0/1) | 0.90 | 0.89 | 0.90 | 0.76 |
| Experienced economics TA (0/1) | 0.89 | 0.84 | 0.88 | 0.30 |
| Experienced law TA (0/1) | 0.95 | 0.99 | 0.96 | 0.03 |

Note: Table contains all regular first-year students in preference group 1 in the cohorts 2002 - 2012 who are assigned an economics paper ( 533 observations). Students have the option to donate a small amount to a student aid fund when paying their tuition fee. The indicator "contributed to student aid fund" here refers to students donating with their first tuition payment. Information on donations is only available from 2006 onwards. The morning, afternoon, and evening session indicators correspond to the meeting time of respective discussion section. The experience of the teaching assistants indicates if teaching assistants have taught the same class at least once before. P-values are based on the F-statistics of a regression of the covariates on dummies for the assigned field with business as reference category. The balance table for the definition based on AEA keywords only looks extremely similar and is available upon request.

## Appendix 2: Explanation of Friday schedule for discussion sections

Table 16 exemplifies the Friday schedule for the different discussion sections. This schedule abstracts from the semester. In the first semester, the fields refer to Business I, Economics I, and Law I, and in the second semester to Business II, Economics II, and Law II. Each section meets either in the morning, in the afternoon, or in the evening session. Each session has two time slots, i.e. the discussion sections attend two classes each Friday. While sections have the business class every week, economics and law classes alternate in even and odd weeks. Classes in the same time slots and in different fields are taught by distinct teaching assistants. One teaching assistant might teach several classes in the same field in different slots. Consider for example discussion sections 3 . These students meet in the morning session. From 8:15 am to 10:00 am, they attend the law class with Egli in even weeks, and the economics class with Vetter in odd weeks. Each week they have the business class with Müller from 10:15 am to 12: am.

Table 16: Simplified Friday schedule for discussion sections

| Morning session |  | Afternoon session |  | Evening session |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 8:15 am - 10:00 am | 10:15 am - 12:00 am | 12:15 am - 2:00 pm | 2:15 pm - 4:00 pm | 4:15 pm - 6:00 pm | 6:15 pm - 8:00 pm |
| Even weeks |  |  |  |  |  |
| DS 1: Business (Müller) | DS 1: Economics (Sutter) | $\begin{aligned} & \text { DS 5: Business } \\ & \text { (Smith) } \end{aligned}$ | DS 5: Economic (Nys) | DS 9: Business (Jost) | DS 9: Economics (Nur) |
| DS 2: Business (Smith) | DS 2: Economics (Vetter) | DS 6: Business (Jost) | DS 6: Economics (Sost) | DS 10: Business (King) | DS 10: Economics (Pip) |
| DS 3: Law (Egli) | DS 3: Business (Müller) | DS 7: Law (David) | DS 7: Business (Frank) | DS 11: Law (Franco) | DS 11: Business (Baum) |
| DS 4: Law (Äpli) | DS 4: Business (Lohse) | DS 8: Law (Knaus) | DS 8: Business (Urs) | DS 12: Law (Sauder) | DS 12: Business (Lee) |
| Odd weeks |  |  |  |  |  |
| DS 1: Business (Müller) | DS 1: Law (Egli) | DS 5: Business (Smith) | DS 5: Law (Peter) | DS 9: Business (Jost) | DS 9: Law (Sauder) |
| DS 2: Business (Smith) | DS 2: Law (David) | DS 6: Business (Jost) | DS 6: Law (Meier) | DS 10: Business (King) | DS 10: Law (Denter) |
| DS 3: Economics (Vetter) | DS 3: Business (Müller) | DS 7: Economics (Ny) | DS 7: Business (Frank) | DS 11: Economics (Pip) | DS 11: Business (Baum) |
| DS 4: Economics (Uhlen) | DS 4: Business (Lohse) | DS 8: Economics (Dan) | DS 8: Business (Urs) | DS 12: Economics (Nur) | DS 12: Business (Lee) |

Note: DS1-DS12 refer to exemplary discussion sections. Teaching assistant names are in parenthesis.

## Appendix 3: Further information on the first year paper Sample list of topics of first year papers

Note that first year papers are mostly written in German. The following titles have been translated to English by the authors.

## Business

- What chances and challenges does crowd-sourcing provide for the innovation management of SME?
- Facebook, Xing, and Youtube: Social networks - how they work and why they are successful
- Intrinsic motivation and creative work - why money is not sufficient


## Economics

- The comeback of gold: why the financial crisis fuels the price of gold
- The economic importance of tourism for the canton of St. Gallen
- Foreigners take our jobs!? Discuss the effect of immigration on the labor market in Switzerland. Who are the winners and losers of immigration?

Law

- Prohibition of alcohol in soccer stadiums: Who (federal or state government) has subjectmatter jurisdiction to issue a ban on the consumption of alcohol in stadiums? Is such a ban in the public interest and is it proportionate?
- Does freedom to demonstrate exist in Switzerland?
- Is the ban of political posters on public ground legal?


## Requirements and assessment criteria

Scale

Approximately 15 pages, title page, table of contents, bibliography, index, etc., not included.

The paper is assessed along the following dimensions:

## How to deal with the topic

Have the problems and the objectives been clearly defined? Is the train of thought consistently in line with the work on the problem? Is the weight accorded to individual chapters (breadth versus depth) appropriate? Are all propositions correct with regard to content?

## Structure of the work

Does the work on the problem serve its purpose and is it systematic? Can the train of thought ("red thread") be readily understood? Is the argumentation consistent and oriented towards the development of your very own, well-reasoned conclusions?

## Academic quality of the work

Is there a critical analysis and interpretation of the relevant literature, and are its arguments and conclusions weighed up appropriately? Are the scientific sources relevant to the topic assessed and processed appropriately, are the quotations correct and standardized, are the style and register appropriate?

## Formal quality of the work

Clear, well-structured layout; correct spelling; visualization; correctly arranged lists: contents, figures, and literature.

## Overall impression

What is the overall impression, taking into account the degree of difficulty of the problem and the support received?

## Appendix 4: Illustration of the assignment mechanism

This appendix explains how the assignment mechanism is implemented exactly. Table 17 shows a discussion section with six students and their preference rankings. In this section with six students, two students are assigned to each field. The algorithm assigns the fields by looping through the list of students up to three times:

1. Go through the list of students from top to bottom and assign everybody their first choice until a field is full. This assigns students $1,2,3,6$ their first preferences. Business is full after student 2.
2. Go through the list again and assign those who did not get their first preference their second preference unless the field is full. Student 5 is assigned to economics, which is full now.
3. Go through the list again and assign the remaining students to their third preference. Assign students that did not state a preference ranking to the open slots. Student 4 is assigned to law.

Table 17: Example of discussion section with six students

| Order in section | Preference ranking | Assigned field: <br> 1 round | Assigned field: <br> 2 round | Assigned field: <br> 3 round |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Business, Economics, Law | Business |  |  |
| 2 | Business, Law, Economics | Business |  |  |
| 3 | Economics, Business, Law | Economics |  | Law |
| 4 | No preferences stated |  | Economics |  |
| 5 | Business, Economics, Law |  |  |  |
| 6 | Law, Business, Economics | Law |  |  |

## Appendix 5: Definition of typical and non-typical topics

| Phrases in title based on keywords mentioned in AEA video |  | Additional phrases for broader classification |  |
| :---: | :---: | :---: | :---: |
| German | English translation | German | English translation |
| Börse | stock exchange | Wettbewerb | competition |
| Aktie | stock | Handel | trade |
| Invest* | invest* | BIP | GDP |
| Finanz* | financ* | Wirtschaftswachstum | economic growth |
| Fiskal* | fiscal* | Volkswirtschaft | national economy |
| Steuersystem | tax regime | Makro* | macro* |
| Geldpolitik | monetary policy |  |  |
| Geldmengenpolitik | monetary policy |  |  |
| Zentralbank | central bank |  |  |
| Wechselkurs | exchange rate |  |  |
| Währung | currency |  |  |
| SNB | Swiss National Bank |  |  |
| Franken | Swiss Franc |  |  |
| Konjunktur | business cycle |  |  |


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[^1]:    ${ }^{1}$ See Arcidiacono (2004); Grogger and Eide (1995); Hamermesh and Donald (2008); Hastings, Neilson, and Zimmerman (2013); James et al. (1989); and Kirkebøen, Leuven, and Mogstad (2016).
    ${ }^{2}$ Literature outside economics focuses on the role of aptitudes (i.e., major specific skills and abilities), tastes, and preferences (e.g. Malgwi et al., 2005). More recently, also the economics literature has started devoting more attention to these dimensions of the major decision. See Altonji (1993); Arcidiacono, Hotz, and Kang (2012); Montmarquette, Cannings, and Mahseredjian (2002); Stinebrickner and Stinebrickner (2014); Zafar (2011); Zafar (2013); and Wiswall and Zafar (2016).

[^2]:    ${ }^{3}$ For example, the Financial Times ranked the University of St. Gallen 4th in the European Business School Ranking in 2015.

[^3]:    ${ }^{4}$ For an overview of the discussion see Bettinger (2010).
    ${ }^{5}$ Avery, Gurantz, Hurwitz, and Smith (2016) show that students are more likely to major in a certain field after receiving a high score in a corresponding Advanced Placement exam using a regression discontinuity design. The authors attribute this effect at least in part to a positive signal about students' match quality.

[^4]:    ${ }^{6}$ See Appendix 2 for a simplified Friday schedule for different sections.
    ${ }^{7}$ In a welcome letter, the university also suggests that students wait to bid until the orientation week.

[^5]:    ${ }^{8}$ Although preference group 7 would also provide sufficient variation, a high share of students in this group fails the first year ( $58 \%$ ), as they do not seem to be committed to their studies in the first place. Group 2 provides no information about exposure to economics, and had little effect on our estimates of the effect of exposure to law.

[^6]:    ${ }^{9}$ Admission to studies at University of St. Gallen is unrestricted for all Swiss citizens and foreign nationals who obtained their high school degree (Matura) in Switzerland. Foreign students without a Swiss high school degree (roughly one-fourth of the student body) have to pass an entry exam and have to pay higher tuition. The acceptance rate is about $20 \%$. Therefore, this group of students is positively selected.

[^7]:    ${ }^{10}$ Students can also extend the first year because of other hardship, such as family obligations or health problems. However, the vast majority extends because of language insufficiency. The application for the extended first year has to be submitted during the first two weeks of the first semester. Moreover, we exclude 13 students due irregularities in their enrollment data.

[^8]:    ${ }^{11}$ Students fail if they accumulate too many negative credit points. They receive negative credit points for each failed examination. Negative credit points are course credits weighted with the grade. Throughout the analysis, we restrict attention to students who are attempting the first year for the first time.

[^9]:    ${ }^{12}$ Further descriptive statistics by preference group are provided in Table 12 in Appendix 1.
    ${ }^{13}$ Students who intend to study law can enter a specific law track. Instead of math it includes an additional law course in the first year. However, students can still choose all majors after the first year. In case students on the law track start a non-law major, they have to take the math course in the second year. Students that change from the general track to a law major have to take the additional law course.

[^10]:    ${ }^{14}$ For the specification with additional covariates, we provide corresponding mean marginal effects from a probit model in Table 13 in Appendix 1. Results are almost identical.

[^11]:    ${ }^{15}$ Self-selection would be even stronger if students could freely choose the first-year paper field. To approximate that scenario, we estimate the same regressions only for students that are assigned to their first choice. As expected, the estimated coefficients are even larger. The results are available upon request from the authors.

[^12]:    ${ }^{16}$ Estimates based on the smaller 2002-2010 sample, but with first-year major as the dependent variable, are shown in Table 14 in the Appendix.
    ${ }^{17}$ When we restrict the sample to students that passed the first year in their first attempt (not shown), this effect disappears.

[^13]:    ${ }^{18}$ https://www.aeaweb.org/resources/students/careers/video/career-in-economics
    ${ }^{19}$ We provide a list of the key phrases used for the indicators in Appendix 5.
    ${ }^{20}$ Table 15 in the Appendix provides balance tests that show that these indicators are largely independent of student or teaching assistant characteristics.

[^14]:    ${ }^{21}$ Based on the keywords used, topics in the field of business can also be classified as typical economics topics (e.g., because the term „invest" shows up in the title). We set the indicator to zero to if the field of the paper is not economics, even if one of the keywords appears in the title.

[^15]:    ${ }^{22}$ Although Microeconomics may seem to contradict this assertion, this category contains many assignments involving behavioral economics, which probably lie outside of the public's general perception of the field. Financial Economics, a mainstream topic that is attractive to students, is an exception to the rule.

